

# Martinez Youth Football & Cheer 2023 Registration Form

Child's Full Legal Name (First) \_\_\_\_\_ (Last) \_\_\_\_\_

DOB \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
Month                      Date                      Year

Age on 08/01/2023 \_\_\_\_\_  
(6\*-14) \*must be 6 before 01/01/2023

Parent(s) / Guardian Name: \_\_\_\_\_

Address: \_\_\_\_\_ City/Zip \_\_\_\_\_

Parent Contact Number: \_\_\_\_\_ 2<sup>nd</sup> Parent Contact Number: \_\_\_\_\_

**MUST HAVE 3 DIFFERENT NUMBERS**

Emergency Contact (**NOT PARENT**) \_\_\_\_\_  
Name                                      Phone #                                      Relationship to child

School Name child will attend in August \_\_\_\_\_

Grade Child will be in (Please circle one)    K    1    2    3    4    5    6    7    8    9

Insurance Carrier \_\_\_\_\_  
Kaiser, Anthem, CCHP, ect.....

Parent(s) E-mail address \_\_\_\_\_

PLEASE PRINT CLEARLY

**League Registration Fees: Option 1**

\$50.00 Non-refundable sign-up fee, due at time of sign-up

Date paid \_\_\_\_\_ CASH/CC

\$200.00 Volunteer Deposit\*

Date paid \_\_\_\_\_ CASH/CC

\$400.00 Registration fee

Date paid \_\_\_\_\_ CASH/CC

*All fees are due by July 17, 2023*

**League Registration Fees: Option 2**

\$50.00 Non-refundable sign-up fee, due at time of sign-up

Date paid \_\_\_\_\_ CASH/CC

\$350.00 Volunteer Buyout

Date paid \_\_\_\_\_ CASH/CC

\$400.00 Registration fee

Date paid \_\_\_\_\_ CASH/CC

*All fees are due by July 17, 2023*

**Volunteer time\***: 8 hours per child or 16 hours per family.

This payment will be Paid to the Order of: \_\_\_\_\_ when volunteer hours have been completed.  
PLEASE PRINT NAME

# Martinez Youth Football & Cheerleading Association Medical & Liability Release

I, the undersigned parent/guardian of:

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(Please print **Child's** full name legibly)

I do hereby give consent for my son/daughter to participate in Martinez Youth Football & Cheerleading Association activities and events. I do hereby acknowledge that by taking part in any MYFCA activity and events that there is a possibility of injury or illness to my son/daughter; there for and with this knowledge, I do hereby grant permission to any medical staff member(s) to administer any needed treatment to my child should he/she become injured or ill. Additionally, I do hereby agree to hold harmless and forever discharge MYFCA, Board Members, Coaches, Jr. Coaches and volunteers for any injury or illness incurred as a result of my son/daughter's participation in MYFCA activities and events under any and all circumstances.

**\*Please fill in ALL information Below\***

Parent(s) Name \_\_\_\_\_

Parent(s) Signature \_\_\_\_\_ Date: \_\_\_\_\_

Medical Insurance \_\_\_\_\_

Existing Medical Conditions:  
Including Asthma

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Any Allergies:

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Jr. Pee Wee

Pee Wee

Jr. Varsity

Varsity

# MYF CODE OF CONDUCT

MYF is a respectable organization. It is the expectation that all representatives of this organization, whether they be a registered participant, parent, family member, Coach or Board Member, conduct themselves in a respectful and wholesome manor while attending any and all MYF related gatherings.

Any member, player, parent, or family representative of a member, spectator, Head Coach, Assistant Coach, or Association Official may be barred from participating in the association, who, in the opinion of the association demonstrates:

- A. The inability or unwillingness to cooperate with his/her team, MYF Coaches/Board or Association Officials, or a reluctance to meet his/her assigned responsibilities.
- B. Persistent acts of poor sportsmanship.
- C. Acts of vandalism, violence, commission of crimes, or other deeds which cause damage to any property or the reputation of MYF and/or its members.
- D. Any use of profanity/foul language.
- E. Slander/defamation of MYF, it's participants or it's members.
- F. Combative dialogue by ANY ONE with any referees/officials. The EBYFC, along with the Refs Association, has placed a strict zero tolerance policy across the entire league.
- G. Absolutely NO DRUG/ALCOHOL USE within 100 yards of ANY practice or game fields, parking lots or ANY MYF gatherings.
- H. Any fighting will result in immediate dismissal without a majority Board vote.

