

MARTINEZ YOUTH FOOTBALL & CHEER 2026 PARENT FACT INFORMATION

Welcome to the Martinez Youth Football & Cheer Association (MYF - Martinez Bulldogs)! We are excited to begin our 61st season with your family.

This packet contains important information to ensure a successful season for everyone. Please review it carefully and return the signed acknowledgement portion.

For any questions, please contact a Board Member or Coach. They are the best resources for accurate and up-to-date information. We're looking forward to a fun, safe, and memorable season!



Registration Fees *Football & Cheer*

\$125 Non-Refundable Sign-up Fee*

\$450 Registration Fee**

\$300 Volunteer Fee
*(Refundable)****

\$875 Total

PAYMENT PLANS AVAILABLE
*Please inquire for more information
and minimum payment amounts.*

MYF 2026 FEES

WANT TO OFFSET THE COST?
FUNDRAISING WILL BE AVAILABLE TO HELP COVER COST OF REGISTRATION FEES & UNIFORM FEES SEE OUR CALENDAR OF EVENTS PAGE FOR DATES!

Uniform Fees \$150

Football Uniform

Disclaimer: Football uniforms and pricing are subject to change.

Includes:

- 2 Jerseys
- 2 Game Day Pants
- Bag

Cheer Uniform

\$550

Includes:

- Shell
- Liner
- Briefs 1
- Shoes
- Back Pack
- Practice Bow
- Game Day Bow
- Comp Bow
- Choreo
- Camp Shirt
- Comp Music
- Halftime Music

Additional Cheer Fees

| | |
|---------------|------|
| Jamz Camp | \$65 |
| 1st Jamz Comp | \$65 |
| 2nd Jamz Comp | \$65 |

NOTE:

- Returning cheerleaders can reuse last years uniform and purchase individual pieces as needed
- Please note that if your child's squad qualifies for Nationals, there will be additional fees. These fees will be outlined at Bulldog Orientation.

COMPS & NATIONALS REQUIRE UPFRONT

COMMITMENT:

- The deadline to commit is May 31, 2026.
- Full payment is due by May 31, 2026 – no exceptions.
- Failure to submit payment by this deadline will result in the commitment agreement being voided. Please refer to the Commitment Agreement Form for full details and terms.

*Sign-up fee due at time of sign-up

**There is an additional cost for uniforms/comp fees – Please see Parent Fact Sheet for more information

***Volunteer Hours must be met for returns – 8 hours per child, 16 hours for families – See Volunteer Information on our website or Parent Fact sheet for more information

1 - Backpacks are not included in piece-purchase packets unless the corresponding piece is purchased and are not included with rental uniforms.

****Failure to meet your required volunteer hours (see volunteer hours below for more information) in the season or failure to return equipment (see Equipment Handout & Return for more details) at the end of the season on the specified date will result in the forfeiture of your volunteer deposit.*

If your child drops from MYF anytime from July 13th to Jamboree (August 15th), your refund will be **\$200.00**, less than one-half of the total registration fees. If your child does not make official weight at Jamboree and your child drops from MYF, you will receive a refund of **\$100.00**. **If your child chooses to drop from MYF after Jamboree there will be no refund.**

BULLDOG ORIENTATION DAY

Orientation for both Football participants and Cheer Participants will be held on **Sunday, June 14, 2026, Time & Location TBA**. Your **child will need to be present** and the following paperwork will be due:

- Application (if not done online).
- Headshot image of Child
- Original Physical (required to be submitted before starting practice)
- Original Birth Certificate (include a copy)
- Payment will be due at this time or you will be required to set up a payment plan and will be charged a minimum fee of \$100.00
- Concussion Protocol Form Signed by both Parent & Participant
- Acknowledgement of Receiving the Parent Fact Information

Please note, that the parent that signs up the child is responsible for paying the fees. If you and another parent are splitting the registration costs, it is up to the parent who registered the child to pay the balance in full.

Your child will not be able to attend practice until all required paperwork is completed and all fees are paid in full, unless prior arrangements have been made.

