HYDERABAD MINDSPACE

Breakfast

Available from 06:30 AM to 10:30 AM

Chef's Set Menu

🔺 EAT WELL BREAKFAST 📋 🗞 🔘 🔗

1006 Gms Kcal 496

Seasonal fresh fruit juice

Seasonal cut fruits

Egg white omelette with spinach, multigrain toast

Freshly brewed coffee, tea or warm soy milk

▲ CONTINENTAL BREAKFAST ↑ 🍇 🕥

1056 Gms Kcal 909

Seasonal fresh fruit juice

Seasonal cut fruits

Freshly baked bakeries - croissant, fruit danish &

chocolate muffin served with preserve, jam and butter

Choice of freshly brewed coffee or tea

▲ AMERICAN BREAKFAST 🕺 🍇 🕥

960 Gms Kcal 748

Seasonal fresh fruit juice

Choice of eggs

Sunny side over easy poached scrambled boiled

Served with hash brown and grilled tomatoes

Choice of toast - brown| white| gluten-free

Freshly baked bakeries - croissant, fruit danish & chocolate

muffin served with preserve, jam and butter

Choice of freshly brewed coffee or tea or hot chocolate

■ SOUTH INDIAN BREAKFAST ☐ No. 10 Percentage

720 Gms Kcal 705

Steamed Idli

Medu wada Mini dosa

Served with sambar and chutneys

Choice of ginger tea or South Indian filter coffee

■ INDIAN BREAKFAST ↑ 🖎 🔌

900 Gms Kcal 912

Choice of paneer parathal aloo parathal gobhi paratha

Poori bhaji with pickle

Choice of lassi sweet| salted

HEALTHY START

SEASONAL FRESH FRUIT PLATTER



416 Gms Kcal 170

• FRESHLY SQUEEZED JUICE 🛇 Orange 250 ml Kcal 100

Watermelon 250 ml Kcal 88

Pineapple 250 ml Kcal 124

YOGHURT

324 Gms Kcal 124

Choice of natural| flavoured| low fat

■ OAT MEAL PORRIDGE
♦



320 Gms Kcal 263

Rolled oats cooked in water served with nuts, brown sugar and honey

■ BIRCHER MUESLI ↑ ♥ ₩

355 Gms Kcal 382

Soaked oats, apple, honey and nuts

LASSI

250 Gms Kcal 124

Shaken thickened yoghurt with choice of sweet| salted

CEREALS

Corn flakes 180 Gms Kcal 275

Dry muesli 180 Gms Kcal 383

Choco flakes 180 Gms Kcal 425

Wheat flakes 180 Gms Kcal 356

Gluten-free cereal 180 Gms Kcal 378

Served with choice of low fat| full cream| soy| almond milk

FRESHLY BAKED BAKERIES

■ BREAD TOAST

Whole wheat 108 Gms Kcal 86 Multi grain 108 Gms Kcal 95 White 108 Gms Kcal 92

Rye bread 108 Gms Kcal 90

■ GLUTEN FREE BREAD

114 Gms Kcal 378

Choice of plain | walnut | carrot

110 Gms Kcal 159





💖 NUTS 🖞 DAIRY 🖋 SOYA 😂 SHELLFISH 🛎 SULPHITES 🔑 FISH 🕥 EGG 🗞 GLUTEN 🔄 PORK 👙 SESAME 🤏 MUSTARD 🛭 E EARN POINTS

*Enjoy breakfast longer on weekends – see our Westin Weekend Breakfast Menu page for details. Allow us to fulfill your needs, please let us know if you have special dietary requirements, food allergies or food intolerances. Consuming raw or undercooked meats, seafood, shellfish or eggs may increase your risk of food-borne illness. An average active adult requires 2000kcal energy per day, however, calorie needs may vary. All prices are in Indian rupees, we levy no service charges Government taxes are additional. ©2016–2020 Marriott International, Inc. All Rights Reserved.

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HYDERABAD MINDSPACE

Breakfast

Available from 06:30 AM to 10:30 AM

- BUTTER CROISSANTS ① ② ② ②
 Plain 165 Gms Kcal 139
 Almond 215 Gms Kcal 174
 Chocolate 250 Gms Kcal 181
- **DANISH** 🖟 🎕 🔘 Fruit 180 *Gms Kcal 219* Cinnamon 165 *Gms Kcal 184*
- ▲ MUFFIN (1) (2) (2) (2) (2) (346) Chocolate 110 Gms Kcal 347 (347) Oatmeal 110 Gms Kcal 357
- BAKER'S BASKET (1) (2) (2) (195 Gms Kcal 481 Croissant, fruit danish, chocolate muffin

REGIONAL CLASSICS

- IDLI 🖟 📎 🗞

 180 Gms Kcal 117

 Steamed rice and lentil cakes
 Served with sambar, chutneys
- MEDU WADA (1) (2) (2) (3) (4) (4) (4)
 150 Gms Kcal 553
 Crispy lentil dumplings
 Served with sambar, chutneys
- UTTAPPAM ☐ ₩ ₩ Rice and lentil pancakes Plain 120 Gms Kcal 237 Masala 140 Gms Kcal 280 Onion 130 Gms Kcal 240 Served with sambar, chutneys
- VEGETABLE UPMA
 250 Gms Kcal 327
 Vegetable and semolina porridge
 Served with sambar, chutneys
- PARATHA ↑ ♦ ♦ ♦ ♦ Cooked and spiced whole-wheat bread stuffed Aloo 200 Gms Kcal 228
 Gobhi 200 Gms Kcal 219
 Paneer 200 Gms Kcal 293
 Cheese 200 Gms Kcal 310
 Served with yoghurt, butter and pickle

- POORI BHAJI
 200 Gms Kcal 420
 Fried whole wheat bread served with potato curry
- KANDA POHA (1)
 280 Gms Kcal 526
 Beaten rice, onions, spices and peanuts

