# Black River Falls DANCE: Standard Registration 2024-25 Season form (1 per student)

\*\*Please give an email address that you check regularly. You will receive important information regarding Classes, Recital, Accounts, etc. from the Instructor on a regular basis. Please write legibly.

Student Name:	Age:	DOB:
Address:		
**Registrar Information, all extra emails or		
Contact Information: Parent/Guardian Name	e	
Email Address:		
Cell Phone		
Emergency Contact (other than parent/guar	dian): Name:	
	Cell Phone:	
Does student have an IEP or in need of assis	tance due to a disability? N	O YES
If Yes, Explain:		
Describe any medical conditions we should	be aware of (diet restriction	s, asthma, etc.)
Dance History:		
New students - How did you hear about us?		
Is this the student's first year of dance? Y or	N	
Years of dance training completed	_ Former dance school(s) _	
PHOTOGRAPHIC RELEASE: (Please select or	ne)	
l agree to the terms, **Initial here	e	
OR		
I disagree to the terms, **Initial here	e	
that my child's picture or likeness can be rep Black River Falls DANCE publication or media Falls DANCE. By signing, I hereby affirm that waiver. (Photo Shoot Girls/Boys and Compa	oresented and published in a offered by the Lunda Com I have read and fully under	munity Center and Black River stand and agree with the above
Signature of Parent/ Guardian		Date

#### LIABILITY:

I hereby affirm that I am, or the above person is in good physical condition and does not suffer from any disability that would prevent or limit participation in this dance program. In consideration of myself, my heirs and assigns, I hereby release Black River Falls DANCE and Instructors from any claims, demands, and causes of action arising from my or the above named person's participation in any of the above stated programs, and I hereby release Black River Falls DANCE and Instructors from any liability now or in the future including but not limited to heart attacks, muscle strains, pulls, tears, broken bones, shin splints, heat prostration, knee, lower back, or foot injuries and any other illness, soreness or injury however caused occurring before, during, or after participation in any other of the above stated programs offered at Black River Falls DANCE, or at any time, while in the vicinity of the premises of the above stated business, or in any activity sponsored, presented, or organized by Black River Falls DANCE, or Instructors, for any reason. By signing, I hereby affirm that I have read and fully understand and agree with the above waiver.

Signature of Parent/ Guardian	Date

#### **Social Media:**

All dancer(s) and parent(s) must refrain from negative internet postings regarding any relation to the Black River Falls DANCE, its Instructor, and Dancer(s). Derogatory and/or demeaning comments on any social media site will not be tolerated and will result in immediate removal from the Black River Falls DANCE in its entirety. \*\*Initial here\_\_\_\_\_\_

### Parent/Guardian & Dancer Agreement 2024-25 Season

This Agreement applies to all Black River Falls DANCE and Performance related activities the Student/Dancer & Parent/Guardian is enrolled in and/or participate in Classes. PLEASE READ CAREFULLY!

#### **Registration Fees:**

The student/guardian is responsible to make all Registration payments for the 2024-25 Dance Year to the Lunda Community Center.

#### **Recital Fees:**

Costume and Recital T-Shirt Fees must all be paid to Black River Falls DANCE Instructor. Checks must be made out to Nicole Folkedahl.

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#### **Calendar Events:**

I agree to the Calendar Events and understand that the Calendar Events are subject to changes at any time due to scheduling issues and or inclement weather. \*\*Initial here\_\_\_\_\_\_

<u>Dancewear:</u> We have an online store to help alleviate the overwhelming number of items available. Recommended, personal favorites by Instructor(s) have been selected. Dancers are not limited to these recommendations. Dancewear may be purchased at any dance supply store or online dance store. Some recommended online dance stores include but are not limited to Discount Dance Supply and Dancewear Solutions. \*\*\*Note: please call and ask for assistance for the appropriate "Size" Dance Shoe. The Child's "STREET SHOE" will be a different size than a "DANCE SHOE". Please do not buy for foot growth, big shoes that do not fit appropriately will not be allowed and can cause injuries. WE are also not responsible for in correct sizes of dancewear. Ballet Slippers MAY NOT be slipper like material. Ballet Slippers must be leather or canvas. Please refrain from purchasing Ballet Slippers with elastic ties on the tops of the shoes. Canvas shoes are easier to clean. They may be washed and LINE DRIED ONLY. SHOES WILL SHRINK IF DRIED IN A DRYER!!! Examples of unacceptable dance shoes: ballet slippers from Target or Walmart. ALL DANCE SHOES MUST BE LEGITIMATE DANCE SHOES. ALL dance shoes may NEVER be worn outside!!!

