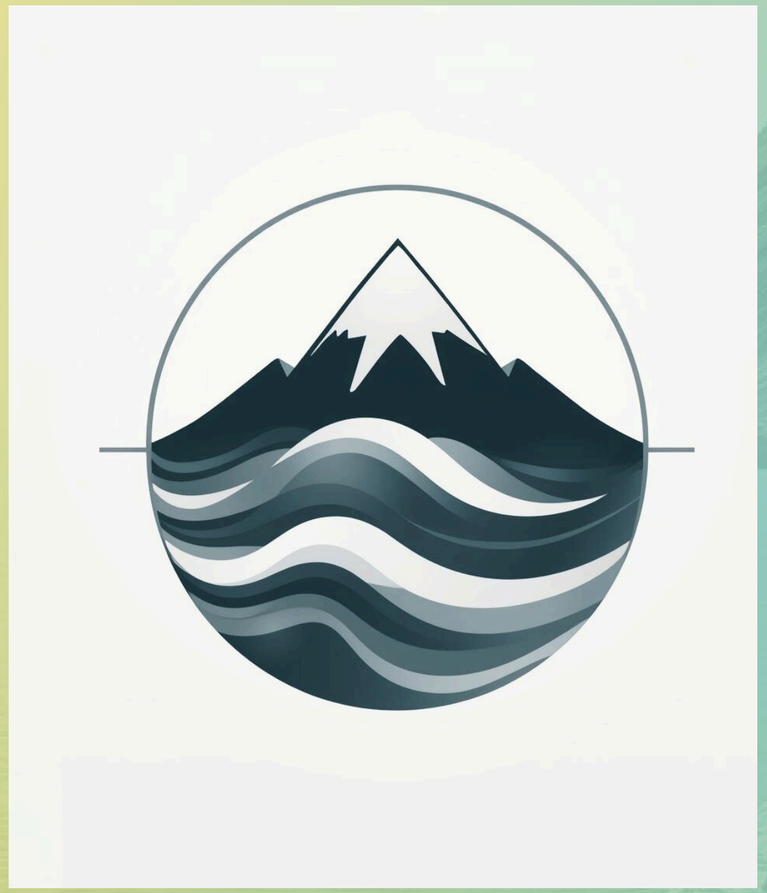
WORKSHOP

The Resonant Mountain & The Flowing Ocean



SOMATIC RITUAL & LIVE SONIC JOURNEY



THE VISION

Mountain Resonance & Ocean Flow is an immersive experience exploring the relationship between body, breath, sound, and consciousness as channels of creative flow.

Guided by **Intiche**, will unfolds as a contemporary ritual where somatic practices, conscious breathing, movement, and live sonic landscapes intertwine to open a collective space of presence, perception, and inspiration.

The process develops as a sensory ellipse, beginning with a moment of grounding and alignment with the intention of the day.
Through meditation, breathwork, and body activation, participants regulate the nervous system and expand inner perception, preparing the body as a sensitive instrument for listening and creation.



THE JOURNEY

Throughout the journey, **Intiche** creates a live soundscape, working with frequencies, electronic textures, and organic music that accompany the different phases of the experience.

This sonic design opens a field of resonance that sustains attention, amplifies interoceptive awareness, and facilitates the transition between states of calm, energy, and expression.



A CEREMONIAL PLAYFUL SPACE

As the group's energy expands, the practice gradually opens toward intuitive channeling and free movement, allowing creativity to emerge organically beyond logic or mental control.

Inspired by decades of artistic exploration and consciousness practices, the workshop offers a ceremonial and playful space where each participant can reconnect with their vital energy, intuition, and capacity to create from a state of presence.

THE CIRCLE



Participants are invited to explore and discover their own patterns and methods for maintaining and enhancing the flow of creative energy in daily life and in the meaningful activities of our journeys as incarnated souls—living through the shift and awakening of this era of humanity—while our Mother Earth holds and nurtures us with unconditional love through the universe.
The gathering concludes with an integration circle, where we give thanks to the elements, share words with intention, and collectively seal the energy for the days of the festival and for each participant's creative path.

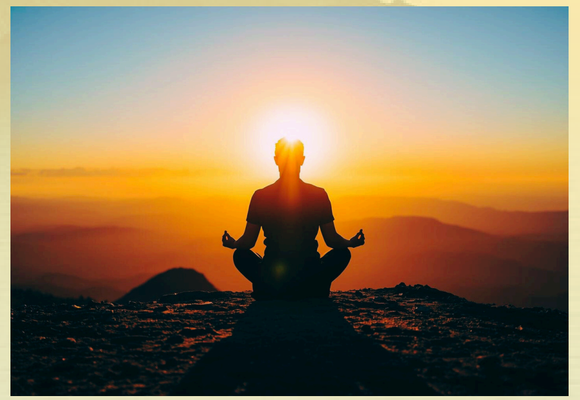
THE DUAL
NATURE

OCEAN MOUNTAIN



Focus the Experience

Nervous system regulation
Breathwork and energetic activation
Intuitive creativity
Sound as a tool for consciousness
Presence, play, and authentic expression