INTERNATIONAL

- THREE EGG OMELETTE (1) (20) Coms Kcal 422
 Served with hash brown and grilled tomatoes
 Choice of toast brown! white! gluten free
- EGG WHITE OMELETTE, SPINACH, TOMATO
 AND GOAT CHEESE

 190 Gms Kcal 169

 Served with hash brown and grilled tomatoes
 Choice of toast brown| white| gluten free
- EGGS BENEDICT (1) (235 Gms Kcal 423)
 Poached eggs, English muffin, ham, hollandaise sauce
- Sunny side up 210 Gms Kcal 186
 Over easy 215 Gms Kcal 192
 Poached 190 Gms Kcal 162
 Scrambled 192 Gms Kcal 162
 Boiled 235 Gms Kcal 77
 Served with hash brown and grilled tomatoes
 Choice of toast brown| white| gluten-free
- MASALA OMELETTE (1) (20) (20) Gms Kcal 479
 Onion, tomato, chili, coriander
 Served with hash brown and grilled tomatoes
 Choice of toast brown| white| gluten-free
- SALMON ON TOAST ↑ 🖔 🔘 🞜
 365 Gms Kcal 625
 Smoked salmon, multigrain toast, capers, onion cream cheese
- PANCAKE (1) (245 Gms Kcal 536)

 Vanilla pancakes, maple syrup, whipped cream
- WAFFLE (1) (20) (220 Gms Kcal 510) Vanilla waffle, honey, maple syrup
- RICE CONGEE 280 Gms Kcal 252 Vegetables

■ VEGETARIAN
■ NON- VEGETARIAN
□ VEGAN

♥ NUTS ÎDAIRY 🖋 SOYA 😭 SHELLFISH Ä SULPHITES 🔑 FISH 🔘 EGG 🗞 GLUTEN 🚍 PORK 👙 SESAME 🤏 MUSTARD 🛭 E EARN POINTS

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HYDERABAD MINDSPACE

Breakfast

Available from 06:30 AM to 10:30 AM

SIDES

- HASH BROWN POTATO 360 Gms Kcal 226
- WILTED SPINACH WITH TOASTED
 ALMOND FLAKES

 180 Gms Kcal 227
- STEAMED VEGETABLES 230 Gms Kcal 323
- SAUTÉED MUSHROOMS 200 Gms Kcal 204
- BREAKFAST CHICKEN SAUSAGES 340 Gms Kcal 374
- BREAKFAST PORK SAUSAGES 300 Gms Kcal 527
- BACON RASHERS (110 Gms Kcal 498

WESTIN FRESH BY THE JUICERY

Westin Fresh by The Juicery offers a menu of nourishing, revitalizing juices and smoothies curated by the experts at The Juicery.

Available from 06:30 AM to 11:00 PM

• IIIICES

Spinach, cucumber, cilantro and lime 250 ml Kcal 40

Melon, turmeric and lemon 250 ml Kcal 53

Tender coconut, lime and honey 250 ml Kcal 78

■ **SMOOTHIES** 🗓 🗑 Almond, yoghurt, dates, black pepper 250 ml Kcal 543

Coconut, yoghurt, watermelon, cucumber 250 ml Kcal 330

Mint, papaya, yoghurt, cinnamon, chia seeds 250 ml Kcal 163

Eat Well Breakfast

Our Westin Eat Well Menu offers a selection of nutritious dishes, handcrafted by our Chef with guests' well-being in mind. From flexible portion sizes to mindfully selected ingredients, this special menu offers a variety of healthier choices to help you eat well, for you.

Available in half portion at 50% price. Available from 06:30 AM to 10:30 AM.

- GLUTEN-FREE AVOCADO TOAST
 207 Gms Kcal 440
 Gluten-free bread, avocado, country tomatoes, feta cheese
- BANANA AND CRANBERRY OATMEAL
 252 Gms Kcal 159
 Chia seeds, almond milk, wild honey, granola, nuts
- QUINOA, AVOCADO AND NUTS BOWL (1) (250 Gms Kcal 219)
 Boiled eggs, goat cheese



OUR SOURCING PROMISE

We actively seek out suppliers we trust, to source ethical, sustainable and organic ingredients wherever possible.

ALL DAY BREAKFAST

Available from 11:00 AM to 11:00 PM

■ **BIRCHER MUESLI** ☐ 🌯 💖 355 Gms Kcal 382
Soaked oats, apple, honey and nuts

KANDA POHA (195 Gms Kcal 366)
 Beaten rice, onions, spices and peanut









HYDERABAD MINDSPACE

Westin Weekend Breakfast

Weekends last longer at Westin hotels with extended breakfast hours* Whether you sleep in and slow down or jump-start your day with a Westin WORKOUT, you can dine at your own pace. *Available on Saturday and Sunday from 06:30 AM to 03:00 PM

