

SEPTEMBER MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
September 2 NO SCHOOL	September 3 B. Pancakes (wg) w/ Sausage L. Hot Dog on a Bun (wg) Gems Baked Beans Pears Fruit and Veggie Bar Milk	September 4 B. Muffin (wg) w/ Yogurt Cup L. Sweet & Sour Chicken (wg) Vegetable Fried Rice (wg) Corn Dinner Roll (wg) Pineapple Fruit and Veggie Bar Milk	September 5 B. Cinnamon Mini Cinni's (wg) L. Chicken Drumstick (wg) Dutch Waffle (wg) Peas Fresh Fruit Fruit and Veggie Bar Milk	September 6 B. Breakfast Sandwich (wg) L. Fiestada (wg) Green Beans Applesauce O'Henry Bar (wg) Fruit and Veggie Bar Milk
September 9 B. Elem: Pop Tart or Cereal Bar (wg) HS: Power Bites w/ Crackers (wg) L. Crispito (wg) Broccoli Mixed Fruit Sherbet Cup Fruit and Veggie Bar Milk	September 10 B. Omelet & Toast (wg) L. Nachos Supreme (wg) Refried Beans Tropical Fruit Cookie (wg) Fruit and Veggie Bar Milk	September 11 B. Breakfast Burrito (wg) w/ Salsa L. Chicken Strips (wg) Loaded Mashed Potatoes Corn Dinner Roll (wg) Peaches Fruit and Veggie Bar Milk	September 12 B. French Toast Sticks (wg) L. Chicken Alfredo (wg) Garlic Bread (wg) Peas Mandarin Oranges Fruit and Veggie Bar Milk	September 13 B. Breakfast Sandwich (wg) L. Chicken & Cheese Quesadilla (wg) Carrots Pears Cake Fruit and Veggie Bar Milk
September 16 B. Mini French Toast (wg) L. Mini Corn Dogs (wg) Smiles Baked Beans Applesauce Fruit and Veggie Bar Milk	September 17 B. Strawberry Mini Bagel (wg) L. Orange Chicken (wg) Vegetable Fried Rice (wg) Corn Dinner Roll (wg) Pineapple Fruit and Veggie Bar Milk	September 18 B. Breakfast Pizza (wg) L. Sub Sandwich (wg) Chips (wg) Celery Sticks Cottage Cheese Pears Fruit and Veggie Bar Milk 1 pm Dismissal	September 19 B. Donut (wg) L. Chicken Nuggets (wg) Waffle Fries Green Beans Peaches Fruit and Veggie Bar Milk	September 20 B. Breakfast Sandwich (wg) L. Mini Pepperoni Pizza (wg) Peas Mixed Fruit Ice Cream Cup Fruit and Veggie Bar Milk
September 23 B. Dutch Waffle (wg) L. Pizza Stick (wg) Mixed Vegetables Applesauce Pudding Cup Fruit and Veggie Bar Milk	September 24 B. Pancake Stick (wg) L. Chicken Fried Steak (wg) Mashed Potatoes w/ Gravy Corn Dinner Roll (wg) Strawberries Fruit and Veggie Bar Milk	September 25 B. Scrambled Eggs w/ Toast (wg) L. Chicken Fajita (wg) Cowboy Salsa Fruit Cup Rice Krispie Bar (wg) Fruit and Veggie Bar Milk	September 26 B. Caramel Pull A Part (wg) L. French Toast Sticks (wg) Omelet Tri Tater Fresh Fruit Fruit and Veggie Bar Milk	September 27 B. Breakfast Sandwich (wg) L. Chicken Patty (wg) Au Gratin Potatoes Green Beans Dinner Roll (wg) Pears Fruit and Veggie Bar Milk
September 30 B. Breakfast Sausage Bites (wg) L. Beef Hot Pocket (wg) Tri Tater Peas Jello Cup Fruit and Veggie Bar Milk	October 1 B. French Toast Bites (wg) L. Popcorn Chicken (wg) Mashed Potatoes/Gravy Corn Dinner Roll (wg) Peaches Fruit and Veggie Bar Milk	October 2 B. Combo Bar w/ Crackers (wg) L. Hamburger on a Bun (wg) Cheese Slice Chips Baked Beans Mixed Fruit Fruit and Veggie Bar Milk	October 3 B. Cinnamon Roll (wg) L. Spaghetti (wg) Broccoli Cheesy Breadstick (wg) Applesauce Fruit and Veggie Bar Milk	October 4 B. Breakfast Sandwich (wg) L. Stuffed Crust Pizza (wg) Carrots Mandarin Oranges Sidekick Fruit and Veggie Bar Milk

Salad and yogurt offered in place of the main entrée. All menus are subject to change. (WG) indicates all whole grain items

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