

SEQUENCE TO HEALTH

Primary Care, Mental Health & Wellness

ACCESS TO CARE & PREVENTIVE SERVICES

US Government Healthy People 2020 has stated that mental health & physical health are interconnected. Mental health disorders can effect health outcomes, patient compliance & continuity of care.

Sequence to Health is solving this access to care by meeting & exceeding many health indicators put forth by HealthyPeople 2020



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PROACTIVE APPROACH TO HEALTH CARE & MENTAL HEALTH

MEDICAL

DIAGNOSIS OF PATIENTS AGE 7 & UP
ACUTE ILLNESS
PATIENT COMPLIANCE
CHRONIC ILLNESS MANAGEMENT
BIOMETRIC SCREENINGS
BODY ANALYSIS
SAME DAY SICK APPOINTMENTS

MENTAL

DIAGNOSIS PATIENTS (DSM-5)
MEDICATION MANAGEMENT
COGNITIVE BEHAVIORAL THERAPY
DIALECTICAL BEHAVIORAL THERAPY
ACCESS TO SAME DAY CARE
COPING SKILLS GROUPS
SUBOXONE TREATMENT

WELLNESS

SMOKING CESSATION PROGRAM
FITNESS CLASSES
HEALTH COACHING
SELF CARE-HEALTHY IMAGE
REFLEXOLOGY
COMMUNITY CLASSES
DISEASE & DISORDER EDUCATION

EXCEEDING INDICATORS

ACCESS TO CARE & PREVENTIVE TREATMENT

- Dual practice & wellness center provides many opportunities for reimbursement & preventive programs
- Increase insurance care census with care of chronic & acute diseases and disorders and mental health
- Patients ranging from pediatrics to geriatrics
- Meeting the increasing need to continuity of care between mental and medical health professionals
- Referrals & outreach with in network

BE AN INTEGRAL PART OF THE HEALTHCARE OF THE FUTURE

- Patients utilize services more often when grouped with in the same location
- Population-level services & classes that prevent illness and promote well-being
- Avoid the escalation of health issues to more complex and costly conditions
- First contact of care to provide continuity, comprehensiveness, personal wellness & coordination