



**Hello Victory Revival Centre Family:**

You are invited to join us in time of **Prayer and Fasting through the month of January for 21 Days of Praise**. We will send an email with what the Lord has put on Pastor Steve's heart about the 21 Days of Praise, each day will be a different focus of Praise and activation.

We as a church body are ***beginning our time of Prayer & Fasting on Sunday, January 5, 2025, until Saturday, January 10<sup>th</sup>, 2025.*** If you sense the Lord calling you to do longer that is up to you. Ask the Lord what He would like you to fast, it could be meat, sweets and caffeine, or media, or negative words, as some examples. We have more suggestions and information as you continue to read further.

**The purpose of this focused time of Prayer & Fasting is to spend time with the Lord seeking His face for this new season.** We are fasting in different ways the Lord asks us to. Below are some helpful suggestions and guidelines. May you see the Lord move in ways you thought were impossible.

*Revive Study for the next three weeks will be focused on Prayer. **Revive Prayer will begin Tuesday, January 7, 2025 @ 7 pm in person @ 125 Blackburn Drive, Brantford, ON or on Zoom.***

We will send an email with the zoom link already and is posted on Facebook on Victory Revival Centre's page under Revive Study group. You must be signed up or be friends to receive these updates.

Blessings to each of you as you decide what to do.



### **BIBLE READING HELPERS:**

- Download the app You Version at [www.bible.com](http://www.bible.com) Choose from many different types of Bible Reading Plans and many different versions of the Bible. Free download for Androids, tablets and PC's. Start Fresh!
- Look up, read and study all the scriptures on Fasting and the scriptures on prayer while you fast. You will be amazed.
- Study the book of Daniel during your fast.
- Find scriptures to use in prayer as a basis of direction from God and as a weapon of authority against the enemy. Drs. George & Hazel Hill's books, "**Praying God's Word**" and "**Fasting for Breakthrough & Revival**" are useful tools as well as other resources some of you may already have on hand.

### **ITEMS TO PRAY FOR:**

In this new year, the Lord has a purpose that He desires to release upon you personally, upon your family, upon His Church and upon our nation. The following is an outline of some of the areas that you may desire to pray over in terms of spiritual breakthrough and victory:

- Personal Life – Habits/addictions, direction, and renewal
- Family Life – Unity, household salvation, prosperity, health, peace and protection
- Church Life – Unity, revival, leadership, missions, new souls
- Your Nation – Government, policy, and revival in the nation.

VICTORY CHURCHES begins each year with fasting and prayer. Fasting in January, giving God our first, establishes His will in our lives for the ENTIRE year! Although it is up to each church to decide on a date in January to hold a Fast,

Victory Churches will be doing a Fast and we encourage you to join us!

Mathew 6:33 - *"But seek first the kingdom of God and His righteousness, and all these things shall be added to you"*

# VICTORY REVIVAL CENTRE

Fasting and Prayer is a way for us all to seek God first. Fasting is a discipline that helps shift our priority to put God first and then wait and allow Him to show us His plan, receive His direction and His blessings. If we want success in our lives, in our marriages, in our church—putting God first is the key. Look at the great Bible Promise for Fasting in Isaiah 58:6-14 For some of the Jewish people, fasting became a faithless, mechanical performance, full of strife and anger. They weren't truly humbling themselves and repenting of any known sin and wrong attitudes while fasting. Look at what God tells them:

*Isaiah 58:6-7 - "Is this not the fast that I have chosen: To lose the bonds of wickedness, to undo the heavy burdens, to let the oppressed go free, and that you break every yoke? Is it not to share your bread with the hungry, and that you bring to your house the poor who are cast out..."*

*Isaiah 58:8-9 - "Then your light shall break forth like the morning, your healing shall spring forth speedily, and your righteousness shall go before you; the glory of the Lord shall be your rear guard. Then you shall call, and the Lord will answer; you shall cry, and He will say, 'Here I am.'"*

What a Promise! Start the year off right. Discover the rewards of putting God first in all things. Feast on the Lord instead of food. Fasting reminds us that food doesn't sustain us; God sustains us.



## **WHAT IS A DANIEL FAST?**

A Daniel Fast is a commitment to an extended, partial fast, for a specific purpose, to defeat strongholds of darkness, as well as to release the will and purpose of God over His people! Daniel restricted his diet. He eliminated meats, sweets and breads from his diet and ate fruit and vegetables and only drank water. He also prayed 3 times a day!

Many Fasts to Choose From (Examples)

- 3, 6, 7, 10, 21 or even a 40 day fast
- Full Fast liquids only
- Pleasant food fast - no meats and no sweets
- Meal fast - skip certain meals each week
- Media fast - no TV and/or radio, video games etc.

**Blessings, as you seek the Lord**

**"Thriving in His Promises in 2025!!"**

**Steve & Alyson Middleton**

*Senior Pastors*

**Victory Revival Centre**

***Be revived & equipped & become the reformation!***

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