

# PICKIN' POST

The official publication of The Louisville Bluegrass Music Association

Spring 2018 issue 64



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- Corydon’s Bluegrass On the Square
- Music Therapy for the Body and Soul
- Noteable Notes

....and much more

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## Berk Bryant, the “Country Gentleman” signing off from WFPK after 30 years of hosting “Sunday Night Bluegrass”

Louisville Public Media will be hosting a celebration and live broadcast in honor of Sunday Bluegrass host “The Country Gentleman Berk Bryant” on Sunday, March 11 at the Kentucky Derby Museum from 7 to 11 p.m.

Bryant is retiring after 30 years of hosting the “shortest, fastest and bestest three hours of radio” on 91.9 WFPK.

The evening will include live performances by Leroy Troy, Whiskey Bent Valley Boys, and Ma Crow and the Lady Slippers. Light refreshments and a cash bar will also be available. Churchill Downs Racetrack is undergoing parking lot construction. Parking for the Kentucky Derby Museum will be at the gravel lot located at Fourth Street and Central Avenue, just to the left of Wagner’s, with circulating free shuttle service to and from the Museum. Admission to the event is free, though donations to 91.9 WFPK will be accepted at the door. Attendees can RSVP on the WFPK website.

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**“A painter paints  
pictures on canvas,  
but musicians paint  
their pictures on  
silence.”**

**- Leopold Stokowski**

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# JOHN HARTFORD 8 MEMORIAL FESTIVAL

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DAROL ANGER - ARTIST AT LARGE

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# Bluegrass on the Square a Corydon ~ an Indiana Tradition

by April Clark

It started with an idea, "Let's bring people to downtown Corydon for a relaxing afternoon of musical pleasure with the best bluegrass bands in Kentucky". And so, in June 2003, the Bluegrass on the Square concert series began. Local pickers, Stillwater from Mauckport Indiana and Storefront Congregation from Scottsburg, were the first bands to play. Now entering its 16<sup>th</sup> year, the concert series has hosted many of the region's best known bands.



Balsam Range

Photo courtesy of CBOTS

Crowd favorites Hog Operation, Storefront Congregation, Relic, and Michael Cleveland & Flamekeeper are just some of the bands that have entertained thousands of fans throughout the years. Variety is key to keeping the concert series popular. You are sure to hear Bluegrass Gospel, traditional Bluegrass, "newgrass", and some of the best mandolin and violin playing you have ever heard. Bring your lawn chairs or blankets and arrive early to get a good spot, browse our shops and attractions, grab a bite to eat or a sweet treat and enjoy our quaint downtown before the show. Join us for some of the best bluegrass bands in the region the fourth Saturday in June, July and August. The show is from 4:00 – 8:00 pm and free to attend! To find out more on the Bluegrass on the Square concert series and the performers visit [www.thisisindiana.org](http://www.thisisindiana.org) or our Facebook page Bluegrass on the Square.



Awesome summer crowd !!

Photo courtesy of CBOTS



The Boxcars

Photo courtesy of CBOTS

Metro Councilmembers Vicki Welch (District 13),  
Cindi Fowler (District 14), and David Yates (District 25) present...



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# Music Therapy for the Body and Soul

by *Menissa Marshall*



L-R Dave Shattuck, Brian Schreck, Roger Slusher

Photo courtesy of Sonya Cotton

Dave Shattuck and Roger Slusher have a lot in common. Both are talented musicians. Both play the guitar. Both love music, especially Bluegrass and country. Both have cancer (Dave of the lung, Roger of the prostate). When the two met during chemotherapy at Norton Cancer Institute, the talk soon turned to music. Shattuck and his beloved partner Sonya Cotton (who plays bass fiddle) often brought their instruments in to pass the time during Dave's treatments. Slusher had been enjoying playing his guitar during "chemo time" so staff arranged for the musicians to get their treatments at the same

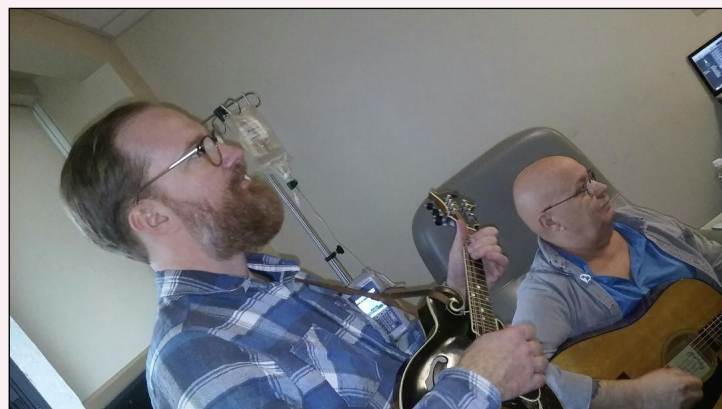
time. To the delight of patients and staff the impromptu Infusion String Band was born. Brian Schreck, a board certified music therapist, sometimes joined the group as well. Schreck, who is part of the institute's expert care team, makes rounds using a guitar, ukulele, or tambourine instead of a thermometer or blood pressure cuff. As patients chat, listen to music, or play an instrument (no experience required) Schreck assesses their needs. He then develops individual music therapy plans to support each person's clinical care. "Music has incredible power to connect with people," Schreck said. "Music therapy uses evidence-based approaches to bring together medicine's compassionate and clinical sides."

