



The Heritage
TEA ROOM

BREAKFAST

SERVED ALL DAY

HOUSE GRANOLA BOWL **\$8.95**

HOUSE GRANOLA SERVED WITH CREAMY YOGURT AND SEASONAL FRUIT.

WARM CINNAMON BUN **\$5.25**

SERVED WARM AND LIGHTLY FINISHED FOR A COMFORTING MORNING TREAT.

CLASSIC BREAKFAST **\$19.75**

TWO EGGS YOUR WAY, BREAKFAST POTATOES, TOAST, BLISTERED TOMATOES AND YOUR CHOICE OF THICK CUT BACON, BRAISED BEEF OR APRICOT HAM

APPLE CINNAMON FRENCH TOAST **\$13.95**

THICK-CUT FRENCH TOAST MADE WITH WARM APPLE CINNAMON LOAF. SERVED WITH SIDE OF FRUIT AND MAPLE SYRUP.

STACKED BREAKFAST SANDWICH **\$13.95**

A HEARTY STACKED BREAKFAST SANDWICH ON SOURDOUGH LAYERED WITH EGG, FARMER SAUSAGE, SMASHED POTATO, CHEESE, LETTUCE, TOMATO AND TOPPED WITH SPROUTS

CRUMPETS WITH SUMMER FRUIT, RICOTTA & HONEY **\$11.95**

TOASTED CRUMPETS WITH FRESH RICOTTA, SEASONAL FRUIT, AND LOCAL HONEY.

BREAKFAST TARTINE **\$12.50**

OPEN-FACED TOAST WITH EGGS AND AVOCADO.

QUICHE WITH GLAZED HAM & SUMMER SALAD **\$14.95**

A CLASSIC QUICHE WITH CHEDDAR, HAM AND SPINACH, SERVED WITH A HOUSE SUMMER SIDE SALAD.

SMOKED SALMON CROISSANT **\$15.95**

A BUTTERY CROISSANT FILLED WITH CREAM CHEESE, SMOKED SALMON, CAPERS AND PICKLED RED ONIONS.

DAY DREAM BELIEVER CROISSANT **\$15.50**

A VEGETARIAN SIGNATURE BREAKFAST CROISSANT LAYERED WITH HUMMUS, AVOCADO TOMATO AND SPROUTS.

**PLEASE INCLUDE ANY DIETARY RESTRICTIONS OR ALLERGY INFORMATION IN YOUR RESERVATION NOTES AT THE TIME OF BOOKING.



The Heritage
TEA ROOM

LUNCH

FRESH, COMFORTING, AND
TEA-HOUSE INSPIRED.

**SOUP & FRESH
BAKED SCONE**

\$9.95

A BOWL OF HOUSE-MADE SOUP
SERVED WITH A WARM SCONE
OR BISCUIT.

**PECAN CRANBERRY
CHICKEN SALAD
SANDWICH**

\$16.95

TENDER BUTTERMILK CHICKEN
SALAD SANDWICH WITH PECANS,
AND CRANBERRIES,

**CHICKEN POT PIE WITH
GARDEN SALAD**

\$16.95

A COMFORTING INDIVIDUAL
CHICKEN POT PIE SERVED WITH
A SIDE GARDEN SALAD

**COTTAGE PIE WITH
GARDEN SALAD**

\$18.50

A HEARTY COTTAGE PIE SERVED
WITH A FRESH SIDE GARDEN SALAD.

**MUSHROOM QUICHE WITH
GRUYERE & GARDEN SALAD** **\$14.95**

MADE WITH MUSHROOMS,
SPINACH AND GRUYERE. SERVED
WITH A FRESH GARDEN SIDE SALAD.

**ROASTED VEGETABLE
TARTINE**

\$14.95

OPEN-FACED TOAST TOPPED
WITH WHIPPED FETA AND
ROASTED VEGETABLES.

