

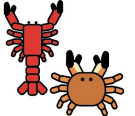
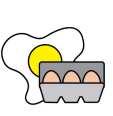

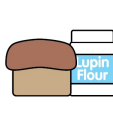






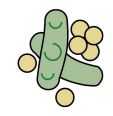





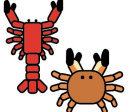
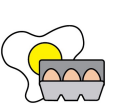








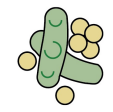

DISHES AND THEIR ALLERGEN CONTENT - Opera Catering Ltd



DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Spicy Chicken Wrap		X		X			X		X				M.C.	
Roast Chicken Wrap		X		X			X		X				M.C.	
Aubergines Wrap (V)		X		X			X		X				M.C.	
Falafel Wrap (VE)	X	X										X	X	X
Tomatoes, Basil and Pesto Toasties (V)		X					X			X				
Mushroom & Spinach Toasties (V)		X					X							
Falafel Salad (VE)	X	X										X	X	X
Grilled Halloumi Salad (V)							X					X		X
Chicken Ceasar Salad		X		X			X			M.C.		M.C.	M.C.	X
Moussaka														
Lentil Soup (GF if served without bread) (VE)														X

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	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Eggs Royale		X		X	X		X						X	
Eggs Florentine (V)		X		X			X						X	
Eggs & Smoked Salmon		X		X	X		X						M.C.	
Eggs Funghi		X		X			X						X	
Shakshuka Eggs (V)		X		X										
Eggs & Avocados (V)		X		X										X
Moroccan Egg Wrap (V)		X		X			X		X					X
Tahini Broad Beans & Avo Toast (VE)		X										X		X
California Style Eggs		X		X			X						X	X

Review date: 20th March 2024



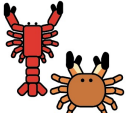
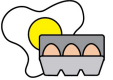
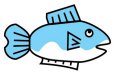
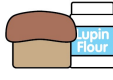






Reviewed by: Arnald Loyola



You can find this template, including more information at www.food.gov.uk/allergy



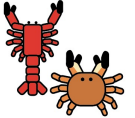
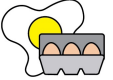
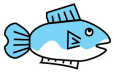
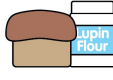








DISHES AND THEIR ALLERGEN CONTENT - Opera Catering Ltd



DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Ultimate Carrot Cake (VE)		X								X			X	
Burnt Cheese Cake (GF)				X			X							
Raspberry Cheesecake Brownie		X		X			X						X	
Salted Caramel Brownie		X		X			X							
Pistachio/ Hazelnut Cannoli										X			X	
Pistachio Cookies		X		X			X			X			X	
Croissant (V)		X		X			X		X					
Almond Croissant (V)		X		X			X		X	X				
Pain Au Chocolat (V)		X		X			X		X					
Chocolate and Cardamom Bun (V)		X		X			X						X	
Cinnamon Bun (V)		X		X			X						X	

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DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Baklava (V)		X					X			X	M.C.	M.C.		
Raspberry Bakewell		M.C.		X			X			X				
Chocolate and Hazelnut Torte				X			X			X			X	
Blueberry Bakewell (VE)		X								X				