

OCTOBER MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			October 1 B. Cinnamon Roll (wg) L. Homemade Pizza (wg) Green Beans Sidekick Pears Milk Fruit and Veggie Bar	October 2 B. Breakfast Sandwich (wg) L. Hot Ham & Cheese Sandwich (wg) Fries Peas Pineapple Milk Fruit and Veggie Bar
October 5 B. Pancake Stick (wg) L. Cheese Quesadilla (wg) Carrots Mixed Fruit Rice Krispie Bar (wg) Milk Fruit and Veggie Bar	October 6 B. Donut (wg) L. Chicken Nuggets (wg) Corn Fries Bread (wg) Pears Milk Fruit and Veggie Bar	October 7 B. Breakfast Tornado (wg) L. French Toast Sticks (wg) Omelet Tri Tater Mandarin Oranges Milk Fruit and Veggie Bar	October 8 B. Muffin (wg) L. Calzone (wg) Green Beans Cake (wg) Peaches Milk Fruit and Veggie Bar	October 9 B. Breakfast Sandwich (wg) L. Mexi Burger on a Bun (wg) Gems Baked Beans Applesauce Milk Fruit and Veggie Bar
October 12 B. Mini Pancakes (wg) L. Pizza Sticks (wg) Green Beans Yogurt Pears Milk Fruit and Veggie Bar	October 13 B. Breakfast Sliders (wg) L. Hotdog on a Bun (wg) Fries Baked Beans Pineapple Milk Fruit and Veggie Bar	October 14 B. Breakfast Pizza (wg) L. Popcorn Chicken (wg) Rice (wg) Carrots Bread (wg) Peaches Milk Fruit and Veggie Bar 1:15 dismissal	October 15 B. Frudel (wg) L. Turkey Sandwich (wg) Chips Peas Mixed Fruit Milk Fruit and Veggie Bar	October 16 B. Breakfast Sandwich (wg) L. Fiestada (wg) Corn O'Henry Bar (wg) Applesauce Milk Fruit and Veggie Bar
October 19 B. Mini Bagel (wg) L. Hamburger on a Bun (wg) Gems Baked Beans Pineapple Milk Fruit and Veggie Bar	October 20 B. Breakfast Boat (wg) L. Chicken Patty (wg) Au Gratin Potatoes Peas Bread (wg) Peaches Milk Fruit and Veggie Bar	October 21 B. French Toast Sticks (wg) L. Chili Crackers (wg) Cheese Slice Baby Carrots Cinnamon Roll (wg) Pears Milk Fruit and Veggie Bar	October 22 B. Yogurt and Combo Bar (wg) L. Chicken Strips (wg) Rice (wg) Corn Bread (wg) Mandarin Oranges Milk Fruit and Veggie Bar	October 23 B. Breakfast Sandwich (wg) L. Walking Taco (wg) Refried Beans Ice Cream Bar Applesauce Milk Fruit and Veggie Bar

Salad and yogurt offered in place of the main entrée. All menus are subject to change.
 (WG) indicates all whole grain items. This institution is an equal opportunity employer.

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
October 26 B. Dutch Waffle (wg) L. Corndog (wg) Baked Beans Fries Peaches Milk Fruit and Veggie Bar	October 27 B. Breakfast Bites (wg) L. Orange Chicken (wg) Rice (wg) Corn Bread (wg) Mixed Fruit Milk Fruit and Veggie Bar	October 28 B. Breakfast Pizza (wg) L. Hot Ham/Cheese Sandwich (wg) Gems Peas Pineapple Milk Fruit and Veggie Bar	October 29 B. Cinnamon Roll (wg) L. Spaghetti (wg) Broccoli Breadstick (wg) Applesauce Milk Fruit and Veggie Bar	October 30 B. Breakfast Sandwich (wg) L. Mini Pizza (wg) Green Beans Cookie (wg) Pears Milk Fruit and Veggie Bar

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