**PICKLEBALL HAMILTON PLAY RULES – DROP-INS**

1. **Physical/Social Distancing**
   1. Players must be 2 metres apart at all times (except for cohabitants), including waiting for court time, and court changeovers. No high fives or paddle taps.
   2. Singles and unrestricted doubles permitted.
   3. Each person must bring their own balls. Use only your own labelled ball to serve.
   4. If a ball strays onto your court, tap it back with your foot or paddle, not hands. Do not enter another court to retrieve your ball.
2. **Access**
   1. Drop-in hours: 12:00 PM – 4:00 PM, Saturdays and Sundays and

8:00 PM – 10:00 PM, Wednesday Evenings. Our courts are located at 305 South Bend East at the rear of Hill Park Recreation Centre

* 1. Drop-in cost is $5 per session
  2. We will have court monitors that unlock the gate and enforce all rules (however ALL players responsible for helping the monitors to enforce the rules).
  3. A monitor will ask all players a series of screening questions composed by the Ministry of Health that must be answered before entering the courts. The monitor will also ensure a waiver has been completed and signed for the season before the player may enter the courts.
  4. No washroom facilities. Currently, Hill Park Recreation Centre is closed.
  5. Play at your own risk, especially if you are considered vulnerable or at risk.

1. **Cleanliness and Hygiene**
   1. Sanitize hands before entering the court and immediately upon leaving.
   2. Do not share any personal items (e.g., food, paddles, towels, etc.).
   3. Do not touch your face. Sanitize any object or surface you touch (e.g., fence, nets, posts or gate).
   4. If you touch someone else’s ball, please sanitize the ball and your hands.
   5. Do not spit!
   6. Cough or sneeze into a tissue, discard immediately and sanitize your hands.
   7. At home, disinfect/wash all items including paddles, balls, shoes and water bottle.
2. **Communication**
   1. If you have symptoms of COVID-19, self-isolate at home, complete Ontario’s self-assessment tool and call your primary care provider, Telehealth Ontario (1-866-797-0000) or Public Health Services (905-974-9848) for an assessment; Public Health will provide advice you may need to take to reduce the risk of transmission.
   2. If you have tested positive for COVID-19, if possible, please send an email to [info@pickleballhamilton.com](mailto:info@pickleballhamilton.com) to inform us. Due to privacy laws, your name and details will not be disclosed.

**Equipment**

1. Bring the following washed/sanitized items into the court:

* Paddle
* Balls (labelled)
* Hand sanitizer and wipes
* Water bottle
* Tissues
* Towel and/or sweatbands

Optional items include:

* Mask and gloves
* Eye protection (highly recommended to prevent injury)
* Folding chair