▲ EAT WELL BREAKFAST ↑ 🍇 🕥 🧳





1006 Gms Kcal 496

Seasonal fresh fruit juice

Seasonal cut fruits

Egg white omelette with spinach, multigrain toast

Freshly brewed coffee, tea or warm soy milk

▲ AMERICAN BREAKFAST ↑ 🎘 🥥





960 Gms Kcal 748

Seasonal fresh fruit juice

Choice of eggs

Sunny side over easy poached scrambled boiled

Served with hash brown and grilled tomatoes

Choice of toast - brown| white| gluten-free

Freshly baked bakeries - croissant, fruit danish & chocolate

muffin served with preserve, jam and butter

Choice of freshly brewed coffee or tea or hot chocolate





Corn flakes 180 Gms Kcal 275 Dry muesli 180 Gms Kcal 383

Choco flakes 180 Gms Kcal 425

Wheat flakes 180 Gms Kcal 356

Gluten-free cereal 180 Gms Kcal 378

Served with choice of low fat| full cream| soy milk| almond milk





Soaked oats, apple, honey and nuts

▲ FARMER'S OMELETTE 🕺 🥘 🔘

225 Gms Kcal 463

355 Gms Kcal 382





Scrambled eggs, potato, mushroom, aged cheddar Served with multi grain toast

220 Gms Kcal 479





Onion, tomato, chili, coriander

Served with hash brown and grilled tomatoes

Choice of toast - brow| white| gluten-free

All Day Dining

Available from 11:00 AM to 11:00 PM

SOUP

■ ROASTED TOMATO BASIL SOUP ↑

280 ml Kcal 317

Basil pesto, parmesan cheese

CREAMY SWEET CORN AND GREEN ONION SOUP

Vegetables

280 ml Kcal 64

▲ Chicken

280 ml Kcal 88

APPETIZERS

PANEER PUDINA TIKKA



326 Gms Kcal 622

Char-grilled cottage cheese, spicy green marinade, roasted cumin



210 Gms Kcal 310

Mangalorean style spiced crisp fried baby corn

TANGRA STYLE CHILI PANEER



230 Gms Kcal 392

Kolkata regional speciality dish with cottage cheese, chili and onion

▲ SICHUAN CHILI CHICKEN 🔗 🍇 💸



300 Gms Kcal 687

Boneless chicken, Asian spices



265 Gms Kcal 315

Spiced mixed grilled fish

MURGH MALAI TIKKA



236 Gms Kcal 343

Chicken cooked in tandoor, cream, cheese, white pepper

SALADS

■ GREEK SALAD

268 Gms Kcal 202

180 Gms Kcal 165

Feta cheese, bell peppers, lettuce, lemon dressing

AVOCADO AND CHERRY TOMATO SALAD

with multi seeds gluten free bread toast

CAESAR SALAD A 🔌 🧳

Vegetarian

254 Gms Kcal 238

■ Bacon and anchovies ② ₽ 🥽 255 Gms Kcal 477

▲ Herbed chicken

260 Gms Kcal 350



💖 NUTS 🖞 DAIRY 🖋 SOYA 😂 SHELLFISH 🛎 SULPHITES 🔑 FISH 🕥 EGG 🗞 GLUTEN 🔄 PORK 👙 SESAME 🤏 MUSTARD 🛭 E EARN POINTS

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HYDERABAD MINDSPACE

All Day Dining

Available from 11:00 AM to 11:00 PM

SANDWICHES AND BURGERS

Served with French fries

225 Gms Kcal 483

Grilled chicken breast, grilled bacon, lettuce, fried egg, tomato Choice of toasted white | brown | gluten-free bread

■ SMOKED SALMON BAGEL

☐

♥ ₽ ○ ○

♥

240 Gms Kcal 290

Cream cheese, onion, lettuce, egg

■ BLT 🖁 🗞 🔘 🛜 🎕 300 Gms Kcal 420

Bacon, lettuce, egg, tomato, mayonnaise

■ VEGETABLE CLUB SANDWICH ↑ ♥

220 Gms Kcal 380 Grilled peppers, zucchini, tomato, cheddar cheese Choice of toasted white | brown | gluten-free bread

192 Gms Kcal 307

Tomato, bocconcini cheese and basil pesto



230 Gms Kcal 490 Spicy potato mixture, tomato, onion, cucumber



260 Gms Kcal 421 Chicken breast, lettuce, tomato, cheddar

▲ TENDERLOIN BURGER 🗓 🎘 🥽 💸

300 Gms Kcal 861 Minced tenderloin steak, fried egg, caramelized onions, bacon

■ VEGETABLE CHEESE BURGER

290 Gms Kcal 484

Curried vegetable patties, lettuce, tomato, cheddar

KATHI ROLL 1 & Q

Indian flat bread rolls

Tandoori paneer 414 Gms Kcal 956

Chicken tikka 514 Gms Kcal 1233

PIZZA

325 Gms Kcal 848 Tomato, cheese, olive oil

350 Gms Kcal 766

Mushroom, broccoli, artichoke, bell peppers, black olives, mozzarella

ROASTED CHICKEN PIZZA

Output

Description:

Output

Description:

Output

Description:

Description: 380 Gms Kcal 854 Roasted chicken, olives, jalapeno

350 Gms Kcal 997 Tomato sauce, pork pepperoni, mozzarella

PASTA

Choice of penne, spaghetti, fettuccini, Fusilli, farfalle, macaroni

AGLIO E OLIO PEPERONCINO 265 gms Kcal 654 Chili, garlic, extra virgin olive oil

ALFREDO 280 gms Kcal 476 Mushrooms, cream, parmesan

POMODORO BASILICO / \(\)\(\)\(\)\(\)\

280 gms Kcal 476 Tomato basil sauce

ARRABBIATA

ARRABBIATA 325 gms Kcal 380 Tomato, chili flakes, oregano & basil

290 gms Kcal 504 Tomato, vegetables

250 gms Kcal 550 Basil, peppers, zucchini, parmesan

🖪 BOLOGNESE 📋 🥘 280 gms Kcal 565 Minced tenderloin ragout



💖 NUTS 🖞 DAIRY 🖋 SOYA 😂 SHELLFISH 🛎 SULPHITES 🔑 FISH 🕥 EGG 🗞 GLUTEN 🔄 PORK 👙 SESAME 🤏 MUSTARD 🛭 E EARN POINTS

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HYDERABAD MINDSPACE

All Day Dining

Available from 11:00 AM to 11:00 PM

WESTERN MAINS

🔺 LEMON HERB GRILLED CHICKEN 🕺 🤏



292 Gms Kcal 598

Pan au jus, mashed potatoes and broccoli

🔺 FISH AND CHIPS 📋 🥘 🔘 🔑



400 Gms Kcal 620

Panko crumbed fish fillet, French fries, homemade tartare sauce

MEDITERRANEAN VEGETABLE LASAGNA

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400 Gms Kcal 652

Pasta, vegetables, basil pesto and parmesan cheese gratin

PAN SEARED COTTAGE CHEESE STEAK \(\begin{array}{c} \bigsigma \infty \\ \express{\text{\tint{\text{\tint{\text{\til\text{\texi{\text{\text{\text{\texi\tint{\text{\\tii}\\ \tittt{\text{\text{\text{\text{\tex



