



STUDIO LOCATION:
3035 SAINT ANTOINE OUEST, STUDIO #077
METRO LIONEL GROULX (2 MIN WALK)

+
LIVE ONLINE CLASSES :
[PATREON.COM/XTREMEKINETIX](https://www.patreon.com/xtremekinetix)

RESERVATION / CONTACT :
514-846-8456 / INFO@XTREMEKINETIX.COM

| TIME | MON | TUES | WED | THURS |
|---------|---------------------|-------------------|-------------------|-------------------|
| 5:00 pm | | | | Xtreme Kombatives |
| 6:00 pm | Tribal X Bellydance | TwerX | Pole BasiX | Pole TriXters |
| 7:00 pm | Liquid FoX Motion | Pole Xperts | BurleX | Xotic Pole |
| 8:00 pm | Xtreme Kombatives | Xtreme Kombatives | Xtreme Kombatives | |

DROP-INS = DANCE : 25\$, Martial Arts : 15\$ Must register in advance.

+ PERSONAL TRAINING / NUTRITION PROGRAMS / PARTIES/

BACHELOTTES / POLE STAGE RENTALS

WWW.XTREMEKINETIX.COM

[INSTAGRAM / FACEBOOK : @DGSTUDIO77](#)