



Baseball Coach Pitch (6-7 yrs)

Goal: To teach the players the basic rules and techniques of baseball. And to have fun!

1. 10 players on defense. A pitcher, catcher, 4 infielders & 4 outfielders.
2. Everyone bats in the lineup. If one team has more players, the other team will bat the same amount of players.
3. Ball used- SAFETY Soft- (same as T-ball).
4. Coach pitcher will determine from where to pitch the ball from, and how hard with each batter.
5. No walks.
6. Game length: 75 minutes
7. Every batter is allowed 5 pitches. If the batter fouls off the fifth pitch, the batter remains at bat. The batter remains at bat with every fouled off pitch.
8. Innings: 5 runs per inning or 3 outs. Continuation of runners will be in effect, so a maximum of 8 runs may occur.
9. Hit by pitch: counts as a ball, unless the batter swings.
10. Base running: No stealing, runners may not lead off the base once the ball leaves the pitcher's hand.
 - a. Overthrows: Runners may advance only one base on an overthrow. (i.e. catcher throws to pitcher and pitcher misses the ball)
 - b. Advancing the runner during a play: The runner may go as far as they can until the ball is dead. (i.e. batter hits the ball and defense throws to first base & he/she misses the ball)
 - c. "Dead ball" is determined by the umpire. The play is considered "dead" when the pitcher has the ball in the proximity of the pitching circle. Unless marked the pitching circle is determined by the umpire.

- d. If a “Dead Ball” is called by the umpire, runners who are less than half way between bases must return to the base. Please be compliant if you are asked to return to a base.
11. Bunting is not allowed.
12. Coaches must stay inside the dugout during defensive play.
13. Background checks must be completed on any Coach/Assistant Coach/Base Coach prior to the start of the season or the team will not be scheduled for games.
14. Bullying: Little League has zero tolerance for any type of abuse against a minor, including, but not limited to, sexual abuse, physical abuse, mental, and emotional abuse (as well as any type of bullying, hazing, or harassment). Any individual with an offense involving or against a minor (refer to Volunteer Application), will not be permitted to participate in any Little League programs or activities.
15. Base coaches: You may have base coaches on the 1st and 3rd base sidelines during offensive play. Base coaches must stay inside the base coach box which is 6 ft off the baseline. You must have a coach inside the dugout at all times (i.e. Coach in dugout, Coach on 3rd baseline and player with helmet on 1st base line). All coaches on the field must have had a background check.
16. Coaches will pitch for their team only, unless agreed upon with the umpires prior to the game. Player-Pitchers will remain on the field playing defense.
17. Coach-pitchers may not interfere with the defensive play if the ball is thrown or hit.
18. No quick-pitches from the coach-pitcher. They must ensure the defense is ready prior to pitching. If an umpire determines a coach-pitcher throws a quick-pitch, they will call “no pitch” and the play will be restarted.
19. If a coach-pitcher is hit with a batted ball after delivering a pitch, the ball is considered dead. The batter is awarded first base and all runners may advance one base only. Coach-pitchers will try their best to avoid being struck with a hit ball.
20. Players provide their own glove. Tennis shoes are approved. No metal spikes, sandals or flip flops.
21. Little League SOP’s- one minute between innings. Hustle in, hustle out.