



Motivational Interviewing Overview Workshop

Motivation is dynamic. It is a product of both internal and external factors. As professional working in behavior change, you control certain external factors. Motivational Interviewing (MI) provides a roadmap for creating conversations ripe for change.

Sign-up for our
March 15, 2018
Workshop

During this one-day workshop, you will have the opportunity to improve your skills in guiding people through the challenges of making positive changes, by:

- Learning the key processes of MI
- Understanding goal-setting and change talk
- Practicing conversational skills to improve your client outcomes

Why Behavior Change Consulting?

Since Motivational Interviewing is grounded in the person-centered approach to change, our trainings demonstrate a collaborative journey toward practical application. As leaders in the field of MI research and practice, our founder is the author of two MI books published in the series by Guilford Press. In addition, our diverse staff understand various populations and skillfully provide real-world examples during training and coaching events. We are active members in the Motivational Interviewing Network of Trainers (MINT). BCC trains nationally and overseas in medical settings, mental health and substance abuse agencies, universities and public health organizations. The founder of BCC, Dr. Sylvie Naar, is now a professor at Florida State University. This ensures that the most up to date research on MI is included in our trainings.

Workshop Trainer

Maurice Bulls, M.Ed., is a full-time MI coach, his current focus is on mapping MI on to the language of minority clients and staff. Mr. Bulls graduate work focused on cooperative learning an evidence-based system for teaching students in small group settings. There Coach Bulls used highly specified instructional strategies to encourage students to work together in teams towards a common goal, while helping each other learn. He has expanded our MI workshops to incorporate these strategies as well as fun, interactive training activities. In addition, he has over 22 years of experience in inner city school settings. Mr. Bulls has been involved in manual development for new interventions that integrate MI with skills training and physical activity programs. He



also has experience in evaluation in educational settings as well as in academic research.

Registration Information

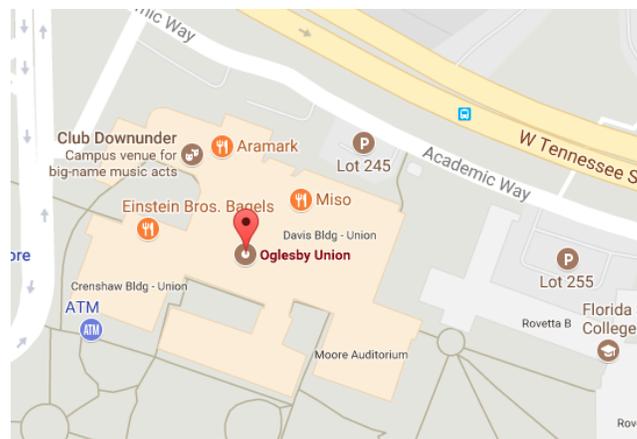
This one-day workshop is appropriate for all participant levels, and activities will be tailored based on previous MI experience. To register:

[Click Here to Register!](#)

March 15, 2018

9am to 4pm

Florida State University,
Oglesby Union, Room 311B.



Workshop fee: \$150.

To keep costs low, participants bring their own lunch/ snacks.

(CE Credits may be available upon request and approval.)

For more information, contact:

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