## Leading cancer centers tap power of music therapy

Norton Cancer Institute joins many major cancer centers around the nation in using music as a therapeutic tool. Top ranked cancer centers — such as MD Anderson, Memorial Sloan Kettering, and others — use music therapy as a key part of their integrative medicine programs. "It's important for people in our community to have access to this type of innovative and comprehensive cancer care close to home," Schreck said. Research shows that when music therapy is used with conventional cancer treatments it can help improve both emotional and physical well-being.

## Music's gifts

While each of us can experience music in a very personal way, many people find that music therapy can help reduce stress and increase feelings of relaxation, calm, and pleasure, ease fear and anxiety, minimize discomfort or the perception of pain, lessen feelings of isolation and loneliness and give patients and caregivers a way to share time in a positive, meaningful way. Shattuck and Slusher can vouch for these benefits. They invited other local musicians to join them on December 29, 2017 for a final jam session to mark their last chemo treatments. As family and friends celebrated the hope of a new year they enjoyed the precious gift of singing a few old favorite songs. They tapped their toes, clapped their hands, smiled ... and even wiped away a tear or two.



L-R Dave Howard, Dave Shattuck

Photo courtesy of Sonya Cotton

## Noteable



- Ashlyn Smith won the AG Credit youth Bluegrass Guitar contest on January 26 at the Kentucky Bluegrass Music Kickoff Festival in Lebanon, KY. She won two medals and \$50.00 dollars cash prize. She also came in 2nd in the youth Mandolin contest. (Proud member of Tomorrow's Bluegrass Stars, BG Anonymous, and IBMA.)
- Thank you to Billy Hardison and the folks at Production Simple for donating three sets of ticket pairs to Bluegrass Anonymous for the Infamous Stringdusters show with Horseshoes & Hand Grenades at Headliners on February 7. The tickets were up for grabs on the Bluegrass Anonymous website. Lucky winners were Matt Knight, Ashlyn Smith, and Rick Jones.
- Janice Pohlman is the winner of an almost new released Ida Clare CD and a BA Bumper Sticker for finding the banjo pickin' snowman in the December 2017 issue of the Pickin' Post. If you couldn't find him, he was on the bottom of the Music-Go-Round ad! Congrats to Janice.
- Aaron Bibelhauser will be taking over the DJ spot for WFPK's Sunday Night Bluegrass radio show upon Berk Bryant's retirement. BA fans and members are still encouraged to include donations with their membership to help sponsor Sunday Night Bluegrass.

- The Kentucky Fried Pickin' end of winter indoor hotel jam festival will take place on March 16-17 at the Holiday Inn Riverfront Owensboro. Everyone and anyone is welcome. Call the Holiday Inn at 270-683-1111 to make your room reservations.
- Dave Howard, purveyor of the Louisville Folk School will be hosting a Wernick Method Jam Camp at the International Bluegrass Music Museum in Owensboro on March 16-18. Work on your skills at the workshop and then head over to the Holiday Inn to try them out!
- The annual Hosparus Bluegrass Festival at the Rough River Lodge and State Park is set for Friday and Saturday, April 6 & 7, 2018. There will be some live auctions, a silent auctions the week leading up to the festival to help raise extra funds for Hosparus. More information can be found at the Rough River Dam State Resort Park website or by calling 270-257-2311

**IF YOU HAVE OTHER NOTEABLE NEWS FOR THE PICKIN POST  
PLEASE EMAIL US AT LOUISVILLEBG@GMAIL.COM**

**WE ALSO INVITE YOU TO SHARE ANY STORIES, ARTICLES OR  
INFORMATION THAT YOU WOULD LIKE  
TO SEE IN THE PICKIN POST**



In the early 1970s "Fox on the Run" was among the most requested bluegrass songs. Along with "Rocky Top," a bluegrass band could scarcely play a show without fans yelling for "Rocky Top" or "Fox on the Run." The song was written in 1968 by an Englishman named Tony Hazzard and first recorded as a rock song by Manfred Mann in February, 1969. The first bluegrass band to record it was Cliff Waldren and the New Shades of Grass. Listening to this bluegrass recording, a lot of people were puzzled by one line of the lyrics that sounded like Cliff was singing "I illustrate a girl." Of course, nobody had a clue what Cliff was singing about. Relief came in 1970 when "Fox on the Run" was recorded by the Country Gentlemen. The lead singer, Charlie Waller, clearly sang "I see a string of girls," which made a lot more sense than "I illustrate" a girl, so that's how most bluegrass bands sang it. About twenty years ago I received an email message from Cliff Waldren, who contacted me about playing his new CD on my "Country Roots" bluegrass radio show. Armed with Cliff's email address, I seized the opportunity to get to the bottom of the "illustrate a girl" question that had been bugging me for years. Here's what I wrote to Cliff:

"Hi Cliff: While I've got you on the line, I have a question that's been burning a hole in my mind for almost 30 years. On the second line of the 2nd verse of your early recording of Fox on the Run, you seem to be singing "I illustrate a girl." What, pray tell, are you singing?"

