

# Waiver and Hold Harmless Release of Liability and Medical Consent

In consideration for my membership as a Player in the Club and my participation in Club practices, games, and recognized or sanctioned events, I agree to the following:

**Waiver and Release:** I am fully aware of and appreciate the risks, including the risk of catastrophic injury, paralysis and even death, as well as other damages and losses, associated with participation in a lacrosse event. I further agree on behalf of myself, my heirs, and personal representatives, that the Club, the host organization, and sponsors of any Club recognized or sanctioned event, along with coaches, officials, referees, umpires, volunteers, employees, agents, officers, and directors of these organizations, shall not be liable for any injury, loss of life or other loss or damage occurring as a result of my participation in the event. I understand this waiver includes any claims based upon negligence, action or inaction of any of the above parties.

**Medical Attention:** I hereby give my consent to the Club and the host organization of any Club recognized or sanctioned event to provide, through a medical staff of its choice, customary medical/athletic training attention, transportation and emergency medical services as warranted in the course of my participation in the Club recognized or sanctioned events.

**Readiness to Compete:** I will only participate in those Club competitions or activities in which I believe I am physically and psychologically prepared to participate.

**Code of Conduct:** I will read and sign the separate Code of Conduct which outlines my responsibilities.