340 Gms Kcal 525

Panko crumbed, herb mashed potatoes, broccoli and tomato basil sauce

ASIAN MAINS

■ WOK TOSSED VEGETABLES WITH TOFU 🗓 🗳 🝣



380 Gms Kcal 380

Choice of butter garlic hot garlic sauce

THAI GREEN VEGETABLE CURRY



320 Gms Kcal 579



Served with jasmine rice

🔺 KUNG PAO CHICKEN 🔌 🤎 🧳



380 Gms Kcal 879

Stir-fried chicken, ginger, Chinese vinegar, cashew nuts

▲ NASI GORENG 🔗 😂 🦁 🔘

444 Gms Kcal 745

Indonesian stir-fried rice, chicken satay, fried egg

and shrimp wafers





474 Gms Kcal 775

Stir-fried Thai rice noodles, chicken, peanut, tamarind sauce

▲ MIE GORENG JAWA 🗳 🔘



444 Gms Kcal 1722

Chicken, egg, noodles, vegetables with

Kecap sweet soya sauce

FRIED RICE/NOODLES (%)



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Vegetables

450 Gms Kcal 415

Egg (1)

450 Gms Kcal 635

▲ Chicken

450 Gms Kcal 645

LOCAL SIGNATURES



390 Gms Kcal 846

Cottage cheese, onion and tomato velvety curry

ALOO GOBI ADRAKI



422 Gms Kcal 329 Potato, cauliflower, ginger, tomato, Indian spices

YELLOW DAL TADKA

300 Gms Kcal 402

Tempered yellow lentils, garlic, cumin

DAL KANGAN

406 Gms Kcal 402 Slow cooked black lentils, tomato, cream

▲ CHEPALA PULUSU 🔑 🔌



400 Gms Kcal 620

Fish cubes, tamarind, red chili, curry leaves

■ BUTTER CHICKEN 🕺 🤡 🔌



408 Gms Kcal 644

Tandoori chicken tikka, tomato velvety gravy

■ ROGAN JOSH ↑



420 Gms Kcal 814

Mutton, Kashmiri red chili, whole spices

HYDERABADI BIRYANI 🕺 🤡



Served with mirchi ka salan and mint cucumber raita

- Vegetable 450 Gms Kcal 816
- Chicken 480 Gms Kcal 978
- Lamb 500 Gms Kcal 1500
- MASALA KHICHDI 416 Gms Kcal 349
- STEAMED BASMATI RICE 295 Gms Kcal 223
- **JEERA RICE** 294 Gms Kcal 375
- BROWN RICE 294 Gms Kcal 375
- CURD RICE 434 Gms Kcal 290



■ VEGETARIAN ▲ NON- VEGETARIAN 🧇 VEGAN

💖 NUTS 🖞 DAIRY 🖋 SOYA 😂 SHELLFISH 🛎 SULPHITES 🔑 FISH 🕥 EGG 🗞 GLUTEN 🔄 PORK 👙 SESAME 🤏 MUSTARD 🛭 E EARN POINTS

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HYDERABAD MINDSPACE

All Day Dining

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BREADS AND SIDES

NAAN
Plain 112 Gms Kcal 404
Garlic 116 Gms Kcal 418
Cheese 116 Gms Kcal 417

• TANDOORI ROTI 6 % 66 Gms Kcal 362 Butter| Plain

■ TAWA PARATHA 🗂 🍇 66 Gms Kcal 374

CUCUMBER AND MINT RAITA
 282 Gms Kcal 183

INDIAN GREEN SALAD 265 Gms Kcal 68

DESSERTS

■ WILD BERRY CHEESE CAKE 🖰 🌯 🔘 168 Gms Kcal 362

KESARI RASMALAI (1) W
 374 Gms Kcal 240
 Poached cottage cheese dumplings in saffron scented reduced milk

SELECTION OF ICE CREAMS
 180 Gms Kcal 124

 Vanilla | Chocolate | Strawberry | Butterscotch

• SEASONAL FRESH FRUIT PLATTER 416 Gms Kcal 170

Crafted For Single Diner

Carefully created for our guests who prefer smaller portion. You can order half portion at 50% price from the Eat Well Menu selection. Available from 11:00 AM to 11:00 PM

APPETIZER

NACHOS 🖞 🦠

Tortilla chips with tomato salsa, sour cream and guacamole

- Vegetarian 190 Gms Kcal 158
- Chicken 183 Gms Kcal 315
- MIRAPAKAI KODI [™] 144 Gms Kcal 363
 Stir fried chicken morsels, Guntur chilies, curry leaves

■ CHEPA VEPUDU 133 Gms Kcal 158
Spiced mix grilled fish

■ PANEER PUDINA TIKKA (1) (2)
 163 Gms Kcal 311
 Char-grilled cottage cheese, spicy green marinade, roasted cumin

SOUP

■ ROASTED TOMATO BASIL SOUP 140 ml Kcal 158
Basil pesto, parmesan cheese

WILD MUSHROOM SOUP 1/1
 140 ml Kcal 130
 Porcini, button mushroom, truffle oil, cream

PASTA

Choice of penne| spaghetti| fettuccini| fusilli| farfalle| macaroni

■ **BOLOGNESE** ① **③**140 Gms Kcal 282
Minced tenderloin ragout

LOCAL SIGNATURES

■ PANEER BUTTER MASALA []
185 Gms Kcal 423
Cottage cheese, onion and tomato velvety curry

ALOO GOBI ADRAKI
 211 Gms Kcal 165
 Potato, cauliflower, ginger, tomato, Indian spices

■ VEGETARIAN
■ NON- VEGETARIAN
□ VEGAN

♥ NUTS ÎDAIRY & SOYA ♥ SHELLFISH & SULPHITES #FISH @ EGG ♥ GLUTEN ♣ SESAME ♥ MUSTARD E EARN POINTS

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HYDERABAD MINDSPACE

YELLOW DAL TADKA
 150 Gms Kcal 201
 Tempered yellow lentils, garlic, cumin

CHEPALA PULUSU ♀ ♀ ♀ 200 Gms Kcal 310
Fish cubes, tamarind, red chili, curry leaves