Here is Cliff's response.

"Hi Wayne, Regarding your question about THE FOX! My partner in music at that time Bill Emerson gave me the words to "Fox On The Run." You heard right that is what I'm saying. I wanted to change that part of the song because it didn't make any sense to me. So later, after Bill went with the Country Gent's I started saying I see a string of girls and that's what Charlie Waller is saying in their version. It was very hard to understand what Mannford Mann was saying on the original recording. But, several years later a good friend of mine told me the correct words was "I illustrate a girl." Believe me that has haunted me for the past 30 some years. I wish there was some way I could fix it but, I can't so, I'll just have to live with it. I'll have to say, I learned a good lesson since then I've tried to make sure the words are right and I try and say them where folks can understand what I'm saying.

Take care,  
Cliff"

With some digging, I found Tony Hazzard's original lyrics. Note: The verse with the asterick was written by Tony much later than the original lyrics that were recorded by Manford Mann.

## FOX ON THE RUN

Now everybody knows the reason for The Fall,  
When woman tempted man in Paradise's hall.  
This woman, she tempted me and she took me for a ride,  
And, like the weary fox, I need a place to hide.

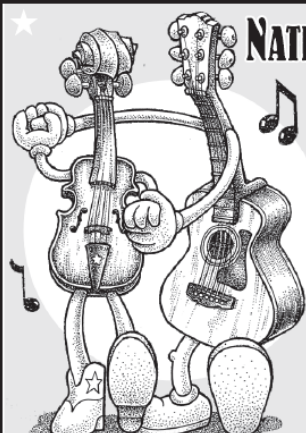
She walked through the corn leading down to the river,  
Her hair shone like gold in the hot morning sun.  
She took all the love that a poor man could give her  
And left him to die like a fox on the run.

\*It was many years ago, but it feels like yesterday,  
When she led me through the corn on that fateful summer day.  
I saw the sunlight in her hair; I saw the promise in her eyes;  
And I didn't even care that her words of love were lies.

Come raise your glass of wine and fortify your soul;  
We'll talk about the world and the friends we used to know.  
I'll illustrate a girl who wandered through my past.  
She didn't care to stay; the picture cannot last.

+++++

Wayne Erbsen has been chasing songs and their background histories for close to fifty years. He has written over thirty song and instruction books for bluegrass and clawhammer banjo, fiddle, mandolin, guitar, and ukulele. He claims he can teach even a frog to play. See for yourself by visiting [www.nativeground.com](http://www.nativeground.com)



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## NEW AND RENEWING MEMBERS

Welcome to our newest members:

Steve Logsdon: Shepherdsville, KY

George Zimmerman: Foley, AL  
(New member # 1,259!)

Many thanks to the following renewing members, for their continued support of BA and its mission:

Jim Allen: Louisville, KY

Tony & Joy Baker: Louisville, KY

Phil Eaton: Fairdale, KY

Jeannie & Charlie Ford: Louisville, KY

Kenny & Genie Lee: Louisville, KY

Nancy & Steve Leffler: Louisville, KY

\* Included donation for Sunday Night Bluegrass every Sunday, 8-11 pm ET, 91.9 FM, WFPK.org

## Pickin' Post

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BLUEGRASS ANONYMOUS  
*The Louisville Bluegrass Music Association*

**Mission Statement:** *Bluegrass Anonymous, the Louisville Bluegrass Music Association, is dedicated to promoting and supporting bluegrass music, preserving its tradition, and nurturing its growth by providing opportunities for pickin', singin', and listenin'.*

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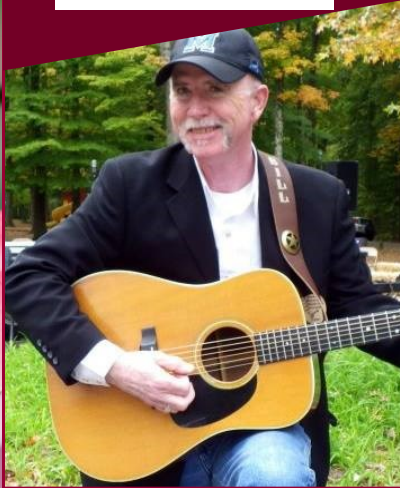
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