

All things AED

Hi everyone – thank you to all who attended our meeting on Sunday where we talked in detail about our AEDs.

While there are many of these automated defibrillators on island, for the most part they are behind locked doors.

The Health Hub has therefore organised one to be always available on the outside wall of Curlew Café, and another to be in the bus, to be driven direct to you during bus operational hours (7am – 7pm Mon – Fri, 8am – 4pm Sat). Contact bus driver direct in case of emergency: **0437 560 377**





We will organise to have 'your nearest AED location' signs put up...

- Under map as you walk off the jetty
- On toilet blocks near barge and playground
- At Morwong and Norfolk beach
- On ferries

... as well as AED information regarding Curlew Café and the bus on fridge magnets. These will be distributed across the island so people have a handy

reference as needed.

Next Public meeting – Aged Care

Judging by questions and comments at our recent meeting, aged care is a hot topic. Our next public meeting (Sunday May 5th at Rec Club from 2pm) will have a focus on aged care on the island. If you have questions or suggestions about what should be on the program please let us know.

Please pencil in all dates for Health Hub public meetings this year:

- May 5th 2pm 4pm Rec Club (Aged Care)
- Aug 4th 2pm 4pm Rec Club (to be advised)
- Nov 3rd 2pm 4pm Rec Club (to be advised)



web: https://coochie-health-hub.org email: info@coochie-health-hub.org President: Elizabeth 0403 467 812 Secretary: Russell 0467 174 800





late February 2024

Waiting for council, and others

While we have identified a possible room to convert into a doctor consulting area (Rec Club storage roomo) and also a site we could potentially lease from council for putting demountables on... in both cases we are still waiting for some definitive council response before moving forward.

On another front Metro South Health have investigated the area at the front of the Surf Lifesaving Club and are considering having a Dental van parked on the concrete there in the SLSC off-season which would mean dental work could be arranged on island in that time. Again we will let everyone know if something emerges.

We will also be following up

- Queensland Ambulance Service to find more about first aid training opportunities, and to assess how First Responders are being utilised on island.
- Royal Flying Doctor Service to work out next steps in bringing a medical chest to the island. (Completed application by 3 people on island was sent to them mid November).

Committee help wanted

Currently we have four people on the committee and could do with some more help. In particular Russell would like an assistant secretary to help with some of the following roles: taking minutes, creating promotional materials, updating website, maintaining member register, reaching out to providers and officials, maintaining file system. Call Russell direct on 0467 174 800 to discuss – thank you.

Stay tuned

Let us know suggestions or questions for next public meeting

Reach out if you can help us on the committee!

Thank you, Russell Austerberry (secretary) on behalf of the Health Hub team.



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