■ BUTTER CHICKEN (1) (204 Gms Kcal 322)
Tandoori chicken tikka, tomato velvety gravy

Sleep Well Menu

Enjoy these nutritious selections 1–2 hours before bedtime to enhance your rest and enrich your well-being. Available 06:30~AM to 11:00~PM

• OATMEAL TABBOULEH 250 Gms Kcal 540

■ EGG WHITE AND BROCCOLI OMELETTE 1 0 0 230 Gms Kcal 410

GUAVA, NUTS, POMEGRANATE SALAD 398 Gms Kcal 390 Guava, nuts, pomegranate, chat masala

■ **BEDTIME SNACK** 300 Gms Kcal 270 Cherry, walnut, oat muffin

■ CHAMOMILE JING TEA Q

250 ml
Unwind with a cup of natural, caffeine-free herbal tea, featuring a proprietary blend of aromatic herbs designed to promote restful sleep

Whether you're adjusting to a new time zone or recovering from your travels, restful sleep is the key to renewal. These selections are packed with amino acids, vitamins and minerals that promote sound sleep, including:

TRYPTOPHAN

Boosts serotonin production and enhances sleepiness

MELATONIN

Resets sleep-wake cycles, combating jet lag and improving sleep quality

THIAMIN

Important B vitamin that helps improve sleep patterns

MAGNESIUM & POTASSIUM

Electrolytes often lost during travel that help promote sleep and prevent insomnia

FOLATE

Helps fight fatigue during the day and promotes sound sleep at night

SEROTONIN

Promotes relaxation and induces sleepiness

Eat Well Menu

Our Westin Eat Well Menu offers a selection of nutritious dishes, handcrafted by our Chef with guests' well-being in mind. From flexible portion sizes to mindfully selected ingredients, this special menu offers a variety of healthier choices to help you eat well, for you. Available in half portion at 50% price. Available from 11:00 AM to 11:00 PM.

SPINACH CREAM SOUP
 290 ml Kcal 229
 Tomato, coriander toast

• GUAVA, NUTS AND POMEGRANATE SALAD 398 Gms Kcal 314

■ TANDOORI CHICKEN SALAD (1) W 360 Gms Kcal 446

Avocado, flax seeds, sunflower seeds, yoghurt dressing

SPICY AND SOUR CHICKEN 300 Gms Kcal 540
Stir-fried chili chicken, lemon, chili

baby carrots

■ **BUDDHA BOWL** 🖞 💱 🞜
310 Gms Kcal 864
Wild salmon, quinoa, avocado, tomato, feta cheese, nuts, green salad, arugula

STEAMED CATCH OF THE DAY & Q Q 250 Gms Kcal 450
Steamed fish, mustard curry paste, unpolished rice, asparagus,



OUR SOURCING PROMISE

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■ VEGETARIAN
■ NON- VEGETARIAN
□ VEGAN

♥ NUTS ↑DAIRY & SOYA ♥ SHELLFISH ♣ SULPHITES ₽FISH ♠ EGG ♥ GLUTEN ♣ PORK ♣ SESAME ♥ MUSTARD E EARN POINTS

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HYDERABAD MINDSPACE

Eat Well Menu for Kids

Discover kids' meals that are as delicious as they are nutritious with the Westin Eat Well Menu for Kids, developed with SuperChefs™ to make kids and parents happy.

Available from 11:00 AM to 11:00 PM

BREAKFAST

Available from 06:30 AM to 11:00 PM

PEANUT BUTTER AND BANANA SANDWICH
 155 Gms Kcal 323
 Peanut butter, banana, whole wheat bread, seasonal fruit

IDLI (1) (2) (2) (3) 180 Gms Kcal 117
Steamed rice and lentil cakes
Served with sambar, chutneys

Served with sambar, chutneys

PANEER PARATHA

PANEER PARATHA

200 Gms Kcal 293 Cooked and spiced whole-wheat bread stuffed with paneer Served with yoghurt, butter and pickle

ALL DAY DINING

Available from 11:00 AM to 11:00 PM

■ CHICKEN NOODLE SOUP (🍪 🚳 () 276 ml Kcal 540

PITA CHIPS AND VEGETABLES (1) (2) 270 Gms Kcal 540 Hummus and low fat yoghurt dip

• **HUMMUS WRAP** 236 Gms Kcal 540
Whole wheat wrap, lettuce, red pepper, cucumber

■ CHICKEN FINGERS 200 Gms Kcal 540 Served with French fries

■ CHICKEN WRAP (1) (2) 232 Gms Kcal 540
Carrots, cucumber, bell peppers, avocado
Served with French fries

 ■ WARM WALNUT GRANOLA BROWNIE 180 Gms Kcal 540
Served with vanilla ice cream

● FRUIT SMOOTHIE ☐ 280 ml Kcal 540 Seasonal fruit, honey

■ PINEAPPLE STRAWBERRY SMOOTHIE
 280 ml Kcal 540
 Made with almond| coconut yoghurt

• FRESH ORANGE JUICE 250 ml Kcal 100



OUR SOURCING PROMISE

We actively seek out suppliers we trust, to source ethical, sustainable and organic ingredients wherever possible.

● VEGETARIAN ▲ NON- VEGETARIAN > VEGAN

♥ NUTS ↑DAIRY & SOYA ♥ SHELLFISH ♣ SULPHITES ₽FISH ♠ EGG ♥ GLUTEN ♣ PORK ♣ SESAME ♥ MUSTARD E EARN POINTS

*Enjoy breakfast longer on weekends – see our Westin Weekend Breakfast Menu page for details.

Allow us to fulfill your needs, please let us know if you have special dietary requirements, food allergies or food intolerances.

Consuming raw or undercooked meats, seafood, shellfish or eggs may increase your risk of food- borne illness.

