

**TENTH ANNUAL PLANK REGATTA
&
ILCA DISTRICT 10 CHAMPIONSHIPS
SAILING INSTRUCTIONS
JUNE 11&12, 2022**

• **RULES**

- 1.1 The regattas will be governed by The Racing Rules of Sailing 2021-2024 and the ILCA class rules. Participants in the District 10 Championships must be ILCA-NA members.
- 1.2 The sailing instructions may be modified verbally on the water.
- 1.3 Appendix V, Alternative Penalties, will be in effect.

• **NOTICE TO COMPETITORS**

- 2.1 Notices will be placed on the notice board, the location of which will be discussed At the Competitors' Meeting.
- 2.2 There will be a Competitors' Meeting at 10:00 AM on June 11, 2022.

• **CHANGES TO THE SAILING INSTRUCTIONS**

- 3.1 Any changes to the sailing instructions will be posted not less than 30 minutes prior to the first race of the day.

4. SCHEDULE OF RACES

- 4.1 There will be two days of racing with six (6) races planned on the first day and and three (3) races planned on the second. If five (5) or more races are sailed, a drop will be allowed after the fifth race. One race will constitute a regatta.

- 4.2 The days' schedules will be:

JUNE 11	08:00-09:45	Breakfast & Registration
	10:00	Competitors' Meeting
	10:30	First Warning Signal
	10:30-16:00	Racing (No signal past 16:30)
	TBD	Post race bar, food, & awards
JUNE 12	10:30	First Warning Signal
	10:30- 13:30	Racing (No signal past 15:00)
	TBD	Post race bar, food, & awards

5. CODE FLAGS AND ORDER OF STARTS

- 5.1 Class flag/signal assignments will be made at the competitors' meeting.

5.2 Order of starts will be made at the competitors' meeting.

6. SIGNALS MADE ASHORE

- 6.1 Signals made ashore will be displayed from the lower deck flagpole of the SAYC clubhouse.
- 6.2 Code Flag AP (Answering Pennant) with two horns= race postponed. DO NOT LEAVE THE HARBOR AREA. Time of the next start will be posted prior to the lowering of the AP with one horn.
- 6.3 Code Flag L with one horn means a message to competitors has been posted on the message board.
- 6.4 Code Flag N along with Code Flag A with three horns means races are abandoned for the day.

7. RACING AREA AND COURSES

- 7.1 The racing area will be determined by weather and wave conditions and will be the upper Barnegat Bay (Green Island Course) or Kettle Creek. Announcements will be made at the competitors' meeting or on the water.
- 7.2 Courses sailed may be Triangle (T), Windward/Leeward (W), Olympic (O), or Gold Cup (G). Course selection and number of legs to be sailed will be posted on a white board at the transom of the committee boat.
- 7.3 If the letter "S" precedes the number of legs the Windward Mark is the Short Mark.

8. MARKS

- 8.1 Rounding marks will be announced at the competitors' meeting.
- 8.2 Start and finish marks will be announced at the competitors' meeting.

9. STARTS

9.1 Starting Signals shall be made in accordance with the RRS Appendix U- Sound Signal Starting System, modified as follows:

- Warning Horn: multiple blasts. 4 minutes
- 3 minutes: 3 long blasts
- 2 minutes: 2 long blasts
- 1 minute: 1 long blast
- 30 seconds: 3 short blasts
- 20 seconds: 2 short blasts
- 10 seconds: 1 short blast
- START: 1 long blast

9.2 ILCA 7, ILCA 6, and ILCA 4 fleets (Standard, Radial, 4.7) will have their own starts designated by a flag or shape assigned at the competitors' meeting.

10. RECALLS

- 10.1 A boat's recall number shall be the last four(4) digits of her sail number.
- 10.2 Individual recalls will be signaled by displaying Code Flag X with one (1) horn. The race committee may attempt to hail OCS boats, but failure to hail, the order of hail, or failure to hear the hail shall not be grounds for redress. This changes the RRS rules 41 and 62.1.

- 10.3 The “First Substitute” Flag followed by two (2) horns will signal a General Recall. A new warning signal (4 minutes) will be sounded one (1) minute after lowering the “First Substitute.”

11. CHANGE OF COURSE AFTER START

- 11.1 The race committee may shorten or abandon a race in accordance with RRS 32.
11.2 If an abandoned race is to be restarted, a new warning signal (4 minutes) will be made one (1) minute after lowering Code Flag N with one (1) horn.
11.3 Failure to abandon a race shall not be grounds for protest or redress.
11.4 The race committee may change the direction or length of any leg of the course in accordance with RRS rule 33.

12. FINISHING

- 12.1 The finish will be between the staff holding a red/orange flag or shape on the committee boat and a mark designated at the competitors’ meeting.

13. LIMITS

- 13.1 The lead boat in a fleet shall complete the course in one and a half (1.5) hours. Boats failing to finish within thirty (40) minutes of the lead boat shall be scored DNF.

14. SCORING

- 14.1 The regattas will be scored as per Appendix A of the RRS with the Low Point System.

15. PROTESTS

- 15.1 Protests will be handled in compliance with the RRS 61. **COMPETITORS WISHING TO PROTEST MUST NOTIFY THE RACE COMMITTEE AT THE FINISH LINE OF THEIR INTENT TO PROTEST.**
15.2 After docking, the race committee will post on the notice board all sail Numbers of boats protesting and being protested.
15.3 Written protests must be filed on the official protest form with a race committee representative within one (1) hour of the race committee boat docking at the conclusion of the races. Protest forms will be available with the race committee.
15.4 It is the responsibility of every competitor to check the message board for protests at the conclusion of the races. All competitors protesting/being protested must report to the race committee no later than fifteen (15) minutes from the end of the protest period to determine when and where the protest will be heard. Failure to report will permit the judges to hear and rule on the protest in the absence of those competitors.

16. SAFETY

- 16.1 All boats will carry safety equipment as required by class rules.
16.2 Competitors participate in a regatta at their own risk, per RRS 3 Decision to Race. It is the personal responsibility of each competitor to determine their safety level. If a competitor is doubtful about their ability to handle conditions safely, it is

their decision only to continue to sail or retire. The organizing authority will not accept responsibility for property damage, personal injury, illness, or death sustained in conjunction with, prior to, during, or after the regatta.

- 16.3 If the race committee decides weather conditions make it advisable to discontinue a race in progress, such race may be abandoned. The race committee or patrol boat will display Code Flags N over H accompanied by three (3) horns. All boats should then head to SAYC or the nearest safe-haven. Further instructions/signals will be given ashore.

GOOD TIMES AND GOOD LUCK!