


OCTOBER MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				October 1 B. Breakfast Sandwich (wg) L. Chicken Quesadilla (wg) Carrots Pudding Pears Milk Fruit and Veggie Bar
October 4 B. Mini French Toast (wg) L. Sweet & Sour Chicken (wg) Rice (wg) Corn Bread (wg) Pears Milk Fruit and Veggie Bar	October 5 B. Frudel (wg) L. French Toast Sticks (wg) Omelet Tri Tater Oranges Milk Fruit and Veggie Bar	October 6 B. Pancake Stick (wg) L. Hot Dog on a Bun (wg) Green Beans Gems Applesauce Milk Fruit and Veggie Bar	October 7 B. Scrambled Eggs/ Toast (wg) L. Taco (wg) Refried Beans Cookie Peaches Milk Fruit and Veggie Bar	October 8 B. Breakfast Sandwich (wg) L. Mini Pizza (wg) Carrots Sherbet Cup Pineapple Milk Fruit and Veggie Bar
October 11 B. Mini Bagels (wg) L. Mini Corndogs (wg) Baked Beans Fries Mixed Fruit Milk Fruit and Veggie Bar	October 12 B. Cinnamon Roll (wg) L. Popcorn Chicken (wg) Rice (wg) Green Beans Bread (wg) Peaches Milk Fruit and Veggie Bar	October 13 B. French Toast Sticks (wg) L. Turkey Sandwich (wg) Chips Baby Carrots Pineapple Milk Fruit and Veggie Bar 1:00 Dismissal	October 14 B. Donut (wg) L. Fiestada (wg) Peas Pears Dessert Milk Fruit and Veggie Bar	October 15 B. Breakfast Sandwich (wg) L. Mexi Burger on a Bun (wg) Gems Corn Applesauce Milk Fruit and Veggie Bar
October 18 B. Breakfast Bites (wg) L. Chicken Fajita (wg) Cowboy Salsa Rice Krispie Bar (wg) Pineapple Milk Fruit and Veggie Bar	October 19 B. Dutch Waffle (wg) L. Cheese Quesadilla (wg) Corn Cookie Mandarin Oranges Milk Fruit and Veggie Bar	October 20 B. Breakfast Boat (wg) L. Chili Crackers (wg) Cheese Slice Carrot Sticks Cinnamon Roll (wg) Pears Milk Fruit and Veggie Bar	October 21 B. Breakfast Pizza (wg) L. Chicken Strips (wg) Rice (wg) Peas Bread (wg) Applesauce Milk Fruit and Veggie Bar	October 22 B. Breakfast Sandwich (wg) L. Chicken Patty on a Bun(wg) Au Gratin Potatoes Green Beans Peaches Milk Fruit and Veggie Bar

Salad and yogurt offered in place of the main entrée. All menus are subject to change.
 (WG) indicates all whole grain items. This institution is an equal opportunity employer.

OCTOBER MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>October 25</p> <p>B. Mini Waffles (wg)</p> <p>L. Chicken Nuggets (wg)</p> <p>Green Beans</p> <p>Trix Yogurt</p> <p>Mandarin Oranges</p> <p>Milk</p> <p>Fruit and Veggie Bar</p>	<p>October 26</p> <p>B. Tornado (wg)</p> <p>L. Spaghetti (wg)</p> <p>Broccoli</p> <p>Breadstick (wg)</p> <p>Applesauce</p> <p>Milk</p> <p>Fruit and Veggie Bar</p>	<p>October 27</p> <p>B. Muffin (wg)</p> <p>L. Orange Chicken (wg)</p> <p>Rice (wg)</p> <p>Corn</p> <p>Bread (wg)</p> <p>Peaches</p> <p>Milk</p> <p>Fruit and Veggie Bar</p>	<p>October 28</p> <p>B. Cini Mini's (wg)</p> <p>L. Hot Ham/Cheese Sandwich(wg)</p> <p>Chips</p> <p>Baked Beans</p> <p>Pineapple</p> <p>Milk</p> <p>Fruit and Veggie Bar</p> <p style="text-align: center;">1:00 DISMISSAL</p>	<p>October 29</p>  <p style="text-align: center;">NO SCHOOL</p>

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