




# CENTRAL QUEENSLAND HOMELESSNESS VULNERABILITY SNAPSHOT

## SEPTEMBER 2025

CQ Zero aims to end homelessness and rough sleeping within Central Queensland through a coordinated, collaborative and person-centred approach.

Between December 2024 and September 2025, a total of 111 individuals and/or families completed the Australian Homelessness Vulnerability Triage Tool (AHVTT).

The data provides valuable information on people's needs, assists in triaging the most vulnerable, and advocating for systems change.

Population	Group Types	Demographics	Homeless History
 <p><b>98 Adults</b> <b>13 Children</b></p>	 <p>Families - <b>6</b> Individuals - <b>55</b> Youth - <b>42</b></p>	<p><b>46%</b> First Nations Identifying</p>  <p>Female - <b>38%</b> Male - <b>60%</b> Other - <b>2%</b></p>	<p><b>2Y 2M</b> Average time homeless</p> <p><b>27Y</b> Longest time homeless</p>

<p><b>ROUGH SLEEPING 32%</b> of individuals/families were sleeping rough, meaning they are sleeping on the streets, cars, and parks</p>	<p><b>TEMPORARY ACCOMMODATION 68%</b> of individuals/families were residing in crisis accommodation or hotels</p>
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### Safety

- 61%** experienced violence in the past year
- 48%** thought about hurting themselves
- 35%** do not feel safe where they sleep

### Daily Needs

- 26%** do not have access to food and water
- 44%** do not have money to take care of daily needs
- 50%** do not have people they can rely upon or care about them


### Health




**83%** experienced at least one health, mental health or substance use issue 

<b>80%</b> have a diagnosed mental health condition	<b>48%</b> have serious ongoing health issues	<b>COMMON HEALTH ISSUES</b>	For those with a diagnosed mental or physical health condition:
<b>51%</b> have a brain injury or traumatic head injury	<b>40%</b> regularly use substances like drugs or alcohol		

- **43%** have anxiety
- **30%** have clinical depression
- **20%** have PTSD
- **20%** have asthma
- **16%** have heart related diseases/issues
- **14%** have diabetes



### Health System Usage

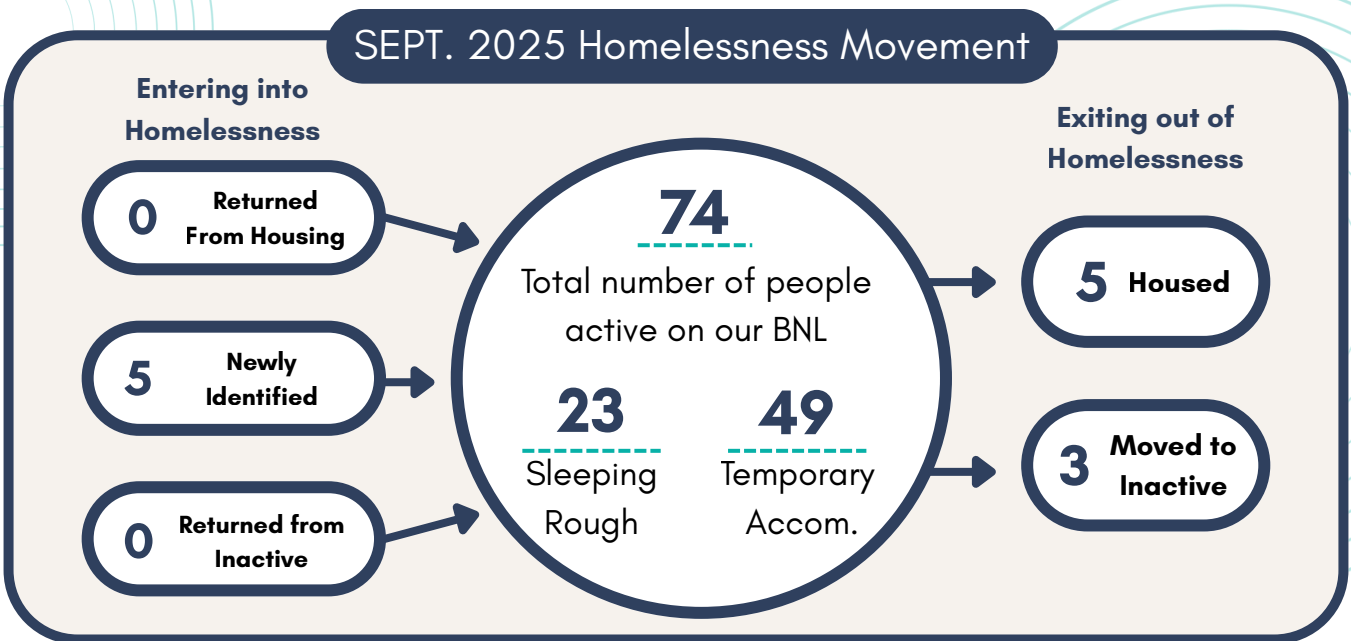
**38%** were high health service system users 

 <p><b>21%</b> were taken in an ambulance to the hospital 5 or more times in the past year</p>	 <p><b>28%</b> went to the emergency department 5 or more times in the past year</p>	 <p><b>17%</b> were admitted to hospital for 5 or more nights in the past year</p>
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# CENTRAL QUEENSLAND ROUGH SLEEPER SNAPSHOT SEPTEMBER 2025



Population	Group Types	Demographics	Homeless History
 <b>98 Adults</b> <b>13 Children</b>	 Families - <b>6</b> Individuals - <b>55</b> Youth - <b>42</b>	<b>46%</b> First Nations Identifying Female - <b>38%</b> Male - <b>60%</b> Other - <b>2%</b>	<b>2Y 2M</b> Average time homeless <b>27Y</b> Longest time homeless



### Additional Data

**45%** do not seek medical help when unwell

**33%** do not have access to a shower when they need it

**34%** have lived in foster care and/or out of home care

**39%** faced discrimination when trying to access services

**57%** have never had a tenancy or house in their own name

**52%** have a moderate complexity support need