#### **Class Cancellation and Absences:**

The decision to run or cancel a class is at the discretion of Black River Falls DANCE. Holiday Closures are excluded from makeup classes. In order for a class to be held there must be at least (5) pre-registered students. There will be no refunds for classes that are cancelled due to weather, instructor illness, Black River Falls DANCE related performances, and cancellations due to building problems (i.e., power outages, etc.). Makeup classes will be scheduled per instructor but may not be scheduled on the same weekday or time of the cancelled class. The days that Black River Falls DANCE would be closed would be posted on the Lunda Community Center's Facebook page, Black River Falls DANCE Facebook page, and emails will also be sent out. \*\*Initial here\_\_\_\_\_\_

There will be NO credit adjustments/refunds for voluntary withdrawal or for classes missed due to the student's personal schedule (i.e., vacations, sports participation, outside performances, etc.) or illness.

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#### **Rules of Etiquette and Professional Conduct:**

We expect and strongly encourage parent(s)/guardian(s) to support students in striving to attain a high level of professionalism and achievement and to work in partnership with Black River Falls DANCE and Instructors to promote learning and enjoyment of dance. Students must attend all registered scheduled classes from beginning to end, arriving on time. Black River Falls DANCE Instructors reserve the right to not admit latecomers of more than 10 minutes to reduce the risk of injury and to avoid distraction for fellow classmates. If you will be tardy, please call/email in advance prior to the start of class. Instructor(s) reserve the right to send out dancer(s) or refuse instruction to dancer(s) who are having a difficult time participating or behaving throughout the duration of class. We have the right to terminate contracts and enrollment due to consistent misbehavior, emotional readiness, and breach of contract for both dancer(s) and patents/guardian(s).

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email or phone call. Please contact the instructor(s): Nicole Folkedahl and or Marianna Loock, contact information is on the last page. **Initial here
Dancer(s) must arrive 5 minutes early for class and be dressed prior to entering the studio room. If a student needs to change in the vicinity of the premises prior to the start of their class, they should arrive 10 minutes early. **Initial here
Dancer(s) that arrive dressed and ready for class are asked to remain outside until the instructor opens the door and dismisses the previous class. **Initial here
Please make sure Dancer(s) use the bathroom before class time begins. Bathroom breaks take away from learning time and are a distraction. **Initial here
Parent(s) of small children (3-4 years), dancer(s) <u>MUST</u> turn 3 by the end of September of every new dance season and, <u>MUST</u> be fully potty trained. PLEASE make sure to use the bathroom before class begins! We are <u>NOT</u> a preschool! We will not tolerate to be used as such. Preschool experience is recommended but <u>NOT</u> required. We use a 3 Strike Warning System along with "Treasure Box" as a Reward. Parents are required to remain outside of the studio room during class.  **Initial here
Parent(s) of those under 12 years of age must remain in the building at all times. Parents who choose to utilize the facility during class must purchase a <a href="Day Pass">Day Pass</a> or <a href="Walking Track Pass">Walking Track Pass</a> from the Lunda Community Center. Passes can be purchased at the Front Desk. If a parent/guardian invites another family member to watch class, they must purchase an <a href="Observer Pass">Observer Pass</a> for \$1.00  **Initial here
Dancer(s) must be picked up promptly after class. Lunda Community Center, Black River Falls DANCE, and Instructors are not responsible for unaccompanied children. If you will be more than 10 minutes late for pick up, please call/email the instructor. More than two late pick-ups without notification will result in a \$5 per 5 minutes charge to your account.
**Initial here
There will not be any food allowed inside of the studio rooms, Water only. **Initial here
You will be held responsible for any damages or destruction of the property and liable for the cost of repairing. **Initial here
We are not responsible for valuables brought to the studio room. **Initial here
No parent(s) in the classroom during class time unless prearranged with the instructor(s). <b>ONCE THE DOOR'S ARE CLOSED PARENT'S MAY NOT ENTER AND DANCER'S MAY NOT LEAVE UNLESS ADVISED!</b> All small children/sibling(s) must refrain from banging on doors, windows and opening doors. Small children must be contained and must also follow Lunda Community Center's policies. We have other classes and community members in our Center. The Lunda Community Center's front desk may ask you to leave at any time! Continuous distraction from sibling(s) or smaller children can and will be asked not

to return. All visitor(s) are subject to these Rules. Parent(s) and other visitor(s) may observe classes through the viewing windows; PLEASE be courteous of others and do not be distracting to the dancer(s)!

During Observation Week parent(s) will have the opportunity to be in the studio.