Decisions to dismiss or suspend an offensive party require a majority vote of the MYF Board of Directors.

*By signing below I \_\_\_\_\_, the parent/guardian of \_\_\_\_\_, understand that I am assuming responsibility for any family, friend or spectator in attendance at any MYF gatherings on behalf of my child. I will inform them of the above code of conduct and will impress upon them the importance of adhering to this code of conduct.*

SIGNATURES	DATE
Participant:	
Parent/Guardian:	
MYF VP:	
MYF President:	

# MARTINEZ YOUTH FOOTBALL & CHEER 2023

Jr. Pee Wee     Pee Wee     Jr. Varsity     Varsity  
 New Player     Returning Player

PLAYER NAME \_\_\_\_\_

Weight: \_\_\_\_\_ Board Mbr: \_\_\_\_\_

Picture: \_\_\_\_\_ Board Mbr: \_\_\_\_\_

Player Signature Front Board Mbr: \_\_\_\_\_

Player Signature Back Board Mbr: \_\_\_\_\_

Parent Signature Board Mbr: \_\_\_\_\_

Physical Board Mbr: \_\_\_\_\_

Birth Certificate (New Player) Board Mbr: \_\_\_\_\_

Player Card (Returning Player) Board Mbr: \_\_\_\_\_

Paid in full Board Mbr: \_\_\_\_\_

Payment Plan – President or Vice President Signature: \_\_\_\_\_

Scholarship Program – President or Vice President Signature \_\_\_\_\_

# MARTINEZ YOUTH FOOTBALL & CHEER

## 2023 PARENT FACT SHEET

ORIENTATION WILL BE HELD ON SATURDAY, 7/15/23, AT ROUND TABLE. ALL PAPERWORK; **INCLUDING PHYSICAL & ORIGINAL BIRTH CERTIFICATE (IF NEW PLAYER)** MUST BE TURNED IN ON THIS DAY. YOUR CHILD NEEDS TO BE PRESENT TO HAVE A PICTURE TAKEN AND TO SIGN HIS/HER PLAYER CARD. **BALANCE OF ALL MONIES OWED ARE DUE AT THIS TIME.**

**\*\*\*\*PLEASE NOTE, THE PARENT THAT SIGNS UP THE CHILD IS RESPONSIBLE FOR PAYING THE FEES. IF YOU AND ANOTHER PARENT ARE SPLITTING THE REGISTRATION COSTS, IT IS UP TO THE PARENT THAT REGISTERED THE CHILD TO PAY ALL MONIES.\*\*\*\***

**\*\*\*\*\*YOUR CHILD WILL NOT BE ABLE TO ATTEND PRACTICE UNTIL ALL OF THE PAPERWORK IS COMPLETED AND ALL MONIES HAVE BEEN PAID IN FULL.\*\*\*\*\***

TIMES:	VARSITY	11:00 AM – 11:45 AM
	JR. VARSITY	11:45 AM – 12:30 PM
	PEE WEE	12:30 PM – 1:15 PM
	JR. PEE WEE	1:15 PM – 2:00 PM

FOR THOSE PLAYERS THAT HAVE COMPLETED ALL PAPERWORK AND ARE PAID IN FULL PRACTICE WILL BEGIN ON JULY 17<sup>th</sup>, AT ALHAMBRA HIGH SCHOOL UPPER FIELD

**YOU MUST HAVE A PHYSICAL TURNED IN BEFORE YOU CAN START PRACTICE. NO EXCEPTIONS!!!**

EQUIPMENT HAND OUT LOCATION: ALHAMBRA HIGH SCHOOL FOOTBALL FIELD, DATE: TBD.

TIMES:	JR. PEE WEE	3:00 PM – 3:30 PM
	PEE WEE	3:30 PM – 4:00 PM
	JR. VARSITY	4:00 PM – 4:30 PM
	VARSITY	4:30 PM – 5:00 PM

**IF ALL FEES ARE NOT PAID IN FULL AT THIS TIME, YOUR SON/DAUGHTER WILL NOT BE ABLE TO GET HIS/HER EQUIPMENT ISSUED TO HIM/HER.**

EVERY FAMILY WILL BE REQUIRED TO VOLUNTEER 8 HOURS IF YOU HAVE ONE CHILD AND 16 HOURS PER FAMILY IF YOU HAVE MORE THAN ONE CHILD IN THE LEAGUE. WE NEED VOLUNTEERS AT EVERY **HOME AND AWAY** GAME. SIGN UPS FOR VOLUNTEER TIME ARE TBA. THE VOLUNTEER LISTS WILL BE AT ALL PRACTICES ON THE BOARDS. YOU CAN CHECK THESE AT ANY TIME. IF YOU COMPLETE YOUR 8 HOURS AND HAVE SIGNED IN AND OUT ON YOUR DAY OF DUTY, YOU WILL RECEIVE A \$200.00 REFUND AT THE END OF THE SEASON. REMEMBER, YOU MUST SIGN-IN AND OUT WHEN YOU DO YOUR VOLUNTEER DUTIES.

