

H-TOWN SUPREME

BASKETBALL

PARENT & PLAYER HANDBOOK

Standards • Communication • Conduct • Commitment

DEVELOP • COMPETE • BELONG

Please review this handbook together as a family.
Parent/Guardian and Player signatures are required.

Welcome to the Supreme Family

Our promise is simple: we will work to create a basketball environment where athletes are coached, challenged, supported, and held accountable. We expect the same commitment from our players and families.

H-Town Supreme is built around development, competition, communication, and belonging. Winning matters, but how we represent our program, teammates, families, and ourselves matters just as much.

This handbook is designed to create clarity. When everyone understands the standard, our coaches can coach, our athletes can grow, and our families can enjoy the experience.

What Families Can Expect From Us

- A commitment to quality coaching and player development.
- Clear weekly communication about practices, games, tournaments, and program updates.
- Coaches who are expected to teach, communicate, lead with energy, and represent Supreme professionally.
- A focus on long-term development rather than short-term results only.
- A safe environment where athletes are expected to compete hard and treat others with respect.
- Honest communication when changes, schedule pivots, or program decisions are necessary.

What We Expect From Families

- Read program communication and keep up with the official schedule.
- Communicate early when an athlete will miss or be late to practice or games.
- Respect coaches, officials, opponents, teammates, and other families.
- Support the athlete without coaching from the sideline.
- Address concerns through the proper communication process.
- Understand that roles, minutes, lineups, and team placement are earned and can change.

SUPREME STANDARD: We do not promise equal playing time. We promise an opportunity to be coached, developed, and evaluated fairly.

Communication & the 24-Hour Rule

Official Communication

Families are responsible for checking the program's official communication channels and schedule. Practice times, tournament dates, game updates, and changes will be communicated as early as reasonably possible.

- Questions, feedback, or requests to schedule a conversation about your athlete should be sent to: contact@leeathletics.org
- Please avoid using postgame emotions, public group chats, or sideline conversations to resolve individual concerns.
- Emergency, transportation, safety, or same-day attendance issues should be communicated immediately and are not subject to the 24-hour waiting period.

The 24-Hour Postgame Rule

After a game or tournament, families must wait at least 24 hours before contacting a coach about:

- Playing time or substitutions
- Starting lineups or player roles
- Coaching decisions or strategy
- Team placement
- A player's performance or mistakes

Games are emotional for athletes, parents, and coaches. The 24-hour rule allows everyone time to cool down, review the situation, and have a productive conversation instead of an emotional one.

How to Address a Concern

1. Player speaks with the coach first when age-appropriate.
2. If more clarity is needed, parent/guardian emails to request a conversation.
3. Coach and family meet privately at a scheduled time.
4. If the concern remains unresolved, program leadership may be included.

We will listen to concerns. We will not argue in front of players, confront coaches after games, or discuss another athlete's role, discipline, or playing time.

Player Code of Conduct

At Practice

- Arrive on time, dressed correctly, and ready to work.
- Bring required equipment and water.
- Listen when coaches are teaching. No talking over coaches or distracting teammates.
- Give consistent effort in drills, conditioning, competition, and team activities.
- Encourage teammates and accept coaching without disrespectful body language or arguing.
- No bullying, hazing, fighting, threatening language, or inappropriate comments.
- No profanity directed at teammates, coaches, staff, parents, or opponents.
- Phones should be put away unless a coach gives permission.
- Help take care of the gym, balls, equipment, benches, and locker-room areas.

At Games & Tournaments

- Arrive at the team-designated report time and be fully prepared.
- Stay engaged whether you are on the floor or on the bench.
- Support teammates. No negative bench behavior, pouting, or disrespect after substitutions.
- Do not argue with officials, opponents, coaches, or spectators.
- No taunting, fighting, threatening behavior, or unsportsmanlike conduct.
- Shake hands and represent H-Town Supreme with class regardless of the result.
- Remain with the team until dismissed by the coach.
- Players should communicate directly with coaches when they have questions about their role or development.

Playing Time & Roles

Playing time is not guaranteed and may vary based on attendance, effort, attitude, matchup, execution, team needs, development, and coach evaluation. A player's role can grow, decrease, or change throughout the season.

Attendance

Consistent attendance is part of development and team commitment. Athletes who repeatedly miss practices, games, or team activities without communication may have their role, playing time, or team status adjusted.

