

SKILL TESTING

	2.0	2.5	3.0	3.5	4.0	4.5
Dinks	Forehand down the line 4/10 Forehand cross court 4/10 Backhand down the line 4/10 Backhand cross court 4/10	Forehand down the line 6/10 Forehand cross court 6/10 Backhand down the line 6/10 Backhand cross court 6/10	Forehand down the line 7/10 Forehand cross court 7/10 Backhand down the line 7/10 Backhand cross court 7/10	Forehand down the line 8/10 Forehand cross court 8/10 Backhand down the line 8/10 Backhand cross court 8/10 Windshield wiper dinks 14/20	Forehand down the line 9/10 Forehand cross court 9/10 Backhand down the line 9/10 Backhand cross court 9/10 Windshield wiper dinks 16/20	Forehand down the line 9/10 Forehand cross court 9/10 Backhand down the line 9/10 Backhand cross court 9/10 Windshield wiper dinks 18/20
3rd Shot Drop	-	<i>From transition area</i> Forehand 4/10 Backhand 4/10	<i>From transition area</i> Forehand 5/10 Backhand 5/10 <i>From baseline</i> Forehand 4/10 Backhand 4/10	<i>From transition area</i> Forehand down the line 8/10 Forehand cross court 8/10 Backhand down the line 8/10 Backhand cross court 8/10 <i>From baseline</i> Forehand down the line 6/10 Backhand down the line 6/10	<i>From transition area</i> Forehand down the line 8/10 Forehand cross court 8/10 Backhand down the line 8/10 Backhand cross court 8/10 <i>From baseline</i> Forehand down the line 7/10 Backhand down the line 7/10	<i>From transition area</i> Forehand down the line 8/10 Forehand cross court 8/10 Backhand down the line 8/10 Backhand cross court 8/10 <i>From baseline</i> Forehand down the line 8/10 Backhand down the line 8/10
3rd Shot Drive	-	-	-	-	3rd shot forehand drive from baseline 6/10 3rd shot backhand drive from baseline 6/10	3rd shot forehand drive from baseline 8/10 3rd shot backhand drive from baseline 8/10
Volleys	Forehand Punch Volley 4/10 Backhand Punch Volley 4/10	Forehand Punch Volley 5/10 Backhand Punch Volley 5/10	Forehand Punch Volley 6/10 Backhand Punch Volley 6/10 <i>*with directional & depth control, in back half of court if feeding from baseline, at least 1 foot behind NVZ if feeding from NVZ</i>	Forehand Punch Volley 7/10 Backhand Punch Volley 7/10 <i>*with directional & depth control, in back half of court if feeding from baseline, at least 1 foot behind NVZ if feeding from NVZ</i>	Forehand Punch Volley 8/10 Backhand Punch Volley 8/10 <i>*in back 1/3 of court</i> Forehand Block Volley 6/10 Backhand Block Volley 6/10	Forehand Punch Volley 8/10 Backhand Punch Volley 8/10 <i>*in back 1/3 of court, with directional control</i> Forehand Block Volley 6/10 Backhand Block Volley 6/10 <i>*lands in opponents' NVZ</i> Forehand swing volley 8/10 Backhand swing volley 8/10
Overhead	-	Overhead 4/10	Overhead 6/10	Overhead 7/10	Overhead 8/10	9/10
Serves	Deuce Court 4/10 Ad Court 4/10	Deuce Court 6/10 Ad Court 6/10	Deuce Court 6/10 Ad Court 6/10 <i>*must land in back 1/2 of court</i>	Deuce Court 8/10 Ad Court 8/10 <i>*must land in back 1/2 of court</i>	Deuce Court 8/10 Ad Court 8/10 <i>*must land in back 1/3 of court</i>	Deuce Court 8/10 Ad Court 8/10 <i>*must land in back 1/4 of court</i>

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	2.0	2.5	3.0	3.5	4.0	4.5
Return of serves	Deuce Court 4/10 Ad Court 4/10	Deuce Court 6/10 Ad Court 6/10	Deuce Court 6/10 Ad Court 6/10 <i>*must land in back 1/2 of court</i>	Deuce Court 8/10 Ad Court 8/10 <i>*must land in back 1/2 of court</i>	Deuce Court 8/10 Ad Court 8/10 <i>*must land in back 1/3 of court</i>	Deuce Court 8/10 Ad Court 8/10 <i>*must land in back 1/4 of court</i>
Lobs	-	-	Offensive lobs from NVZ line 3/5	Offensive lobs from NVZ line 3/5	Offensive lobs from NVZ line 4/5	Offensive lobs from NVZ line 4/5