

## OCTOBER MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		October 1 B. Breakfast Calzone (wg)  L. Hamburger on a Bun (wg) Cheese Slice French Fries Baked Beans Mixed Fruit	October 2 B. Cinnamon Roll (wg)  L. Spaghetti (wg) Vegetable Medley Cheesy Breadstick (wg) Applesauce	October 3 B. Breakfast Sandwich (wg)  L. Stuffed Crust Pizza (wg) Carrots Pears Cake
October 6 B. Mini Donuts (wg)  L. Hot Dog on a Bun (wg) Potato Baked Beans Blueberries	October 7 B. Breakfast Bagel (wg)  L. Chicken Fried Steak (wg) Mashed Potatoes/Gravy Corn Dinner Roll (wg) Peaches	October 8 B. Muffin (wg) & Yogurt Cup  L. Chicken Nuggets (wg) Macaroni & Cheese (wg) Green Beans Oranges <b>12:30 DISMISSAL</b>	October 9 B. Pancake (wg) & Sausage  L. Goulash (wg) Peas Breadstick (wg) Pears	October 10 B. Breakfast Sandwich (wg)  L. Fiestada (wg) Carrots Applesauce O'Henry Bar (wg)
October 13 B. French Toast Sticks (wg)  L. Cheeseburger Calzone (wg) French Fries Mixed Vegetables Strawberries	October 14 B. Churro Donut (wg)  L. Nacho Supreme (wg) Black Beans & Corn Tropical Fruit Cookie (wg)	October 15 B. Omelet & Toast (wg)  L. Pulled Pork Sandwich (wg) Au Gratin Potatoes Baked Beans Warm Cinnamon Apples	October 16 B. Tornado w/ Crackers (wg)  L. Chicken Strips (wg) Waffles Sticks (wg) Broccoli Peaches	October 17     <b>NO SCHOOL</b>
October 20 B. Mini French Toast (wg)  L. Sub Sandwich (wg) Tri Tater Baked Beans Fruit Cup	October 21 B. Breakfast Pizza (wg)  L. Chili (wg) Crackers Banana Cinnamon Roll (wg)	October 22 B. Strawberry Mini Bagel (wg)  L. Orange Chicken Vegetable Fried Rice (wg) Corn Dinner Roll (wg) Pineapple	October 23 B. Donut (wg)  L. Chicken Fajita (wg) Cowboy Salsa Mandarin Oranges Rice Krispy Bar (wg)	October 24 B. Breakfast Sandwich (wg)  L. Cheese Mini Pizza (wg) Peas Mixed Fruit Ice Cream Cup
October 27 B. Dutch Waffle (wg)  L. Pizza Stick (wg) Carrots Pears Sidekick	October 28 B. Scrambled Eggs & Toast (wg)  L. Mexi Burger (wg) Chips Baked Beans Applesauce	October 29 B. Mini Cinnis (wg) L. Chicken Nuggets (wg) Rice Corn Dinner Roll (wg) Pineapple	October 30 B. Pancake Stick (wg)  L. Taco (wg) Gems Tropical Fruit Churro (wg)	October 31 B. Breakfast Sandwich (wg)  L. Mini Corn Dogs (wg) French Fries Green Beans Peaches

Salad and yogurt offered in place of the main entrée. All menus are subject to change. (WG) indicates all whole grain items.

This institution is an equal opportunity employer.

**Fruits, Juices & Cereal are offered daily at Breakfast. Fruit/Vegetable Bar offered daily at Lunch. Low-fat Milk Choices offered daily.**

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