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#### In addition, students should strive to:

- √ Work to their full potential.
- ✓ Maintain a positive attitude when receiving corrections in class.
- ✓ Maintain a courteous and considerate attitude towards classmates and instructors.
- ✓ Possess a dignified appearance by maintaining the highest level of personal hygiene.
- ✓ Minimal talking in class to prevent distraction from instruction.
- √ No loud talking, running, gymnastics, or horse playing on the premises.
- √ If instructor allows recording of choreography, it may only be used for instructional purposes **NO social media**
- $\checkmark$  Dancer(s) failing to comply with these rules may have their performance privileges revoked or may be dismissed from Black River Falls DANCE. Parent(s)/Guardian(s) and Visitor(s) failing to comply with these rules will be subject to dismissal from the premises including dismissal of the Dancer(s).

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### **Dress Code:**

In order to participate in the 2024-25 semester all students must have the following clothing and hair requirements. If you have not purchased it 14 days from the start date, this will result in non-participation. \*\*Initial here\_\_\_\_\_

#### **All Classes:**

For all classes that require tights, we ask that you refrain from wearing tights with excessive/multiple holes & runs. Convertible Tights are Highly Recommended. Dance tights only. NO "Fashion" tights allowed. We carry a limited number of tights and try to stock up for Recital. Tights are \$10.00 per tight. NO underwear is to be worn under tights or Leotards. Our tights are our underwear. Dancers will be sent out if underwear is visible! This is a normal thing in the dance world! Underwear is not flattering to the eyes, and we strive for straight lines. Failure to comply will lead to termination of our program. (For more information or questions regarding older children please contact Nicole Folkedahl and or Marianna Loock.) Toenails are recommended to be kept cut short. No bare midriffs, no butt cheeks. Bike shorts must be long enough allowed on the dance floor. No street shoes will be allowed on the dance floor at any time. Any shoes worn for dance purposes must be different from the shoes worn outside the studio room. Students will be required to have their names written on the inside of their shoes, both their dance shoes and street shoes worn to the studio room. The only Jewelry that is allowed are stud earrings, wedding bands, or medical jewelry. We have a tote of FREE items that parent(s) may use to recycle with each other throughout the season. Please feel free to donate or use any of these gently used items. \*\*Initial here\_\_\_\_\_\_

Water: Water is mandatory for studer	nts taking more than one o	class in one day. It is h	ighly suggested
that all students bring water to class!	**Initial here		

### Please initial ONLY the classes that your child is participating in.

**Boys Ballet (11-Up):** Boys in Ballet are required to wear dance belts, form fitting underwear, dance pants, simple shirts with no logos. Pants cannot go past ankles, to avoid tripping. Black ballet shoes for boys in Ballet.

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Boys Contemporary/Tech Flex (5-Up): Boys in Contemporary are required to wear form fitting underwear, dance pants, simple shirts with no logos. Pants cannot go past ankles, to avoid tripping. Contemporary shoe (Skin Paws). Hair must be slicked back or pulled back in a bun. \*\*\* Must have these items for Tech Flex Classes. Thera-Bands, Massage Balls, & Foam Rollers. Tech Flex classes are held once a week, must be 5 and older. Class consists of ½ Strengthening and ½ Turns or Leaps.

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**Girls Ballet (11-Up):** Hair in buns are required to prevent wiping eyes with hair. All hair bangs must be pinned back. Pink Ballet shoes, leotard and tights of any color required. Short ballet skirts are also accepted. The body needs to be clearly visible for the teachers to address proper technique. No large tutus. (Pink canvas or leather ballet shoes are required) Absolutely no street clothes allowed.

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Girls Contemporary/Tech/Flex (5-Up): Hair in buns is required to prevent wiping eyes with hair. All hair bangs must be pinned back, contemporary shoes (Skin Paws) are required, but must wear the skin-tone color. No colors or prints allowed. Leotards and tights of any color required. Bike shorts, biketards, capris, and full-length leggings accepted. No sweatpants, palazzo pants, or any other kind of pants that are not form fitting. The body needs to be clearly visible for the instructors to address proper technique. Absolutely no street clothes allowed. If wearing short bike shorts, wear tights underneath.

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\*\*\* Must have these items for Tech/Flex or strengthening related Classes i.e. "Flex with your Kids". Thera-Bands, Circle Thera-Bands, Middle Split Band, Massage Ball, Tennis Ball, Foam Roller, Foam Block, Yoga Mat (optional). Tech/Flex classes are held once a week, must be 5 and older. Class consists of ½ Strengthening and ½ Turns or Leaps.