An average active adult requires 2000kcal energy per day, however, calorie needs may vary.

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HYDERABAD MINDSPACE

Alcoholic Beverages

Available from 11:00 AM to 11:00 PM

CLASSIC COCKTAIL

LONG ISLAND ICED TEA

505 Kcal, 330 ml Vodka, tequila, white rum, gin, Triple sec, sour mix and Pepsi

OLD FASHIONED

250 Kcal, 150 ml Bourbon whisky, bitters, sugar

MARGARITA

294 Kcal, 120 ml Tequila, Triple sec, fresh lime juice

WHISKEY SOUR

264 Kcal, 120 ml Whiskey, Lemon juice, egg white, simple syrup, bitters

GIMLET

250 Kcal, 120 ml Gin, triple sac, fresh lime

DAIQUIRI

280 Kcal, 120 ml White rum, Triple sec, lime juice

COSMOPOLITAN

924 Kcal, 120 ml

Vodka, Triple sec, cranberry juice, fresh lime

MOJITO

650 Kcal, 250 ml

White rum, fresh lime, mint leaves, simple syrup

FLAVORED MARTINI

Litchi 100 Kcal, 120 ml Kiwi 100 Kcal, 120 ml Watermelon 24 Kcal, 120 ml Green Apple 129 Kcal, 120 ml

SHOOTERS

JÄGERBOMB

178 Kcal, 60 ml Jägermeister, Red Bull

FLATLINER

112 Kcal, 60 ml

Tequila, Sambuca, Tabasco

KAMIKAZE

39 Kcal, 60 ml

Vodka, lime juice, Triple sec

PINEAPPLE UPSIDE DOWN

39 Kcal, 60 ml

Vodka, pineapple juice and grenadine syrup

FIREBALL

39 Kcal, 60 ml Fireball cinnamon whiskey, grenadine syrup and ginger ale

Our standard peg measure is 30 ml.

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B58

92 Kcal, 60 ml Baileys Irish cream and coffee liqueur

APÉRITIF AND DIGESTIF (30 ml)

JÄGERMEISTER
FIREBALL CINNAMON
BAILEY'S IRISH CREAM
APEROL
KAHLÚA
CINZANO ROSSO
MARTINI EXTRA DRY
MARTINI BIANCO
SAMBUCA

BEER (330 ml)

CORONA EXTRA
BIRA WHITE
HOEGAARDEN
BIRA BLONDE
HEINEKEN
BUDWEISER
KINGFISHER ULTRA
KINGFISHER PREMIUM

SINGLE MALTS WHISKEY (30 ml)

THE SEXTON SINGLETON 15 YO GLENMORANGIE ORIGINAL 10 YO SCAPA GLANSA SCAPA SKRIEN **GLENFIDDICH 12 YO** THE GLENLIVET 12 YO RUM CASK SINGLETON 12 YO ABERFELDY 12 YO **BOWMORE 12 YO GLENGRANT 12 YO** X BY GLENMORANGIE BUSHMILL'S 12 YO TALISKER 10 YO **GLENGRANT 10 YO** LAPHROAIG SELECT THE ARDMORE LEGACY **CRAGGANMORE 12 YO CLYNELISH 14 YO**



HYDERABAD MINDSPACE

Alcoholic Beverages

Available from 11:00 AM to 11:00 PM

INDIAN SINGLE MALTS WHISKEY (30 ml)

EPITOME RESERVE
RAMPUR DOUBLE CASK
GODAWAN 01 RICH AND ROUNDED
GODAWAN 02 FRUIT & SPICE
INDRI - TRINI
PAUL JOHN NIRVANA
AMRUT AMALGAM
BALIVADA

PREMIUM WHISKEY (30 ml)

CHIVAS REGAL ULTIS **ROYAL SALUTE 21 YO** WHYTE & MACKEY 22 YO CHIVAS REGAL 18 YO DEWAR'S LABEL 18 YO WHYTE & MACKEY 19 YO BLACK DOG 14 YO CHIVAS REGAL 15 YO **DEWAR'S LABEL 15 YO** JOHNNIE WALKER BLACK LABEL DEWAR'S LABEL 12 YO CHIVAS REGAL 12 YO JOHNNIE WALKER BLONDE BLACK DOG TRIPLE GOLD 12 YO TEACHER'S GOLDEN THISTLE 12 YO DEWAR'S JAPANESE SMOOTH 8 YO TEACHER'S ORIGIN 100 PIPERS 12 YO JOHNNIE WALKER RED LABEL TEACHER'S HIGHLAND CREAM **BALLANTINE'S FINEST** SCOTTISH LEADER 100 PIPERS EXQUISITE **GRANTS FAMILY EDITION** MANSION HOUSE GOLD

AMERICAN WHISKY (30 ml)

JACK DANIEL'S SELECT SINGLE BARREL
JACK DANIEL'S GENTLEMAN JACK
EVAN WILLIAMS
WOODFORD RESERVE
JACK DANIEL'S TENNESSEE HONEY
JIM BEAM WHITE
JACK DANIEL'S NO.7
JACK DANIEL'S TENNESSEE FIRE
JACK DANIEL'S TENNESSEE APPLE

CANADIAN WHISKY (30 ml)

BLACK VELVET

JAPANESE WHISKEY (30 ml)

THE YAMAZAKI DISTILLER'S RESERVE HIBIKI JAPANESE HARMONY TOKI SUNTORY WHISKY

IRISH WHISKEY (30 ml)

BUSHMILL'S ORIGINAL JAMESON BLACK BARREL JAMESON

GIN (30 ml)

GINARTE DRY GIN
ROKU THE JAPANESE CRAFT GIN
TANQUERAY NO.10
MONKEY 47
BOMBAY SAPPHIRE
GORDON'S
SOUTH BANK PINK GIN
BEEFEATER

VODKA (30 ml)