Practice begins on **Monday, July 13, 2025, at Alhambra High School Upper Field** for those who have submitted all the above required documents and payment. Practice is Monday - Friday, 6:00 PM - 8:00 PM. After Jamboree practice will drop to three days a week, Tuesday - Thursday time will remain 6:00 PM - 8:00 PM. **Starting October 6, 2026, practice will be from 5:30 PM to 7:30 PM.**

EQUIPMENT HANDOUT & RETURN

Equipment handouts will occur after your child completes one full week (10 hours) of conditioning. ***Date, Time, and Location TBA.***

MYF Equipment Includes Shoulder Pads, a Helmet, and a Practice Jersey. Game Day Socks and Uniforms will be provided the week before the first game.

Items not provided: Mouth Pieces*, Girdles, Cleats, and or Practice Pants (7-piece girdles),
**Basic Mouthpieces will be available at the MYF Table during practice for a purchase of \$5.*

Equipment Return will be scheduled after our last scheduled game of the season. *Failure to return equipment will result in the forfeiture of your volunteer deposit. **If you have a balance at the end of the season or have not returned equipment, it must be paid in full before participating in off-season clinics, events, or the 2027 season.**

VOLUNTEER

MYF is a program operated 100% by volunteers. As such, your child's participation in the upcoming season is conditioned upon each family providing a minimum of 8 hrs. per player, and 16 hrs. max per family, to support the operations and success of our program. Should a family be unwilling and/or unable to volunteer its time, it may elect to forfeit the parent volunteer fee. **Volunteer participants must be at least 16 years of age.**

At least ½ of your volunteer hours must be completed by the end of game #4 or your deposit will be forfeited/processed. All remaining hours must be completed by the last regular season game. Limited extra playoff game volunteering is required if your team makes the playoffs.

No-Show Policy

- First No-Show – Warning to family.
- **Second No-Show - Volunteer deposit fee will be forfeited/processed. If your volunteer payment is not received, the Coach will be notified and the athlete will sit out until paid.**

YOU MUST SIGN IN & OUT WITH THE VOLUNTEER COORDINATOR AT ALL GAMES OR YOUR HOURS WILL NOT COUNT! - NO SOMEONE CANNOT CHECK IN OR OUT FOR YOU.

Volunteer sign-up time/date and location: TBA

Volunteer refunds will be distributed between late December 2026 and mid-January 2027. This will allow us to ensure all accounts are settled.

For a complete list of Volunteer Positions and responsibilities, please visit our website at MYFBulldogs.org.

FUNDRAISING AND RELATED EVENTS

Fundraisers: There will be a total of **ONE (1) MANDATORY** fundraising events, with an additional two (2) fundraising events. Listed below:

- Double Good Popcorn (this event will take place on two separate occasions)
- Otis Spunkmeyer (**MANDATORY**)

Double Good Popcorn sales can help cover your child's uniform or registration fees. We'll hold fundraisers in May and again in July/August.

Otis Spunkmeyer is our only mandatory fundraiser. It helps MYF cover field usage costs, which increased from \$6,000 in 2022 to \$19,000 in 2023. **You can either pay a \$150 buyout fee or sell a minimum of 10 items.** Begins first week of August.

MYF Annual Car Show: MYF with a new Car Club will host their 4th Annual Car Show on **DATE, TIME & LOCATION TBD**. All proceeds benefit Martinez Youth Football & Cheer. All Car Makes and Models including bikes, motorcycles, and Trucks. 10 AM - 2 PM, Location, and Costs; TBA.

MYF Car Wash: There will be one carwash scheduled in the Summer of 2026. Date & Time TBA.

PARADES AND SPECIAL EVENTS

All events, fundraising, and parades will always be open for volunteers. If interested, please reach out to the Volunteer Coordinator, Karla Vega, for more information.

Parades: There will be a total of 3 parades. Participation is highly encouraged but not required.