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Boys Ballet (3-4 / 4-7 / 7-10): Boys in Ballet are required to wear dance belts, form fitting underwear, dance pants, simple shirts with no logos. Pants cannot go past ankles. Black ballet shoes for boys in Ballet with NO elastic ties on the tops.

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Girls Ballet (3-4 / 4-7 / 7-10): Leotard and Tights Required. Dancers may wear ballet skirts or short tutus. Dancers may wear one-piece leotards with tutu attached. Leotard and tights of any color are acceptable. Hair must be in a bun, pink ballet shoes with <u>NO</u> elastic ties on the tops, and a dance bag for class are required.

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**Boys & Girls Hip Hop (5-6/7+):** Hair in Ponytails or buns are required to prevent wiping eyes and all hair bangs must be pinned back. Typical dance clothes are accepted. Athletic style clothes (sweatpants, sweatshirts, basketball shorts, and regular t-shirts) are accepted. NO dresses or skirts. (Black High Top Converse Sneakers will be required for participation)

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You will be required to pay the <u>FULL Registration Fee</u> to the Lunda Community Center. Fee's are available in 2 installments and you Must Register for BOTH Semesters.

#### Regular Genre Fees:

(Per Classes + \*\*\*1 time Recital Location Fee per dancer included (\$15)

Member: \$311.00 total / \$155.50 per semester Non-member: \$410.00 total / \$205 per semester

Siblings Discount 25%

(\*\*\*Recital Location Fee included (\$15)

Member: \$237.00 total / \$118.50 per semester Non-member: \$311.00 total / \$155.50 per semester

### Second Genre Discount 25%

Member: \$222.00 total / \$111.00 per semester Non-Member: \$296.00 total / \$148 per semester

### Company Fees:

Member: \$240.00 total / \$120 per semester Non-Member: \$400.00 total / \$200 per semester

## Soloist Fees:

Member: \$120.00 total / \$60 per semester Non-member: \$200.00 total / \$100 per semester

<u>Tech/Flex "Flex with your Kids" Fees:</u> (This is included for Company members)

Member: \$296.00 total / \$148 per semester

Non-member: \$395.00 total / \$197.50 per semester

## Tech/Flex Parent Drop-in Fees:

Member: \$1 Non-member: \$3

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Recital Details & Participation: Black River Falls DANCE has (1) Showcase per Year, in the month of June. <u>DANCE RECITAL TAKES COMMITMENT!!!!!!!</u> Dress Rehearsal & Recital Packet Survival Guide will be sent closer to the event.

\*Account balances must be \$0 in order to participate in Dress Rehearsal and Recital. \*Initial here\_\_\_\_\_

Fees in addition to Registration during 2024-25 Semester:

Costume + Recital T-Shirt Fees: Due in November. Payment made to the Instructor, Nicole Folkedahl.

\*Initial here

A dance costume is mandatory for participation in the 2024-25 Recital. Dance apparel and costumes are different from street clothes. They are chosen with care and thought as they represent Black River Falls DANCE and its values. The costume chosen and the size of the costume for the 2024-25 Showcase is at Black River Falls DANCE discretion.

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I agree to care for the costume in the way I have been instructed to do so by the Instructors.

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In the event that your dancer decides to withdraw from Black River Falls DANCE after February 14th, you will be relinquishing costume(s). If the costume has been ordered or a fee has already been paid, you will not be refunded. If the fee was unpaid, you will be required to pay for the costume since it was ordered on your behalf. You will be charged a fee of \$200 if you decide to withdraw from Recital after February 14th.

Private Dance lesson(s) may be requested from Instructor(s) due to multiple absences, difficulties learning Choreo, and or Recital preparation. Lesson(s) start at \$55.00 per class. We reserve the right to withhold participation in Recital even after payments have been received in these <a href="Last resort cases">Last resort cases</a>. If the Instructor feels the dancer is not ready due to lack of participation, emotional stress, or mental immaturity.

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Recital Package:

1 Costume \$70 or \$80

1 Tight \$16

Thumb Drive \$5

Recital T-Shirt \$35

Location Fee \$15 (Included with the LCC Tuition pricing)

\*\*\*\* Free Recital T-Shirt \*\*\*\*

For: Parent Volunteers singed up to help during both Dress Rehearsal and Recital days!!