FEES ARE AS FOLLOWS:

<b>OPTION 1:</b>		<b>Option 2:</b>	
\$50.00	NON-REFUNDABLE SIGN-UP FEE	\$50.00	NON-REFUNDABLE SIGN-UP FEE
\$400.00	REGISTRATION FEE	\$400.00	REGISTRATION FEE
<u>\$200.00</u>	VOLUNTEER DEPOSIT	<u>\$350.00</u>	VOLUNTEER BUYOUT
\$650.00	DUE BY July 17 <sup>th</sup> , 2023	\$800.00	DUE BY July 17 <sup>th</sup> , 2023

IF YOUR CHILD DROPS FROM MYF ANYTIME FROM JULY 17<sup>th</sup> TO JAMBOREE, AUGUST 19, YOUR REFUND WILL BE \$200.00, ONE HALF OF THE TOTAL REGISTRATION FEES, IF YOUR CHILD DOES NOT MAKE OFFICIAL WEIGHT AT JAMBOREE, YOU WILL RECEIVE A REFUND OF \$100.00. IF YOUR CHILD CHOOSES TO DROP FROM MYF AFTER JAMBOREE THERE WILL BE NO REFUND,

### SCHOLAR ATHLETE PROGRAM

ACADEMIC SCHOLARSHIP IS AVAILABLE TO ALL PLAYERS IN THE FORM OF A \$50.00 U.S. SAVINGS BOND. ALL PLAYERS ARE ENCOURAGED TO PARTICIPATE IN THIS PROGRAM. YOU MUST HAVE A 3.5 GPA TO QUALIFY.

**BE SURE TO VISIT OUR WEBSITE – [WWW.MYBULLDOGS.ORG](http://WWW.MYBULLDOGS.ORG)**

**I signed my child up for football or cheer.....now what?**

### FOOTBALL ORIENTATION

ORIENTATION WILL BE HELD ON SATURDAY, JULY 15<sup>th</sup> AT ROUND TABLE, ALL PAPERWORK; **INCLUDING PHYSICAL & ORIGINAL BIRTH CERTIFICATE (IF NEW PLAYER)** MUST BE TURNED IN ON THIS DAY. YOUR CHILD NEEDS TO BE PRESENT TO HAVE A PICTURE TAKEN AND TO SIGN HIS/HER PLAYER CARD. **BALANCE OF ALL MONIES ARE DUE AT THIS TIME.**

### WHAT IS JAMBOREE?

SATURDAY, AUGUST 19, 2023

LOCATION: TBD

This is a day full of mini scrimmages from all around the Bay Area. It is to show off your teams and players to the other teams and get ready for the season.

### BEFORE EACH GAME

Your child will need to be at the field, either home or away, 60 minutes prior to their game. The players come in regular street clothes and will be weighed in before each game. They are to bring their football gear bags, water, and everything else they will need to play. They will change after weigh in has been completed, Uniform jerseys and pants will be handed out every Thursday at practice. The players can wear their jerseys to school Friday (depending on school permission, Martinez Jr. High did restrict this privilege years past, so please check with the school first) and bring it to the game with them on Saturday. At the end of the game the team mom will collect all jerseys and pants. **ALL GAME JERSEYS AND PANTS MUST BE COLLECTED AFTER THE GAMES.**

### GAMES

The price to get into all games for the 2023 season is \$6.00 per person and children under 14 are free.

## VOLUNTEER ASSIGNMENTS

You are committed to volunteering for 8 hours per child or 16 if you have multiple children playing. A great way to volunteer if you are doing chain gang or play monitor is to work the game before your child's game since you have to have your child to the games 60 minutes prior to their play time. That way you can watch your child's game and you can work the game before or after. PLEASE MAKE SURE WHEN YOU SIGN IN OR OUT FROM YOUR VOLUNTEER ASSIGNMENT THAT YOU ALSO LIST YOUR CHILD'S NAME.