Parent & Guardian Code of Conduct

At Practice

- Allow coaches to run practice without interruption.
- Do not coach from the sideline, baseline, doorway, or stands.
- Do not enter the court or team area unless invited by a coach or staff member.
- Do not criticize an athlete, coach, or another family during practice.
- Keep conversations around the gym positive and appropriate for youth athletes.
- If you have a concern, use the communication process rather than addressing it during practice.

At Games & Tournaments

- Cheer for our players; do not coach them from the stands.
- Do not confront or verbally abuse officials.
- Do not argue with opposing coaches, players, or spectators.
- Do not approach the bench during games unless there is an emergency.
- Do not criticize coaching decisions, substitutions, or players during the game.
- Follow the 24-hour rule before discussing basketball-related concerns after competition.
- Model the composure and sportsmanship we expect from our athletes.

Sideline Coaching

Players cannot successfully follow two coaches at once. Parents should encourage effort, confidence, and teamwork, while allowing the team coach to give basketball instruction. Conflicting instructions create confusion and can hurt player development.

Officials

Referees will make mistakes just as players and coaches do. Parents and players are expected to let coaches communicate with officials. Persistent yelling, profanity, threats, or aggressive behavior toward officials may result in removal from the gym or additional program consequences.

Program Standards & Expectations

Fall Ball & Scheduling

Fall Ball is a development season. H-Town Supreme does not promise games every weekend. Families should follow the official schedule provided by the program. Schedule changes may occur when needed to protect competitive balance, athlete development, facility availability, or the overall quality of the experience.

Our goal is to find appropriate competition. We will avoid unnecessary age and grade disparities when possible and may pivot between leagues and tournaments when a different format gives our athletes a better developmental opportunity.

Team Placement

Players may be placed, moved, combined, or evaluated across teams based on development, roster needs, attendance, competitive level, position, and what program leadership believes is best for the athlete and team.

Fees & Eligibility

Program fees, commitment fees, uniforms, tournament costs, and other financial requirements must be kept current according to the terms communicated by the program. Participation, uniform distribution, or team access may be affected when required balances are not current.

Social Media & Group Chats

- Do not post attacks, threats, or disrespectful comments about players, coaches, officials, opponents, or families.
- Do not use team group chats to publicly challenge coaching decisions or discuss individual player issues.
- Protect the privacy of minors and use good judgment when posting photos, video, or personal information.
- Bring concerns directly to the program instead of creating conflict online.

Safety & Respect

- No fighting, threats, weapons, drugs, alcohol, or unsafe conduct at team activities.
- Harassment, discrimination, bullying, hazing, or retaliation are not acceptable.
- Parents must arrange timely pickup and communicate any transportation changes.
- Athletes should report injuries, illness, or safety concerns to a coach or parent promptly.

Accountability & Consequences

Our goal is always to correct behavior, protect the team environment, and help young people grow. Consequences will depend on the seriousness, frequency, and impact of the behavior.

Possible Response	Examples
Conversation / Warning	Minor first-time issues, clarification, reset of expectations
Parent Contact / Meeting	Repeated behavior, attendance issues, disrespect, communication concerns
Reduced Role / Playing Time	Poor attendance, repeated conduct issues, failure to meet team standards
Temporary Suspension	Serious or repeated misconduct, fighting, abusive behavior, major team disruption
Removal From Program	Severe misconduct, threats, violence, repeated violations, conduct that endangers others or the program

Program leadership reserves the right to respond to situations not specifically listed in this handbook when necessary to protect athletes, staff, families, facilities, or the integrity of H-Town Supreme.

Our Family Standard

Players compete. Coaches coach. Parents support. Leadership communicates.

When we stay in our roles and communicate with respect, our athletes receive the best opportunity to develop.

Parent & Player Agreement

By signing below, we confirm that we have reviewed the H-Town Supreme Parent & Player Handbook and agree to support the standards, communication process, codes of conduct, 24-hour postgame rule, and expectations described in this document.

- ☐ We understand that playing time is not guaranteed.
- ☐ We understand and agree to the 24-hour postgame communication rule.
- ☐ We agree that parents will not coach from the sideline or confront coaches/officials after games.
- ☐ We agree to communicate absences, concerns, and questions appropriately.
- ☐ We agree to represent H-Town Supreme with respect at practices, games, tournaments, and online.
- ☐ We understand that violations may result in consequences up to and including removal from the program.

Player Name: _____

Team / Grade: _____

Parent/Guardian Name: _____

Parent/Guardian Signature: _____

Player Signature: _____

Date: _____

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