

10-20-30

Project



What BB4CK Does

- Provides daily lunches for Calgary students.
- Supports kids so they can learn, play, and grow.
- Helps reduce food insecurity, stress, and stigma.
- Runs school lunch, summer, and family grocery programs.
- (fed kid = happy kid)

Why Your Shift Mattered

- Thousands of Calgary kids rely on BB4CK every school day.
- Lunch affects learning, confidence, friendships, and participation.
- Your volunteer work directly reached students across the city.

Your Total Impact

Nearly 2,000 lunches supported in a single shift.

What You Produced

- 1,000+ energy balls
- 240+ Wowbutter & jam sandwiches
- 40+ snack bins packed
- Supported snack deliveries for 20 schools
- Assisted full kitchen operations start to finish

What BB4CK Saw in You

- Strong teamwork
- High energy
- Focus and adaptability
- Willingness to jump into any task
- Respectful and easy to work with

Who You Helped

- Kids who otherwise wouldn't have lunch
- Students who need confidence, inclusion, and stability
- Classrooms across Calgary that depend on BB4CK support

What You Should Take Away

- Leadership shows up in service.
- Small actions make real impact.
- Athletes influence their community every day.
- This work reflects your CTRL-F values:
Compete • Teamwork • Respect • Leadership • Fun



BROWN BAGGING FOR
Calgary's Kids
● LUNCHES ● PROGRAMS ● SOCIAL CHANGE

Thursday November 27, 2025