ROBERTO CAVALLI U'LUVKA HAKU THE JAPANESE CRAFT VODKA **BELUGA NOBLE BELVEDERE GREY GOOSE** CÎROC RUSSIAN PLATINUM STANDARD VODKA **ABSOLUT ELYX** TITOS HANDMADE KETEL ONE **ABSOLUT RASPBERRI ABSOLUT LIME ABSOLUT MANDRIN ABSOLUT CITRON ABSOLUT**

RUM (30 ml)

BACARDI GRAN RESERVA DIEZ BACARDI RESERVA OCHO BACARDI CARTA BLANCA OLD MONK

BRANDY (30 ml)

NAPOLEAN XO



HYDERABAD MINDSPACE

Alcoholic Beverages

Available from 11:00 AM to 11:00 PM

WINE BY BOTTLE (750 ml)

CHAMPAGNE

G.H.MUMM CORDON ROUGE,
BRUT NV CHAMPAGNE FRANCE, PINOT
NOIR CHARDONNAY, PINOT MEUNIER
BHILIPPE GONET, BLANC DE BLANC

PHILIPPE GONET, BLANC DE BLANC, BRUT NV, FRANCE, CHARDONNAY NICOLAS FEUILLATTE, BRUT RESERVE

PIPER HEIDSIECK CUVEE BRUT, FRANCE, PINOT NOIR CHARDONNAY, PINOT MEUNIER

SPARKLING WINE

BISOL BELSTAR PROSECCO, ITALY, GIERA
JACOB'S CREEK, BAROSSA VALLEY,
CHARDONNAY, PINOT NOIR
RIUNITE LAMBRUSCO, EMILIA
CHANDON BRUT CUVEE
FRATELLI GRAND CUVEE BRUT
SULA BRUT, TROPICALE NASHIK,
CHENIN BLANC, RIESLING AND VIOGNIER
FRATELLI NOI, BARAMATI SOLAPUR,

RED

THOMPSON

USA

WENTE VINEYARDS BEYER RANCH CABERNET SAUV, CALIFORNIA WENTE VINEYARDS BEYER RANCH, ZINFANDEL, CALIFORNIA BORN WEST, CALIFORNIA, CABERNET SAUVIGNON

CHILE

MONTE PACIFICO RESERVA, RAPEL VALLEY, PINOT NOIR

MONTE PACIFICO RESERVA, RAPEL VALLEY, CABERNET SAUVIGNON

FRONTERA, CENTRAL VALLEY CHILE, SHIRAZ

FRONTERA, CENTRAL VALLEY CHILE, MERLOT

ARGENTINA

RICCITELLI HEY, MALBEC, MENDOZA ALTA VISTA VIVE, MALBEC, MENDOZA

SPAIN

CAMPO VIEJO TEMPRANILLO

INDIA

C J NOON, AKLUJ
FRATELLI SETTE, AKLUJ, CABERNET SAUVIGNON
KRSMA ESTATE, HAMPI HILLS, CABERNET SAUVIGNON
SULA DINDORI RESERVE, NASHIK, SHIRAZ
FRATELLI, SOLAPUR, SHIRAZ
FRATELLI, SOLAPUR, MERLOT
FRATELLI, SOLAPUR, SANGIOVESE
FRATELLI, SOLAPUR, CABERNET FRANC SHIRAZ
SULA, NASHIK, CABERNET SHIRAZ
SULA, NASHIK, SATORI TEMPRANILLO
SULA, NASHIK, RASA CABERNET SAUVIGNON

FRANCE

LES LEGENDE RESERVE MEDOC,
FRANCE, CABERNET SAUVIGNON, MERLOT
LA VIELLIES FERME ROUGE
LE GRAND NOIR, MINERVOIS, CABERNET SAUVIGNON
LE GRAND NOIR, MINERVOIS, PINOT NOIR
LE GRAND NOIR, MINERVOIS, GSM
LE GRAND NOIR, MINERVOIS, MERLOT

SOUTH AFRICA

BOEKENHOUTSKLOOF THE CHOCOLATE
BLOCK, FRANSCHHOEK VALLEY, PAARL
KARA-TARA PINOT NOIR, OVERBERG
MOUNTAIN RED STELLENBOSCH, THELMA
MAN FAMILY, COASTAL REGION, MERLOT
WARWICK ESTATE'S THE FIRST LADY,
CABERNET SAUVIGNON
ROBERTSON WINERY, NATURAL SWEET RED

ITALY

FAMIGLIA PASQUA VALPOLECIA RIPASSO
CASTELLO ROMITORIO CHIANTI COLLI SENESI DOCG
TUSCANY, MONTALCINO, SANGIOVESE
DONNA FUGGATO SEDARA SICILA
PASQUA CHIANTI DOCG
CARPINETO DOGAJOLO ROSSO, SIENA
SCAIA CORVINA VENETO, CERIANA, CORVINA
ZONIN CHIANTI REGIONS
JUST ROBERTO CHIANTI
PASQUA SANGIOVESE DI PUGLIA
PASQUA MERLOT
FOLONARI MONTEPULICIANO D ARBUZZO
FOLONARI PROVINCIA DI PAVIA, PINOT NOIR
GIACONDI CASA MERLOT

AUSTRALIA

BAREFOOT, CABERNET SAUVIGNON
BAREFOOT, SHIRAZ
JACOB'S CREEK, BAROSSA VALLEY, SHIRAZ CABERNET
BUSH BALLAD, PORT PHILLIP, SHIRAZ CABERNET
CASACA SOUTH AUSTRALIA, MERLOT



HYDERABAD MINDSPACE

Alcoholic Beverages

Available from 11:00 AM to 11:00 PM

COGNAC (30 ml)

HENNESEY VS

TEQUILA (30 ml)

PATRON RESPOSADO
PATRON SILVER
1800 BLANCO SILVER
JOSE CUERVO GOLD
JOSE CUERVO SILVER
NEWTON ESPECIAL BLANCO
CASCO VIEJO

WINE BY GLASS (150 ml)

