



# February 2025



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3 *6:30am PST ToughAgers® Muscle *8:00am PST ToughAgers® Class *1:00pm PST ToughAgers® Class	4	5 *6:30am PST ToughAgers® Class *8:00am PST ToughAgers® Muscle *1:00pm PST ToughAgers® Muscle	6	7 *7:00am PST ToughAgers® Pickleball Conditioning *1:00pm PST ToughAgers® Class	8
9	10 *6:30am PST ToughAgers® Muscle *8:00am PST ToughAgers® Class *1:00pm PST ToughAgers® Class	11	12 *6:30am PST ToughAgers® Class *8:00am PST ToughAgers® Muscle *1:00pm PST ToughAgers® Muscle	13	14 *7:00am PST ToughAgers® Grandparent Fit *1:00pm PST ToughAgers® Class	15
16	17 *6:30am PST ToughAgers® Muscle *8:00am PST ToughAgers® Class *1:00pm PST ToughAgers® Class	18	19 *6:30am PST ToughAgers® Class *8:00am PST ToughAgers® Muscle *1:00pm PST ToughAgers® Muscle	20	21	22
23	24	25	26	27	28	



# March

# 2025



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY			
						1			
2	*6:30am PST ToughAgers® Muscle *8:00am PST ToughAgers® Class *1:00pm PST ToughAgers® Class	3	4	*6:30am PST ToughAgers® Class *8:00am PST ToughAgers® Muscle *1:00pm PST ToughAgers® Muscle	5	6	*7:00am PST ToughAgers® Pickleball Conditioning *1:00pm PST ToughAgers® Class	7	8
9	*6:30am PST ToughAgers® Muscle *8:00am PST ToughAgers® Class *1:00pm PST ToughAgers® Class	10	11	*6:30am PST ToughAgers® Class *8:00am PST ToughAgers® Muscle *1:00pm PST ToughAgers® Muscle	12	13	*7:00am PST ToughAgers® Grandparent Fit *1:00pm PST ToughAgers® Class	14	15
16	*6:30am PST ToughAgers® Muscle *8:00am PST ToughAgers® Class *1:00pm PST ToughAgers® Class	17	18	*6:30am PST ToughAgers® Class *8:00am PST ToughAgers® Muscle *1:00pm PST ToughAgers® Muscle	19	20		21	22
23	*6:30am PST ToughAgers® Muscle *8:00am PST ToughAgers® Class *1:00pm PST ToughAgers® Class	24	25	*6:30am PST ToughAgers® Class *8:00am PST ToughAgers® Muscle *1:00pm PST ToughAgers® Muscle	26	27	*7:00am PST ToughAgers® Golf Conditioning *1:00pm PST ToughAgers® Class	28	29
30	*6:30am PST ToughAgers® Muscle *8:00am PST ToughAgers® Class *1:00pm PST ToughAgers® Class	31							