- 4th of July Parade – July 4, 2026, time TBA
- AHS Homecoming Parade: TBA
- Downtown Martinez Light Parade: December 4th, 2026, time TBA

Trunk or Treat: MYF will have a Halloween-themed booth. Time & Date TBA *(Due to potential scheduling conflicts with our EBYFC game schedule, participation in this event may not be possible. If we do participate, families will be notified in advance).*

Downtown Martinez Holiday Frolic: MYF will have an ornament booth, Time TBA *(Due to potential scheduling conflicts with our EBYFC game schedule, participation in this event may not be possible. If we do participate, families will be notified in advance).*

MYF Homecoming Day and Dance (HOCO): This is our biggest event of the season. MYF will put together a HOCO Committee for this event. **Volunteers for the HOCO Committee will receive FULL VOLUNTEER HOURS for the season.** Football players and Cheerleaders will walk out together while being introduced to the crowd. We will have MYF Merchandise for sale, as well as food, vendors, and activities for the little ones and their families. There will be items for raffle, as well as a 50/50 raffle.

After the game events, MYF hosts a CHILD ONLY homecoming dance at one of our local elementary schools. Chaperones are needed, and volunteers are encouraged to sign up. Please reach out to our Volunteer Coordinator for more information.

After the HOCO Dance, both cheerleaders and football players will have designated chaperones who then take kids to volunteer houses to be TP'd. This event is an MYF tradition, we encourage those who live in the Martinez boundary to participate. *See last page to sign up to be TP'd.*

Age and Weight for Football Players

*Subject to change per EBYFC, for questions or concerns, please reach out to our MYF President. Division Placement considers age, weight, skill level, and **EBYFC rules**. We'll do our best to place your child appropriately. If accommodations are needed, please discuss with our President, General Manager or Athletic Director. The board will review each request individually. Please note that these requests are not guaranteed.*

SEE IMAGE NEXT PAGE

AGE/WEIGHT TABLE

| DIVISION | ROSTER LIMITS | AGES | CERTIFICATION WEIGHT MAXIMUM | END OF SEASON MAXIMUM |
|-------------------------|---------------|------------------|------------------------------|-----------------------|
| 8U | | 6 - 8 | 90 lbs | 98 lbs |
| X-Men | Unlimited | 6 - 8 | 91+ lbs | No Max |
| 10U | | 10U | 120 lbs | 128 lbs |
| Older-Lighter | Max 3 | 11 ¹ | 90 lbs ⁴ | 90 lbs ⁴ |
| X-Men | Unlimited | 10U | 121+ lbs | No Max |
| 12U | | 12U | 150 lbs | 158 lbs |
| Older-Lighter | Max 3 | 13 ² | 110 lbs ⁴ | 110 lbs ⁴ |
| 8th Grader ⁵ | - | - | 110 lbs | 110 lbs |
| X-Men | Unlimited | 12U | 151+ lbs | No Max |
| 14U | | 14U ³ | 180 lbs | 188 lbs |
| X-Men | Unlimited | 11 - 14 | 181+ lbs | No Max |

Revised 03/10/26

League playing age is as of July 1, 2026

Minimum playing age: player must be 6 Years Old on July 1, 2026

¹11-Year Old O/L cannot turn 12 before 12/31/26 on 10U

²13-Year Old O/L cannot turn 14 before 12/31/26 on 12U

³14-Year-Old cannot turn 15 before 12/31/26 on 14U

⁴Older-Lighters are not allowed to gain a pound per week during season

⁵**8th Graders must play on 14U Division, unless weigh under 110 lbs**

High School Freshmen must play on 14U Division Only

Cheerleader Information

Age for Cheerleaders – 5-14

Cheerleader placement considers age, skill level, and EBYFC rules. We'll do our best to place your child appropriately. If accommodations are needed, please discuss with our Cheer Coordinator. The board will review each request individually. Please note that these requests are not guaranteed.