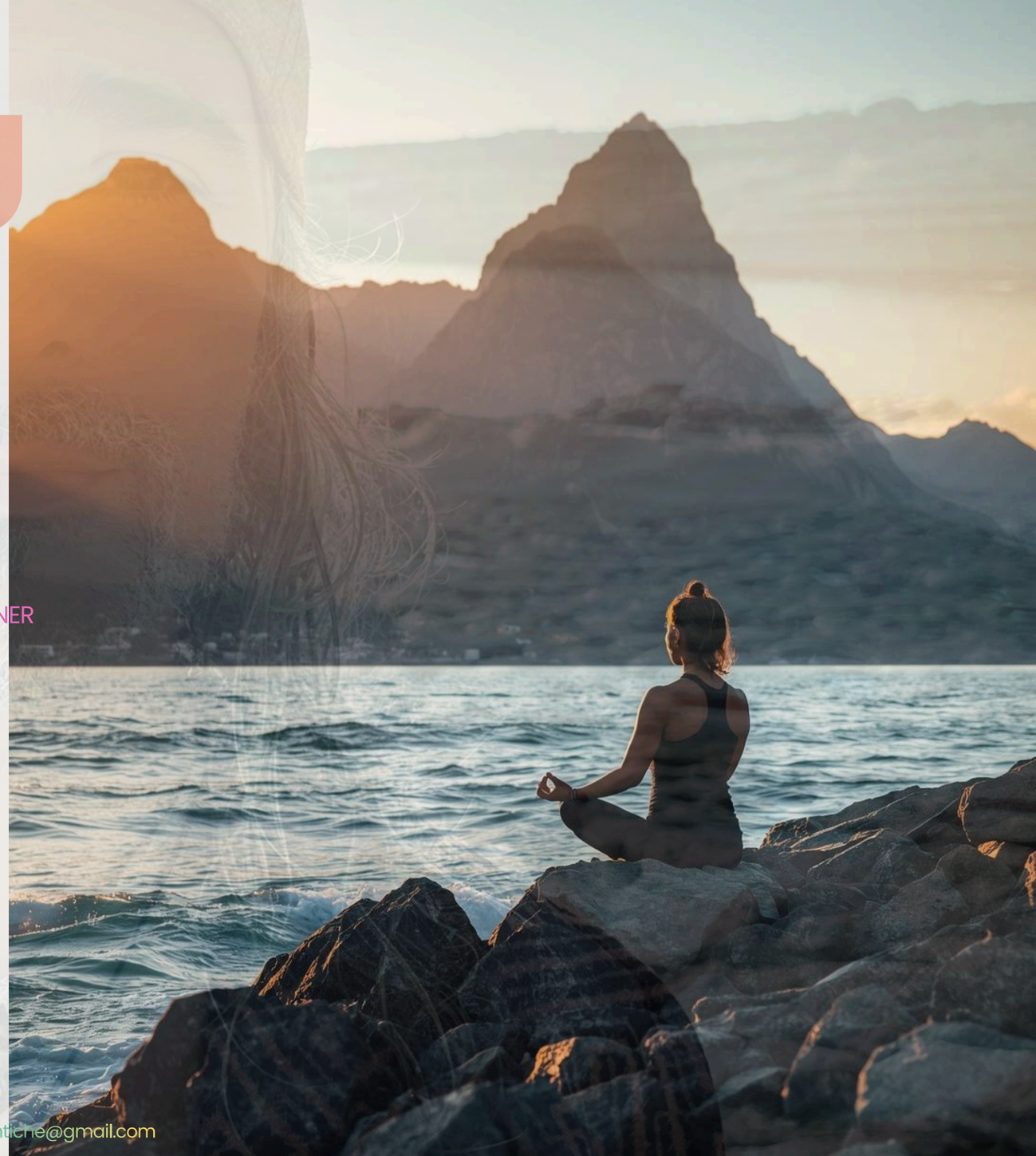
Space and Time

Guided somatic practice + live sonic landscape
90 – 120 minutes
Indoor or outdoor
Quiet space with room for movement

THANK YOU

Thank you for joining us on this journey toward integration and wholeness.

EMBRACE YOUR INNER BALANCE WHERE MOUNTAIN MEETS OCEAN.



BALANCE & HARMONY

bookingsiintiche@gmail.com



Intiche

Intiche is a Berlin-based artist blending organic soundscapes, electronic production, and
ancestral influences into immersive musical journeys.
With over a decade of experience, 1000+ performances across 30+ countries, and 60+
releases, his work bridges deep listening and dancefloor energy through a unique fusion of
downtempo, folktronica, and conscious electronic music.
His sets are not just played — they are experienced.

https://linktr.ee/intiche

THE DUAL
NATURE

MOUNTAIN & OCEAN

Yang: Mountain Energy

Mountains embody yang energy—grounding, stable, and reaching upward toward the heavens. They teach us strength, persistence, and the power of stillness.





Yin: Ocean Energy

The ocean represents yin energy—fluid, surrendering, and infinitely deep. It teaches us adaptability, release, and the wisdom of going with the flow.