

OCTOBER MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

			October 1 B. Combo Bar & Crackers (wg) L. Popcorn Chicken (wg) Mashed Potatoes/Gravy Corn Dinner Roll (wg) Peaches	October 2 B. Breakfast Sandwich (wg) L. Stuffed Crust Pizza (wg) Green Beans Applesauce Sherbet Cup
October 5 B. Chocolate Donuts Bites (wg) L. Mini Corn Dogs (wg) Smiles Carrots Mixed Fruit	October 6 B. Breakfast Bagel (wg) L. Chicken Fried Steak (wg) Mashed Potatoes/Gravy Corn Dinner Roll (wg) Pineapple	October 7 B. Biscuit (wg) & Gravy w/ Potatoes L. Mr Ribb (wg) Chips Baked Beans Mandarin Oranges	October 8 B. Cinnamon Roll (wg) L. Goulash (wg) Cheese Pull-A-Part (wg) Green Beans Pears	October 9 B. Breakfast Sandwich (wg) L. Fiestada (wg) Peas Peaches O'Henry Bar (wg)
October 12 B. Muffin (wg) & Yogurt Parfait Cup (wg) L. Chicken Enchilada Calzone (wg) French Fries California Blend Vegetables Blueberries	October 13 B. Tornado w/ Salsa & Crackers (wg) L. Nacho Supreme (wg) Refried Beans Tropical Fruit Cupcake (wg)	October 14 B. Pancakes (wg) & Sausage Links L. Sub Sandwich (wg) Cheetos Carrots & Celery Sticks Cottage Cheese Applesauce Cup 12:30 DISMISSAL	October 15 B. Omelet & Toast (wg) L. Chicken Patty (wg) Loaded Mashed Potatoes Creamed Corn Dinner Roll (wg) Apricots	October 16 NO SCHOOL
October 19 B. Strawberry Mini Bagel (wg) L. Chili Shredded Cheese Crackers Apples Cinnamon Roll (wg)	October 20 B. Breakfast Pizza (wg) L. Chicken Quesadilla (wg) Mozzarella Sticks (wg) Marinara Sauce Carrots Pears	October 21 B. French Toast Bites (wg) L. Orange Chicken Vegetable Fried Rice (wg) Corn Dinner Roll (wg) Pineapple	October 22 B. Donut (wg) L. Corndog (wg) French Fry Shapes Green Beans Strawberries	October 23 B. Breakfast Sandwich (wg) L. Mini Cheese Pizza (wg) Peas Peaches Ice Cream
October 26 B. Mini Cinni (wg) & Cheese Stick L. Pizza Stick (wg) Cheesy Broccoli Pears Fruit Icee Cup	October 27 B. E-Oatmeal Choc Chip Round (wg) L. Taco (wg) Gems Applesauce Monster Cookie (wg)	October 28 B. Mini Donuts (wg) L. French Toast Sticks (wg) Omelet Tri Tater Oranges	October 29 B. Pancake Stick (wg) & Potatoes L. Chicken Strips (wg) Rice (wg) Corn Dinner Roll (wg) Mixed Fruit	October 30 B. Breakfast Sandwich (wg) L. Pulled Pork Sandwich (wg) Lays Chips Baked Beans Warm Cinnamon Apples

Salad and yogurt offered in place of the main entrée. All menus are subject to change. (WG) indicates all whole grain items.

This institution is an equal opportunity employer.

Fruits/juices are offered daily at Breakfast. Fruit/Vegetable Bar offered daily at Lunch. Low-fat Milk Choices are offered daily.

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