Division Basic Age

Jr. Peewee 6, 7, 8 years old (5-year-olds are at the discretion of the city)

Peewee* 8, 9, 10 years old

Jr. Varsity* 11, 12 years old

Varsity 12, 13, 14 years old

****Due to differences in maturity and grade level, elementary-aged children will not be mixed with middle school-aged children. Any exception may only be made at the sole discretion of the MYF Board, with full agreement of the Board and coaches. Decisions will be based on a participant's experience and skill history and are final and not subject to debate***

Uniform Fitting – May 31, 2026, Location and time TBA

Uniforms, Camp (1), Outside Competitions (2), are additional costs, please see page one of Fact Sheet for those costs.

MARTINEZ YOUTH FOOTBALL & CHEER 2026 CALENDAR OF EVENTS

Below is a tentative calendar of events for the season. Please note that changes may occur due to field availability, scheduling conflicts with EBYFC, or other unforeseen circumstances. We will do our best to notify all parents in advance of any changes. For the most up-to-date information, please refer to our Band App for announcements from the Board and Coaches.

| | | |
|---|--|---|
| January 16, 2026 | Registration Open | Round Table Pizza 504 Center Ave. Martinez at 6 PM - 8 PM |
| Saturdays Beginning April 4th 4/4, 4/11, 4/25, 5/2 | Spring Clinic | Location TBD Time: 10AM - 12PM |
| May 31, 2026 | Cheer Uniform Fitting | Location & Time will be emailed to registered participants. |
| May 26th - 29th, 2026 | Cheer Popcorn Fundraiser | Online Fundraising Event |
| TBD | MYF 4th Annual Car Show Cheer Performance | TBD |
| TBD | MYF Cookout Fundraising Event | More Details to Follow... |
| June 13, 2026 | Carwash | Les Schwab Tires - Martinez 12 PM - 3 PM |
| Saturday, July 4, 2026 | 4 th of July Parade | Time & Mtg Location TBA Location TBA at 12 PM |
| June 14, 2025 | Bulldog Orientation | |
| July | Football Popcorn Fundraiser | Online Fundraising Event |
| TBD | Physicals on the Field | Details to Follow... |
| Beginning of August | Otis Spunkmeyer Fundraiser | Details to Follow... |
| August 14, 2026 | Bulldog Day | Practice Field 7 PM - 8 PM |
| October | AHS HOCO Parade | Details to follow |
| October | HOCO | Date, Time & Location TBD |
| October | Parents Night Out | Details TBD |
| October | Trunk or Treat | Details TBD |
| November 26, 2026 | Thanksgiving Football Fun Bring a treat to share. | 9 AM - 12 PM at Nancy Boyd Park Martinez |
| November/December | MYF Awards Night | Details to Follow... |
| Friday, December 4, 2026 | Light Parade | Details TBA |

MYF 2026

Parent Fact Sheet Acknowledgment Statement

I, _____, hereby acknowledge that I have received and understand the rules, regulations, and procedures outlined by the Martinez Youth Football and Cheer Association (MYF/Martinez Bulldogs) for the 2026 season. **MYF policies**, including medical disclosure and participation requirements, are maintained in the MYF Policies & Procedures Manual, which is available on our website. Due to length, the full policy manual is not printed. Families are responsible for reviewing and complying with all MYF policies. Policies are subject to change as necessary for safety, compliance, or operational needs. Updates will be communicated through official MYF channels.

I acknowledge that while MYF strives to maintain these guidelines, there may be instances where adjustments are necessary due to unforeseen circumstances, such as changes in city or school district regulations. MYF will make every effort to communicate these changes promptly.

To ensure accurate and timely information, I commit to directing any questions or concerns to a MYF board member. Avoiding rumors and seeking information directly from the organization will help maintain transparency and a positive experience for all involved.

By signing below, I agree to abide by these guidelines and support the MYF organization.

Parent/Guardian Signature

Parent /Guardian Printed Name

Child's Name

Date

HOCO TP Volunteer 2026

_____ I would like to volunteer my home to be TP'd at the below address.

_____ I would **NOT** like my home to be TP'd this year

_____, Martinez CA 94553

Please Print Address