Additional: Tights \$16

Additional: Thumb Drives \$10

Costume Pricing: ***One costume per Leve	el and per Genre***
• All Ballet, Contemporary, Jazz, and Hip He	ор
Female & Male	
Child size costumes: ~ \$70	
Adults size costumes: ~ \$80	
**Initial here	
	tion of the Recital. No student is allowed to arrive late or , death in the family that requires an emergency leave.
-	, the Parent/Legal Guardian of (Dancer name)
DANCE Registration policy, Costume & Reci of etiquette and professional conduct and	nd understands and will fully comply with the Black River Falls tal Fee policy, absence/cancellation policy, studio room rules the dress code. I understand the consequences associated Falls DANCE reserves the right to modify these rules and
Parent/Guardian Signature:	
	Date:
Dancer Signature (18 or older):	Date:

# **Important Studio Dates 2024-25:**

### August 2024:

- 12th Returning Student Registration Week
- 19<sup>th</sup> New Student/Open Enrollment Registration
- 21st Online Store Opens!!!!!!!
- -23<sup>rd</sup> Meet the Instructor, and Mandatory Information Meeting for All New Students 5:30-6:30pm in the Hub
- -23<sup>rd</sup> Company Member Information Meeting 6:45-7:45pm in the Hub
- -26<sup>th</sup> Company Member/Auditions from 6:00-7:00pm

#### September 2024:

- 9th, 2024-25 Semester Starts, Studio Rules, Basic Skills, and Contract week
- 14th, 21st, 28th, 3-4 Intro to Ballet Classes
- 14<sup>th</sup>, 21<sup>st</sup>, 28<sup>th</sup>, Oct. 5<sup>th</sup>, 5-6 & 7+ Intro to Dance Classes
- 16<sup>th</sup> Online Store Closes!!!!!!!!!
- 30<sup>th</sup> Open Enrollment CLOSED

### October 2024:

- 7th 11th Studio Break CLOSED
- 21st 24th, Fall Festival Parties
- 31st, Halloween Festivities NO Classes CLOSED

### November 2024:

- 4<sup>th</sup> 7<sup>th</sup>, Evaluations
- 21st, Recital Costume Fees Due to Instructor Nicole Folkedahl
- 25<sup>th</sup> 29<sup>th</sup>, Studio Fall Break CLOSED

### December 2024:

### - 7<sup>th</sup>, Christkindl Parade

- 2<sup>nd</sup> - 5<sup>th</sup>, Winter Wonderland Parties

### -9<sup>th</sup> - 5<sup>th</sup>, Studio Winter Break CLOSED

- 9<sup>th</sup>, Semester 1 Ends

### **January 2025:**

- 6<sup>th</sup>, Semester 2 Begins LCC Tuition Payment DUE!!!!
- 6<sup>th</sup>, Classes Resume
- 13<sup>th</sup>, Recital Choreo begins

### February 2025:

- 1<sup>st</sup> , 8<sup>th</sup> , 22<sup>nd</sup> , 3-4 Intro to Ballet Classes
- 1st , 8th , 22nd , March 1st , 5-6 & 7+ Intro to Dance Classes
- 10<sup>th</sup> 13<sup>th</sup>, Valentine's Day Parties

### March 2025:

- 17<sup>th</sup> – 21<sup>st</sup>, Studio Spring Break CLOSED

### April 2025:

- 7<sup>th</sup> 11<sup>th</sup>, Parent Observation Week
- 14<sup>th</sup> 17<sup>th</sup>, Spring Fling Parties

- 21st, Easter Monday NO Classes CLOSED

### May 2025:

- 26<sup>th</sup>, Memorial Day NO Classes CLOSED

### June 2025:

-9<sup>th</sup>, 10<sup>th</sup>, 11<sup>th</sup>, 12<sup>th</sup> Theatre Practices (at the Lunda Theatre)

-13<sup>th</sup>, MANDATORY Full- Dress Rehearsal 5:30-6:30 PM

- 14<sup>th</sup>, **RECITAL** 6:00-7:00 PM

#### 2024 & 2025 Possible Events:

(Note Company Member and Standard Class Opportunities)

#### <u>July</u>

: Festival in the Park

: Black River Falls Heritage Festival

: Jackson County Fair

#### **September**

: Cranberry Festival

#### <u>October</u>

: Trail of Terror

#### **December**

: Christkindl

# **Instructor(s) Contact Information:**

Name: Nicole Folkedahl

Email: nfolkedahl@gmail.com

Cell: 540-661-9340 (please feel free to call or text email is preferred)

Name: Marianna Loock

Email: mariannafitness1@gmail.com

# **Important Dance Sites:**

Online Store: https://www.discountdance.com/search/teacherid:136585?tp=136585

Instagram: https://www.instagram.com/brf\_dance\_lcc/

FaceBook: @Black.River.Falls.DANCE.LCC.21

Logo Wear: https://ddlogowear-blackriverfalls.itemorder.com/shop/home/

Website: http://blackriverfallsdance.com