

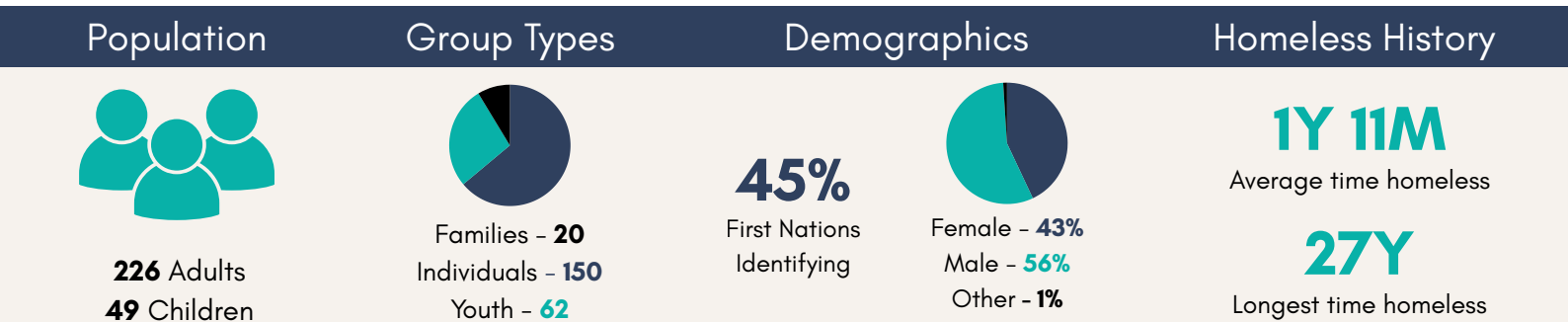
CENTRAL QUEENSLAND HOMELESSNESS VULNERABILITY SNAPSHOT

JULY 2026

CQ Zero is a data driven, coordinated response to ending homelessness within Central Queensland.

CQ Zero has been in operation since December 2024 and since then has identified over 250 individuals experiencing homelessness within the region.

The data collected provides valuable information on people's needs, assists in triaging the most vulnerable, and helps advocate for systems change.



ROUGH SLEEPING 47%	of individuals/families were sleeping rough, meaning they are sleeping on the streets, cars, and parks	TEMPORARY ACCOMMODATION 53%	of individuals/families were residing in crisis accommodation or hotels
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Safety

60% experienced violence in the past year

42% thought about hurting themselves

40% do not feel safe where they sleep

Daily Needs

27% do not have access to food and water

46% do not have money to take care of daily needs

50% do not have people they can rely upon or care about them

Health System Usage

41% were high health service system users



24% were taken in an ambulance to the hospital 5 or more times in the past year



32% went to the emergency department 5 or more times in the past year



23% were admitted to hospital for 5 or more nights in the past year

Health

84% experienced at least one health, mental health or substance use issue



61% have a diagnosed mental health condition

24% have a brain injury or traumatic head injury

47% have serious ongoing health issues

50% regularly use substances like drugs or alcohol

COMMON HEALTH ISSUES

Out of those with a diagnosed mental or physical health condition:

- 55%** have anxiety
- 40%** have clinical depression
- 34%** have PTSD
- 25%** have asthma
- 21%** have dental problems
- 18%** have heart related diseases/issues

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Population



226 Adults
49 Children

Group Types

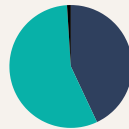


Families – **20**
Individuals – **150**
Youth – **62**

Demographics

45%

First Nations
Identifying



Female – **43%**
Male – **56%**
Other – **1%**

Homeless History

1Y 11M

Average time homeless

27Y

Longest time homeless

JULY 2026 Homelessness Movement

Entering into Homelessness

0

Returned
From Housing

17

Newly
Identified

0

Returned from
Inactive

131

Total number of people
active on our BNL

61

Sleeping
Rough

70

Temporary
Accom.

Exiting out of Homelessness

1

Housed

2

Moved to
Inactive

Additional Data

39%

do not seek medical help
when unwell

42%

faced discrimination when
trying to access services

35%

do not have access to a
shower when they need it

52%

have never had a tenancy
or house in their own name

31%

have lived in foster care
and/or out of home care

75%

have a *moderate*
complexity support need