

FREQUENTLY ASKED:

Why is my cat hiding while they are here?

As guided by Amy

FOUNDER, NOOSA COUNTRY CAT HOTEL

Hiding Is Normal and Healthy

When cats enter a new environment, hiding is a natural coping strategy. It helps them feel safe, observe what's going on and decide when it's time to emerge. Hiding is not a sign of unhappiness or illness.

Gourkow, N., et al. (2015). J Vet Behav, 30, 52-57.

It's Their Way of Feeling Safe

Hiding gives cats a sense of security and control when they feel unsure. Having a private space to retreat to reduces stress and allows them to adjust at their own pace.

Rochlitz, I. (2015). J Feline Med Surg, 17(3), 220-232.

New Smells, Sounds and Sights Can Overwhelm

A boarding environment is filled with new stimuli. Cats have highly sensitive senses, especially smell and hearing, and this can be overwhelming at first. Time helps them learn that the environment is safe.

Sella, M., et al. (2015). Applied Animal Behaviour Science, 173, 1-8.

Hiding Now Helps Build Confidence Later

Allowing your cat to hide without pressure helps them feel that their boundaries are respected. This builds trust and often leads to gradual exploration and interaction when they're ready.

Westgarth, C., et al. (2016). J Feline Med Surg, 18(2), 125-133.

Each Cat Has Their Own Timeline

Some cats are out exploring within hours, while others may take days to feel comfortable. Age, personality, past experiences and how much routine is maintained all influence how quickly they settle.

Martens, P., et al. (2021). Animals, 11(6), 1712.

We Create the Best Conditions for Them to Settle

We provide private suites, hiding spaces, quiet environments, consistent routines, familiar smells and choice. These evidence-based practices help cats feel safe and adjust at their own pace during their stay.

International Society of Feline Medicine (2021). ISFM Guidelines for the Environmental Needs of Cats.



Hiding is a completely normal way for cats to cope and adjust. With time, patience and a calm, predictable environment, most cats grow in confidence and begin to enjoy their stay.

EVIDENCE-BASED
FELINE CARE

Noosa Country
Cat HOTEL

DESIGNED FOR THEIR
WELLBEING
TRUSTED BY FAMILIES