**What is Chain Gang:** is the parent who helps hold the markers for the downs (Home & Away)

**What is Play Monitor:** is the parent who watches and keeps track of the kids who are playing and how many times they have played. (Home and Away)

**Merchandise:** is the parent that helps sell the MYF merchandise at our home games

**Snack Shack:** helping sell and prepare food for our home games

**Gate:** assist in taking money at the games for our home games

**Team Parent:** is the parent who will organize the information for the parents and make sure all parents know what is going on. In charge of making sure the volunteers are notified of what games they are working, organizing team uniforms, washing team uniforms, making the basket for the **HOMECOMING**, and help the coaches.

On each team there will be a ½ time snack parent as well. Those will be organized by your team parent. Snack is usually something small ex: sliced oranges.

Practices will begin July 17<sup>th</sup> at Alhambra Upper Track. Practices are Monday through Friday 5:30 pm to 7:30 pm. Starting September 5<sup>th</sup>, practices will go down to 3 days a week, Tuesday, Wednesday, and Thursday 5:30 pm to 7:30 pm until time change.

### **Equipment: what you might want to purchase for your child and what is provided by the league.**

Once you have paid all your fees, and your child has completed the mandatory 10 hours of no pads conditioning, your child will be issued his/her equipment. This includes: a bag, shoulder pads, helmet, practice jersey and basic mouthpiece. Before the 1<sup>st</sup> game, they will receive their game socks and will be assigned a uniform for the season.

**THINGS YOU NEED TO PURCHASE:** football cleats, mouthpiece (optional), chin strap (optional) and a 7 piece girdle. **BODY PADS WILL NOT BE HANDED OUT. YOU MUST PURCHASE A 7 PIECE GIRDLE WITH PADS ALREADY IN IT.**

## **FUNDRAISING**

Required Fundraising: TBA

## Homecoming at Alhambra high school

Date: TBD. This is our BIGGEST event of the season. The football players and Cheerleaders will walk out together and be introduced and given flowers and candy. We have merchandise for sale, lots of food and activities for the little ones and their families. This is one of the fundraisers for the league as well. After the Homecoming game there is a CHILD ONLY dance at one of our local Elementary schools.

### Age and Weight for Football Players

*\*6 1/2 year olds – Jr. Pee Wee – League Approval/Signed Waiver – must turn 7 during season*

Division Name	Roster Limits	Ages	Certification Maximum Weigh	End of Season Maximum
<b>Jr Peewe</b>		7-8	90lbs	97lbs
Older/Lighter	Max 6	9**	65lbs	72lbs
X-Men	Unlimited	7-8	91+ lbs	No Max
<b>Peewee</b>		10U	120lbs	127lbs
Older/Lighter	Max 8	11**	85lbs	92lbs
X-Men	Unlimited	10U	121+ lbs	No Max
<b>Junior Varsity</b>		12U	150lbs	157lbs
Older/Lighter	Max 8	13**	115lbs	122lbs
X-Men	Unlimited	12U	151+ lbs	No Max
<b>Varsity</b>	14yr. Olds- Max 8	14U	180lbs	187lbs
X-Men	Unlimited	11-13	181+ lbs	No Max

### Cheerleader Information

Age for Cheerleaders – 5-14

<u>Division</u>	<u>Basic Age</u>
Jr. Peewee	6, 7, 8 years old (5 year olds are at the discretion of the city)
Peewee	8, 9, 10 years old
Jr. Varsity	10, 11, 12 years old
Varsity	12, 13, 14 years old

Uniform Fitting – TBD

Uniforms, outside competitions, bows and poms are additional costs.



# **MYF Volunteer Positions**

*MYF is a program operated 100% by volunteers. As such, your child's participation in the upcoming season is conditioned upon each family providing a minimum of 8 hrs. per player, and 16 hrs. max per family, to support the operations and success of our program. Should a family be unwilling and/or unable to volunteer it's time, it may elect to forfeit the parent volunteer fee. Alternatively, a family may opt to "buy out" their volunteer hours at the beginning of the season for \$350. If chosen, no volunteer hours will be required from that family. Volunteer participants must be at least 16 years of age.*

**AT LEAST ½ OF YOUR VOLUNTEER HOURS MUST BE COMPLETED BY THE END OF GAME #4 OR YOUR DEPOSIT WILL BE PROCESSED.**

**ALL REMAINING HOURS MUST BE COMPLETED BY THE LAST REGULAR SEASON GAME!**

**LIMITED EXTRA PLAYOFF GAME VOLUNTEERING IS REQUIRED IF YOUR TEAM MAKES THE PLAYOFFS.**

**No-Show Policy -**

-First No-Show - Warning to family.

