

TIMELINE

CHANCE  CHANGE

WELLNESS SPA

7-10 DAY PROCESS

1. CONSULT WITH DOCTOR

Have an initial consultation to assess your needs.



2. COMMIT TO PROGRAM

Confirm your participation in the program.



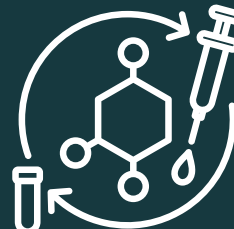
3. COMPLETE INTAKE FORMS

Fill out and submit the necessary forms.



4. ORDER & RECEIVE MEDICATION

Medication is ordered and delivered to you.



5. KICK-OFF APPOINTMENT

Meet with the doctor and receive your first dose of medication.



6. JOURNAL FOOD INTAKE

Keep a record of your diet.



7. BEGIN PROGRAM

You're ready to start!