WHITE

AUSTRALIA

JACOB'S CREEK, BAROSSA VALLEY, CLASSIC CHARDONNAY

INDIA

KRSMA ESTATES, HAMPI HILLS, KARNATAKA, SAUVIGNON BLANC
FRATELLI, SOLAPUR, SAUVIGNON BLANC
FRATELLI, SOLAPUR, CHENIN BLANC
FRATELLI, SOLAPUR, CHARDONNAY
SULA, NASHIK, CHENIN BLANC
SULA, NASHIK, RIESLING
SULA, NASHIK, SAUVIGNON BLANC
SULA DINDORI RESERVE, NASHIK,
CHARDONNAY

SOUTH AFRICA

MAN FAMILY, COASTAL REGION, CHENIN BLANC

USA

BORN WEST, CALIFORNIA, CHARDONNAY

CHILE

FRONTERA, CENTRAL VALLEY, CHARDONNAY

FRANCE

LA VIEILLE FERME, BLANC

ITALY

FOLONARI, PINOT GRIGIO GOLDEN SPARROW, PINOT GRIGIO

SPAIN

TORRES VINA SOL

RED

AUSTRALIA

JACOB'S CREEK, BAROSSA VALLEY, CABERNET SHIRAZ BUSH BALLAD, PORT PHILLIP, SHIRAZ CASACA SOUTH AUSTRALIA, MERLOT

INDIA

KRSMA ESTATE, HAMPI HILLS, KARNATAKA,
CABERNET SAUVIGNON
SULA DINDORI, NASHIK, RESERVED SHIRAZ
SULA, NASHIK, CABERNET SHIRAZ
FRATELLI, SOLAPUR, SHIRAZ
FRATELLI, SOLAPUR, CABERNET
FRANC - SHIRAZ
FRATELLI MERLOT
FRATELLI SANGIOVESE
SULA SATORI TEMPRANILLO

SOUTH AFRICA

MAN FAMILY, COASTAL REGION, MERLOT

CHILE

FRONTERA, CENTRAL VALLEY, SHIRAZ FRONTERA, CENTRAL VALLEY, MERLOT

FRANCE

LA VIEILLE FERME, ROUGE

SPAIN

CAMPO VIEJO TEMPRANILLO

ITALY

FOLONARI, MONTEPULCIANO D'ABRUZZO FOLONARI, CHIANTI FOLONARI, PINOT NOIR

ROSÉ WINE (150 ml)

LE GRAND NOIR, MINERVOIS, GRENACHE FRATELLI, NASHIK, SHIRAZ ROSÉ THE SOURCE, NASHIK, GRENACHE

SPARKLING WINE (150 ml)

JACOB'S CREEK, BAROSSA VALLEY, CHARDONNAY, PINOT NOIR SULA BRUT CREMANT DE NASHIK, CHENIN BLANC, RIESLING AND VIOGNIER FRATELLI NOI, BARAMATI SOLAPUR, THOMPSON



HYDERABAD MINDSPACE

Alcoholic Beverages

Available from 11:00 AM to 11:00 PM

WHITE

AUSTRALIA

JACOB'S CREEK, SOUTH EASTERN AUSTRALIA, CLASSIC CHARDONNAY CASACA AUSTRALIA, CHARDONNAY

FRANCE

BLANC, VIN DE FRANCE, VIOGNIER
SAUVIGNON BLANC

LA VIELLIES FERME VIN DE FRANCE BLANC

SPAIN

TORRES VINA SOL

INDIA

KRSMA ESTATE, NANDI HILLS, SAUVIGNON BLANC SULA, DINDORI RESERVE, CHARDONNAY FRATELLI, SOLAPUR, CHENIN BLANC FRATELLI, SOLAPUR, CHARDONNAY FRATELLI, SOLAPUR, SAUVIGNON BLANC SULA, NASHIK, CHENIN BLANC SULA THE SOURCE, SAUVIGNON BLANC SULA, NASHIK, SAUVIGNON BLANC SULA, NASHIK, REISLING

SOUTH AFRICA

MAN FAMILY, COASTAL REGION, CHENIN BLANC ROBERTSON WINERY, NATURAL SWEET WHITE

CHILE

FRONTERA, CHILE, CHARDONNAY

USA

BORN WEST, CALIFORNIA, CHARDONNAY

ITALY

CARPINETO DOGAJOLO, TOSCANO BIANCO SCAIA GARGANEGA, CHARDONNAY ZONIN PINOT GRIGIO, FRIULI JUST ROBERTO PINOT GRIGIO GIACONDI CASA CHARDONNAY FOLONARI, PINOT GRIGIO GOLDEN SPARROW, PINOT GRIGIO

GERMANY

BLACK TOWER RIESLING

ROSÉ WINE

ITALY

SCAIA ROSATO VENETO

FRANCE

LE GRAND NOIR, MINERVOIS, GRENACHE

INDIA

FRATELLI ROSE, SHIRAZ
THE SOURCE GRENACHE ROSE SULA ZINFANDEL

GERMANY

BLACK TOWER, PINOT NOIR, ROSE



HYDERABAD MINDSPACE

Non - Alcoholic Beverages

MOCKTAILS

HERBAL FAIR

300 ml Kcal 147 Refreshing blend of fennel, basil, mint, freshly squeezed orange juice and honey

PASSION FIZZ

300 ml Kcal 332 Passion fruit syrup, Sprite, lime

LOMI LOMI

300 ml Kcal 344 Fresh ginger, fresh lime, honey

COCONUT GINGER

300 ml Kcal 182 Coconut milk, banana, apple juice, fresh ginger

SHIRLEY TEMPLE

300 ml Kcal 272 7up, lime juice, grenadine

FRESH LIME SODA FRESH LIME WATER

SOFT BEVERAGE

REDBULL
PEPSI
7UP
GINGER ALE
TONIC WATER
DIET /ZERO PEPSI
SODA WATER

STILL WATER

SVVA 660ML VEEN 660ML VEDIKA 750ML SVVA 330ML VEEN 330ML VEDIKA 330ML

SPARKLING WATER

PERRIER 750ML PERRIER 250ML

FRESH JUICES

CANNED JUICES