-Second No-Show - Volunteer deposit fee will be forfeited/processed. If your buyout does not clear, the Coach will be notified and the athlete will sit out until paid.

**YOU MUST SIGN IN WITH THE VOLUNTEER COORDINATOR AT ALL GAMES OR YOUR HOURS WILL NOT COUNT!**

**All volunteer duties will be available during practice at the Information Table starting: The first official season practice.**

**HOME GAME DUTIES:**

<b>Game Day set up</b>	Assist with table set up, EZ up canopy set up, field equipment set up, and miscellaneous set up to be determined.
<b>Snack Shack set up</b>	Assist with snack/food prep. Light lifting may be required.
<b>Snack Shack</b>	Preparing and cooking foods. Selling food/beverages to patrons. Keeping work space, safe, sanitary, and clean during a shift.
<b>Gate Duty</b>	Operate/collect gate admission monies.
<b>BBQ</b>	BBQ's hamburgers/hot dogs/any meats provided
<b>Spirit Booth</b>	Sell MYF Bulldogs spirit wear.
<b>Game Day clean up</b>	Assist with table breakdown, EZ up canopy breakdown, field equipment breakdown, and miscellaneous clean-up to be determined.
<b>Chain Gang</b>	These volunteers work on the away sidelines moving markers up and down the field for plays during home games.
<b>Minimum Play Monitor</b>	You will either be on the home or away sidelines along with a parent from the opposing team. You will be responsible for keeping a record of minimum plays for the opposing team or calling out/assisting the other parent in keeping the records. A clipboard and completed player roster will be provided to you. For each play, one parent will have the list and the other parent will call off the jersey numbers of the players that are on the field. The parent with the list will check off each time that each player is on the field. After all players have completed their minimum plays, you will sign off and turn in paperwork to the head coach of that team, and your assignment is done. You must leave the field upon completion.

Spotter	Spotter observes and identifies notable player tackles/plays for offense and defense. <b>Must have knowledge of football!</b>
Clock <i>*Previous experience preferred</i>	Keeps track of time on the field and operates the official game clock.
Score Board <i>*previous experience required</i>	Operates scoreboard.

## AWAY GAME DUTIES:

Play Monitor	You will either be on the home or away sidelines along with a parent from the opposing team. You will be responsible for keeping a record of minimum plays for the opposing team or calling out/assisting the other parent in keeping the records. A clipboard and completed player roster will be provided to you. For each play, one parent will have the list and the other parent will call off the jersey numbers of the players that are on the field. The parent with the list will check off each time that each player is on the field. After all, players have completed their minimum plays, you will sign off and turn in paperwork to the head coach of that team and your assignment is done. You must leave the field upon completion.
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## PRE-SEASON JOBS:

Bulldog Day Saturday	Assist with final registration day. Set-up, Check-in/Welcome, Spirit wear Booth, Cheer Items Sizing, Check-Out, Clean-Up, Misc.
Equipment Handout Saturday	Assist in distributing football equipment.

## TEAM PARENT:

Cheer Team Parent	As a Cheer Team Parent you will be expected to assist coaches as needed, Send out messages as instructed by the Head Coach ( <b>USE OF TEAM APPS WILL BE REQUIRED</b> ), Distribution and collection of fundraising packets and other items/ materials to parents/guardians, Prepare Game Day Goody Bags/Items, Make breakthrough banners for the football team to run through, Coordinate end of the year coaches' gifts, Help find game day volunteers if there are still open shifts during your game and other misc. duties as needed. ( <b>Must be approved by the Board of Directors</b> )
Football Team Parent	As a Football Team Parent you will be expected to assist coaches as needed, Send out messages as instructed by the Head Coach ( <b>USE OF TEAM APPS WILL BE REQUIRED</b> ), Distribution and collection of fundraising packets and other items/ materials to parents/guardians, Wash and Distribute Team Jerseys, Coordinate end of the year coaches' gifts, Help find game day volunteers if there are still open shifts during your game and other misc. duties as needed. ( <b>Must be approved by the Board of Directors</b> )