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| Week 1 | Monday 3 | Tuesday 4 | Wednesday 5 | Thursday 6 | Friday 7 |
| Lunch | Alfredo Pasta With Veggie  | Perogies with Steam Veggie  | Chicken Strips on Rice with Steam Veggie | Teriyaki Chicken on Noodle Chow Mein with Steam Veggie | Naan Bites with Cheese and Fruit |
| Week 2 | Monday 10 | Tuesday 11 | Wednesday 12 | Thursday 13 | Friday 14 |
| Lunch  | Chicken Freid Rice with  | Cheese Spage with Pasta Sauce and Stream Veggie | Cheese Tortellini with Steam Veggie | Butter Chicken on Rice | Turkey Sandwiches with Vegie |

All our meals meet or exceed the requirements of the Early Childhoods Education Act. Items are subject to change.

Substitutions will be made for allergies and dietary restrictions.

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| Week 3 | Monday 17 | Tuesday 18 |  Wednesday 19 | Thursday 20 | Friday 21 |
| Lunch | Pancakes with Yogurt Tube & Syrup | Butter Chicken on Rice with Veggie | Creamy Cheese Alfredo Pasta with Veggie | Cheese Perogies with Steam Veggie | Dinner Roll with Cheese, Cracker & Fruit |

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| Week 4  | 24 | 25 | 26 | 27 | 28 |
| Lunch | Mac & Cheese with Steam Veggie | Perogies with Steam Veggie | Chicken Strips on Rice with Steam Veggie | Teriyaki Chicken on Noodle Chow Mein with Steam Veggie | Naan Bites with Cheese and Fruit |
| Week 5 | 31 |  |  |  |  |
| Lunch | Cheese Tortellini with Steam Veggie |  |  |  |  |
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