



# April

# 2025



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2 *6:30am PST ToughAgers® Class *8:00am PST ToughAgers® Muscle *1:00pm PST ToughAgers® Muscle	3	4 *7:00am PST ToughAgers® Pickleball Conditioning *1:00pm PST ToughAgers® Class	5
6	7 *6:30am PST ToughAgers® Muscle *8:00am PST ToughAgers® Class *1:00pm PST ToughAgers® Class	8	9 *6:30am PST ToughAgers® Class *8:00am PST ToughAgers® Muscle *1:00pm PST ToughAgers® Muscle	10	11 *7:00am PST ToughAgers® Grandparent Fit *1:00pm PST ToughAgers® Class	12
13	14 *6:30am PST ToughAgers® Muscle *8:00am PST ToughAgers® Class *1:00pm PST ToughAgers® Class	15	16 *6:30am PST ToughAgers® Class *8:00am PST ToughAgers® Muscle *1:00pm PST ToughAgers® Muscle	17	18 *7:00am PST ToughAgers® Tennis Conditioning *1:00pm PST ToughAgers® Class	19
20	21 *6:30am PST ToughAgers® Muscle *8:00am PST ToughAgers® Class *1:00pm PST ToughAgers® Class	22	23 *6:30am PST ToughAgers® Class *8:00am PST ToughAgers® Muscle *1:00pm PST ToughAgers® Muscle	24	25 *7:00am PST ToughAgers® Golf Conditioning *1:00pm PST ToughAgers® Class	26
27	28 *6:30am PST ToughAgers® Muscle *8:00am PST ToughAgers® Class *1:00pm PST ToughAgers® Class	29	30			



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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	5	6	*6:30am PST ToughAgers® Class <sup>7</sup> *8:00am PST ToughAgers® Muscle *1:00pm PST ToughAgers® Muscle	8	*7:00am PST ToughAgers® Pickleball Conditioning *1:00pm PST ToughAgers® Class	10
11	*6:30am PST ToughAgers® Muscle <sup>12</sup> *8:00am PST ToughAgers® Class *1:00pm PST ToughAgers® Class	13	*6:30am PST ToughAgers® Class <sup>14</sup> *8:00am PST ToughAgers® Muscle *1:00pm PST ToughAgers® Muscle	15	*7:00am PST ToughAgers® Grandparent Fit <sup>16</sup> *1:00pm PST ToughAgers® Class	17
18	*6:30am PST ToughAgers® Muscle <sup>19</sup> *8:00am PST ToughAgers® Class *1:00pm PST ToughAgers® Class	20	*6:30am PST ToughAgers® Class <sup>21</sup> *8:00am PST ToughAgers® Muscle *1:00pm PST ToughAgers® Muscle	22	23	24
25	26	27	28	29	30	31
					*1:00pm PST ToughAgers® Class	