SMOKED SALMON TARTINE **\$16.95**

OPEN-FACED TOAST TOPPED WITH
CREAM CHEESE, SMOKED SALMON,
CAPERS, AND PICKLED RED ONION

TUNA SALAD MELT **\$15.50**

A WARM, COMFORTING MELT MADE WITH
HOUSE TUNA SALAD AND MELTED CHEESE.

**TEA HOUSE
SANDWICH TRIO** **\$19.95**

A TEA-HOUSE SAMPLER,
FEATURING THREE VARIETIES OF
OUR TEA SANDWICHES, FRESH
FRUIT & A MACARON

*A SIGNATURE LUNCH PLATE FOR
GUESTS WANTING A CLASSIC TEA-HOUSE
EXPERIENCE.*

CHICKEN AVOCADO CLUB **\$18.95**

A STACKED SOURDOUGH
SANDWICH WITH BUTTERMILK
CHICKEN, BOTHWELL CHEDDAR,
LETTUCE, TOMATO, AVOCADO, AND
TOPPED WITH SPROUTS.

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The Heritage
TEA ROOM

BRUNCH

SERVED WEEKENDS

*A leisurely tea house brunch with sweet favourites,
savory plates, and garden-inspired touches.*

❖ Sweet Brunch ❖

**APPLE CINNAMON
FRENCH TOAST** **\$13.95**

THICK-CUT FRENCH TOAST
MADE WITH WARM APPLE
CINNAMON LOAF. SERVED WITH
SIDE OF FRUIT AND MAPLE SYRUP.

**CRUMPETS WITH SUMMER
FRUIT, RICOTTA & HONEY** **\$11.95**

TOASTED CRUMPETS WITH
FRESH RICOTTA, SEASONAL
FRUIT, AND LOCAL HONEY.

**BELGIAN WAFFLE
WITH SEASONAL FRUIT** **\$14.95**

A WARM BELGIAN WAFFLE
SERVED WITH SEASONAL FRUIT
AND WHIPPED CREAM.

❖ Savoury Brunch ❖

**STACKED BREAKFAST
SANDWICH** **\$13.95**

A HEARTY STACKED BREAKFAST
SANDWICH ON SOURDOUGH
LAYERED WITH EGG, FARMER
SAUSAGE, SMASHED POTATO,
CHEESE, LETTUCE, TOMATO AND
TOPPED WITH SPROUTS

BREAKFAST TARTINE **\$12.50**
OPEN-FACED TOAST WITH
EGGS AND AVOCADO.

**SMOKED SALMON
CROISSANT** **\$15.95**

A BUTTERY CROISSANT FILLED
WITH CREAM CHEESE, SMOKED
SALMON, CAPERS AND PICKLED
RED ONIONS.

**DAY DREAM BELIEVER
CROISSANT** **\$15.50**

A VEGETARIAN SIGNATURE
BREAKFAST CROISSANT LAYERED
WITH HUMMUS, AVOCADO TOMATO
AND SPROUTS.

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BRUNCH

SERVED WEEKENDS

*A leisurely tea house brunch with sweet favourites,
savory plates, and garden-inspired touches.*

↻ Tea House Favourites ↻

TEA HOUSE SANDWICH TRIO **\$19.95**
A TEA-HOUSE SAMPLER, FEATURING THREE VARIETIES OF OUR TEA SANDWICHES, FRESH FRUIT & A MACARON

CLASSIC BREAKFAST **\$19.75**
TWO EGGS YOUR WAY, BREAKFAST POTATOES, TOAST, BLISTERED TOMATOES AND YOUR CHOICE OF THICK CUT BACON, BRAISED BEEF OR APRICOT HAM

QUICHE WITH GLAZED HAM & SUMMER SALAD **\$14.95**
A CLASSIC QUICHE WITH CHEDDAR, HAM AND SPINACH, SERVED WITH A HOUSE SUMMER SIDE SALAD.

MUSHROOM QUICHE WITH GRUYERE & GARDEN SALAD **\$14.95**
MADE WITH MUSHROOMS, SPINACH AND GRUYERE. SERVED WITH A FRESH GARDEN SIDE SALAD.

