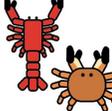
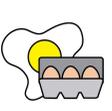
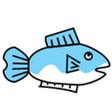
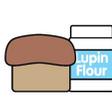
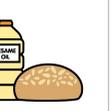
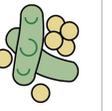
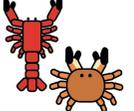
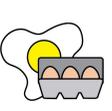
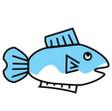
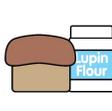
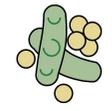


DISHES AND THEIR ALLERGEN CONTENT - Opera Catering Ltd

| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|---|---|---|---|---|---|--|---|---|---|---|---|---|---|---|
| | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Spicy Chicken Wrap | | X | | X | | | X | | X | | | | M.C. | X |
| Roast Chicken Wrap | | X | | X | | | X | | X | | | | M.C. | X |
| Aubergines Wrap (V) | | X | | X | | | X | | X | | | | M.C. | X |
| Falafel Wrap (VE) | X | X | | | | | | | X | | | X | X | X |
| Tomatoes, Basil and Pesto Toasties (V) | | X | | | | | X | | | X | M.C. | | | |
| Mushroom & Spinach Toasties (V) | | X | | | | | X | | | | | | | |
| Kimchi Toasties (V) | | X | | | | | X | | | | | | | |
| Harrisa Chicken, Rockets & Mozarella Toasties | | X | | | | | X | | | X | | | | |
| Brie & Caramelised Onions Toasties | | X | | | | | X | | | | | | | |
| Falafel Salad (VE) | X | X | | | | | | | | | | X | X | X |
| Chicken Ceasar Salad | | X | | X | | | X | | | M.C. | | M.C. | M.C. | X |
| Moussaka (GF if served without bread) (VE) | | X | | | | | | | | | | | | X |
| Lentil Soup (Gf if served without bread) (Ve) | | X | | | | | | | | | | | | X |

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| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|-------------------------------------|---|---|---|---|---|--|---|---|---|---|---|---|---|---|
| | Celery | Cereals containin g gluten | Crustacea ns | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Eggs Royale | | X | | X | X | | X | | | | | | X | X |
| Eggs Florentine (V) | | X | | X | | | X | | | | | | X | X |
| Eggs, Smoked Salmon & Avocado | X | X | | X | X | | X | | | | | | X | X |
| Eggs Funghi | | X | | X | | | X | | | | | | X | X |
| Shakshuka Eggs (V) | | X | | X | | | X | | | | | | | |
| Eggs & Avocados (V) | X | X | | X | | | X | | | | | | X | X |
| Moroccan Egg Wrap (V) | | X | | X | | | X | | X | | | | | X |
| Tahini Broad Beans & Avo Toast (VE) | X | X | | | | | | | | | | X | X | X |
| California Style Eggs | | X | | X | | | X | | | | | | X | X |
| Sufra | | X | | X | | | X | | | | | X | | |

Review date: 24th February 2026

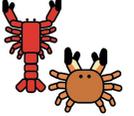
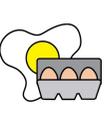
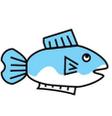
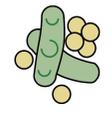
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| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|---------------------------|---|---|---|---|---|--|---|---|---|---|---|---|---|---|
| | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Plain Toast & Butter | | X | | | | | X | | | | | | | |
| Hummus & Toast | | X | | | | | | | | | | X | | |
| Poached eggs & Toast | | X | | X | | | | | | | | | | |
| Scrambled eggs & Toast | | X | | X | | | X | | | | | | | |
| Mashed Avocado & Toast | | X | | | | | | | | | | | | X |
| Tiramisu Blondie | | X | | X | | | X | | | | | | X | |
| Ultimate Carrot Cake (VE) | | X | | | | | | | | X | | | X | |
| Burnt Cheese Cake (GF) | | | | X | | | X | | | | | | | |
| Pistachio Cannoli (GF) | | | | M.C. | | | X | | | X | M.C. | | X | |
| Pistachio Cookies | | X | | X | | | X | | | X | | | X | |
| Pistachio Baklava | | X | | | | | X | | | X | M.C. | M.C. | | |
| Blueberry Muffin | | X | | X | | | X | | | | | | | X |

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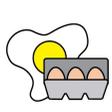
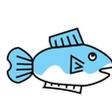
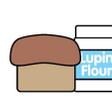
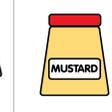
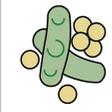
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| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|---|---|---|---|---|---|--|---|---|---|---|---|---|---|---|
| | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Matcha & Salted White Chocolate Cake (GF) | | | | X | | | X | | | | | | X | |
| Blackcurrant & Orange Queen Vic | | X | | | | | | | | | | | X | |
| Croissant (V) | | X | | X | | | X | | X | | | | | |
| Almond Croissant (V) | | X | | X | | | X | | X | X | | | | |
| Pain Au Choc | | X | | X | | | X | | X | | | | | |
| Cardamom Bun (V) | | X | | X | | | X | | | | | | X | |
| Cinnamon Bun (V) | | X | | X | | | X | | | | | | X | |
| Cherry tomato, Pesto Mozarella Danish | | X | | X | | | X | | | X | M.C. | | | |
| Raspberry & Vanilla Croissant | | X | | X | | | X | | | | | | | |