

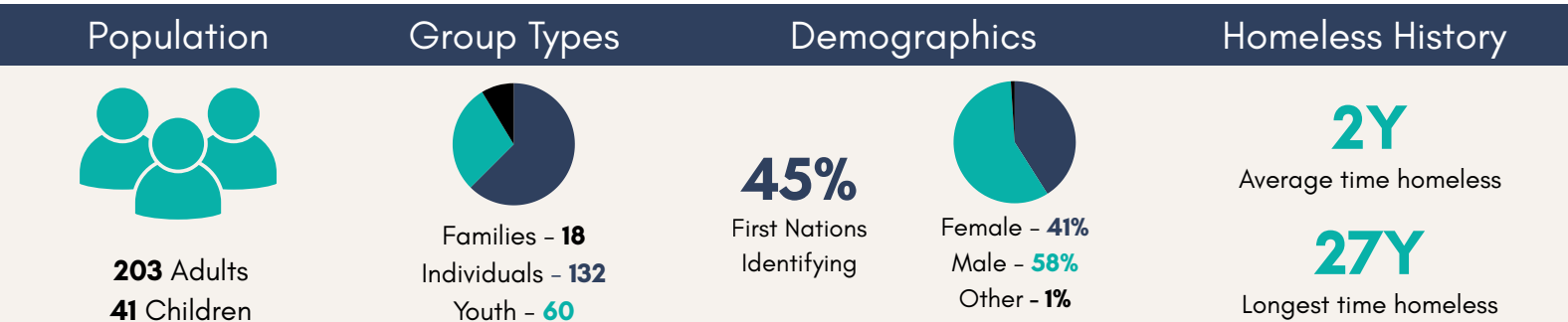
CENTRAL QUEENSLAND HOMELESSNESS VULNERABILITY SNAPSHOT

MAY 2026

CQ Zero is a data driven, coordinated response to ending homelessness within Central Queensland.

CQ Zero has been in operation since December 2024 and since then has identified over 250 individuals experiencing homelessness within the region.

The data collected provides valuable information on people's needs, assists in triaging the most vulnerable, and helps advocate for systems change.



ROUGH SLEEPING 43% of individuals/families were sleeping rough, meaning they are sleeping on the streets, cars, and parks	TEMPORARY ACCOMMODATION 57% of individuals/families were residing in crisis accommodation or hotels
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Safety

59% experienced violence in the past year

43% thought about hurting themselves

38% do not feel safe where they sleep

Daily Needs

26% do not have access to food and water

47% do not have money to take care of daily needs

49% do not have people they can rely upon or care about them

Health System Usage

41% were high health service system users



23% were taken in an ambulance to the hospital 5 or more times in the past year



32% went to the emergency department 5 or more times in the past year



22% were admitted to hospital for 5 or more nights in the past year

Health

82% experienced at least one health, mental health or substance use issue



58% have a diagnosed mental health condition

23% have a brain injury or traumatic head injury

45% have serious ongoing health issues

50% regularly use substances like drugs or alcohol

COMMON HEALTH ISSUES

Out of those with a diagnosed mental or physical health condition:

- **55%** have anxiety
- **39%** have clinical depression
- **34%** have PTSD
- **27%** have asthma
- **18%** have heart related diseases/issues
- **17%** have dental problems

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MAY 2026

Population



203 Adults
41 Children

Group Types



Families - **18**
Individuals - **132**
Youth - **60**

Demographics

45%

First Nations
Identifying



Female - **41%**
Male - **58%**
Other - **1%**

Homeless History

2Y

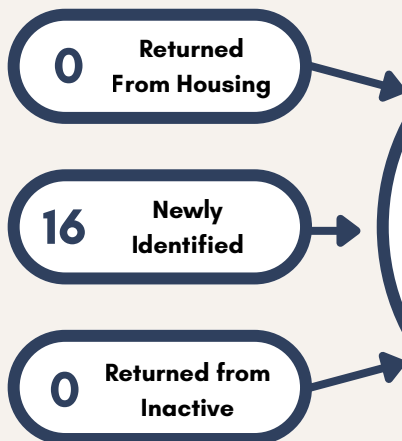
Average time homeless

27Y

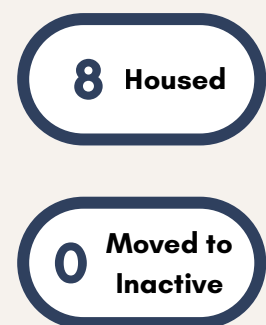
Longest time homeless

MAY 2026 Homelessness Movement

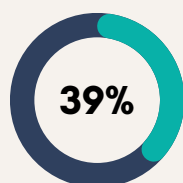
Entering into Homelessness



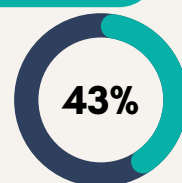
Exiting out of Homelessness



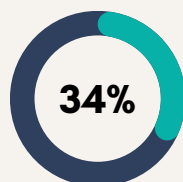
Additional Data



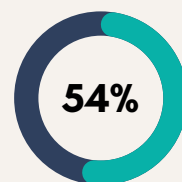
do not seek medical help
when unwell



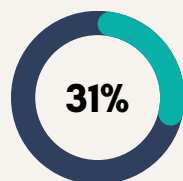
faced discrimination when
trying to access services



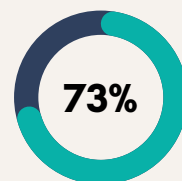
do not have access to a
shower when they need it



have never had a tenancy
or house in their own name



have lived in foster care
and/or out of home care



have a *moderate*
complexity support need