↻ Light & Lovely ↻

HOUSE GRANOLA WITH YOGURT & FRUIT **\$8.95**
HOUSE GRANOLA SERVED WITH CREAMY YOGURT AND SEASONAL FRUIT.

SOUP & FRESH BAKED SCONE **\$9.95**
A BOWL OF HOUSE-MADE SOUP SERVED WITH A WARM SCONE OR BISCUIT.

↻ Tea & Coffee Pairings ↻

LOOSE LEAF TEA POT **\$6.00**
LONDON FOG **\$5.75**
HONEY LAVENDER LATTE **\$6.25**
MAPLE CINNAMON LATTE **\$6.25**
MATCHA LATTE **\$6.25**
COFFEE **\$3.50**
HOT TEA **\$4.25**
HOUSE ICED TEA **\$4.25**

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HIGH TEA

PER PERSON: \$45 + TAXES

⇒ Savouries ⇐

- CUCUMBER & MINT CREAM CHEESE SANDWICH
- SMOKED SALMON SANDWICH
- DEVEILED EGG SALAD SANDWICH
- PECAN CRANBERRY CHICKEN SALAD SANDWICH
- APRICOT HAM, CHEESE & BUTTER
- STRAWBERRY CREAM CHEESE SANDWICH

⇒ Scones & Breads ⇐

- BUTTERMILK SCONES W/ CLOTTED CREAM & LOCAL PRESERVES
- LEMON THYME LOAF SLICES

⇒ Sweet Delights ⇐

- ASSORTED COOKIES
- ASSORTED BISCUITS
- SPECIALTY MACARONS
- BUTTER TARTS
- DAINTY SQUARES

⇒ Loose Leaf Teas ⇐

- EARL GREY CREME
- GOLDEN TURMERIC
- JASMINE
- SUMMER BERRY
- MINT FUSION

⇒ House Iced Teas ⇐

- CLASSIC LEMON
- HONEY GREEN
- MANGO
- STRAWBERRY BASIL
- HIBISCUS
- EARL GREY ORANGE

⇒ Local Goods ⇐

Ask us for Available Flavours

- JOHN RUSSELL COMPANY FLAVOURED HONEY
- CRAMPTONS MARKET MANITOBA JAMS
- SMAK DAB MUSTARDS



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CAFÉ BAR

⇒ Espresso Bar ⇐

ESPRESSO SINGLE	\$1.75
ESPRESSO DOUBLE	\$2.55
AMERICANO 16OZ	\$3.95
LATTE 16OZ	\$4.95
CAPPUCCINO 16OZ	\$4.95
FLAT WHITE 16OZ	\$4.95
MOCHA 16OZ	\$6.00
CAFÉ MISTO 16OZ	\$4.25
COFFEE 16OZ	\$3.50

⇒ House Specialties ⇐

HONEY LAVENDER LATTE 16OZ	\$6.25
MAPLE CINNAMON LATTE 16OZ	\$6.25
SALTED CARAMEL LATTE 16OZ	\$6.25
WHITE CHOCOLATE ROSE LATTE 16OZ	\$6.25

⇒ Tea & Chocolate ⇐

LONDON FOG 16OZ	\$5.75
CHAI TEA LATTE 16OZ	\$5.75
MATCHA LATTE 16OZ	\$6.25
HOT TEA 16OZ	\$4.25
LOOSE LEAF TEA POT	\$6.00
HOT CHOCOLATE 16OZ	\$4.95

⇒ Iced ⇐

ICED AMERICANO 16OZ	\$4.25
ICED LATTE 16OZ	\$5.25
ICED MOCHA 16OZ	\$6.25
ICED MATCHA 16OZ	\$6.75
ICED TEA 16OZ	\$4.25
LEMONADE 16OZ	\$4.25

DECAF AVAILABLE

ADD ESPRESSO SHOT **+\$1.00**

SUBSTITUTE W/ OAT OR ALMOND MILK **+\$0.75**