

From the Car to the Gym: Selecting, Perfecting, and Teaching Your Soundtrack

Are you having challenges finding the right music for your winter show? Have you ever been told your soundtrack is too big, too thin, or simply too hard for your performers? Let us give you the tools to choose the "just right" soundtrack tailored specifically for your Novice, Cadet, and Regional A class performers! We will discuss the importance of unit classification, selecting the perfect musical fit, common pitfalls to avoid, and essential strategies for mixing and teaching the music effectively. Join us for this hour-long virtual learning opportunity focused on expanding your teaching toolkit. Stop letting your soundtrack sideline your season—let it drive your success!

I hope to see many representatives from our circuit online!

Sincerely,
Lauren Duncan
Executive Director
Mississippi Indoor Association

<https://us06web.zoom.us/j/82463953215?pwd=9tViK8Z42l3wuHeYzT93uVuRaEPl2C.1>

- Thursday, November 20th, 2025
- 8PM EST – 7PM CST