

IS GREA

AND GET 10% OFF

GOD

life radiating that love.

Office Hours: Tuesday - Thursday / 9:30AM - 2:30PM Parish Office: 705-789-2348

Margaret Warman / Office Administrator -office@stmaryshuntsville.ca Rosie Vandenberg / Lay Pastoral Assistant (LPA) - LPA@stmaryshuntsille.ca Marguerite Goodfellow / Parish Nurse - office@stmaryshutsville.ca Judith Gottschalk / Ministry Rep Jan Sirek / Deacon - office@stmaryshuntsville.ca Fr. Paul Hogan / Pastor - Frpaulhogan@peterboroughdiocese.org

## Useless Worry

The truth of the matter, is not all worry useless? Jesus speaking to the crowd even said, "therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own." (Mt. 6.34) If we were honest with ourselves, worrying is our way of wanting things to go a certain way, our way, and this is called control. Some level of control (concern) is essential in all matters of our lives, but when it becomes unbending and ruthlessly demands certain behaviours within ourselves or others to be observed, then we have a problem; we have become obsessive. I recently read a very insightful book, "Too Perfect: When Being In Control Gets Out Of Control" by Dr. Allan E. Mallinger. Much of this book resonated with me, as I would imagine might with many of us, but there was one message that continues to stay with me. There will be a loss of joy, love, peace, and in general, our ability to live a good life free of regret, as long as we hold onto unhealthy control. I wish to share with you a quote from his book, that are not his words, but the words of an 85-year- old Kentucky woman who sums it up well.

### If I Had My Life To Life Over / Nadine Stair

I'd like to make more mistakes next time. I'd relax. I would limber up. I would be sillier than I've been this trip. I would take fewer things seriously. I would take more chances. I would climb more mountains and swim more rivers. I would eat more ice cream and less beans. I would perhaps have more actual troubles, but I'd have fewer imaginary ones. You see, I'm one of those people who live sensibly and sanely hour after hour, day after day. Oh, I've had my moments, and if I had to do it over again, I'd have more of them. In fact, I'd try to have nothing else. Just moments, one after another, instead of living so many years ahead of each day. I've been one of those persons who never goes anywhere without a thermometer, a hot water bottle, a raincoat, and a parachute. If I had to do it again, I would travel lighter than I have."

Dr. Mallinger then added, "No one can relive the part of his or her life that's already past. But if you are obsessive, and in pain, you can change your future to one with more personal pleasure and fulfill*ment.*"(p.10) The choice to change is always our choice. Begin in this moment. pah

## SVDP SOCIETY

The world will change only when the minds

and hearts of men and women change.

The members of the St. Vincent de Paul group here in our parish, thank you for your continued Food Pantry Donations! Monthly Food Drive, this Tuesday April 20th, 9:30AM—12Noon, Parish Garage

Hotline: 705.789.0008

12 Centre Street N. Huntsville, ON

St. Mary of the Assumption Parish & St. Kateri Mission 12 Centre Str., N. Huntsville, ON P1H 2K8

#### website: maryassumptionparish.com

#### Parish Team



am not my own: I have given myself to Jesus, He must be my only love.



## April 18, 2021 Third Sunday of Easter He Has Risen!

Mass Schedule Week of April 19th - 25th Easter Week

April 19th Monday 9:00AM NO MASS TODAY Tuesday April 20th 9:00AM SI Gerda Biber-Pfeiler SI Marguerite Goodfellow

April 21st Wednesday 11:00AM Exposition /Adoration 12:00Noon +Marion Lynch

Thursday April 22nd 9:00AM +Jack Simioni

Saturday 4:00PM

Sunday April 25th 9:00AM +Candice Conroy

Sunday April 25th 11:00AM (B) People of the Parish (B) Baysville

Confessions: Saturday 3:15PM - 3:45PM and by making an appointment

April 24th

+Sr. June Nash

Let us pray for our loved ones who have died ...

# who are in need ...

Rebecca Muzzi, Ian Bruce, Bianca Laurie de Hernandez, Joe Hanrath, Pamela Festing, Connie Gregory, John Schreurs, Robert Foley, Ben Boivin, Steven Knox, Ruth Anne Foley, Claudette Mainville, Peter Tompkin, Patricia Quinn, Brian Havwood, Peter Gos, Sam Muzzi, Ed Quinn, Alana Murphy, William Hanrath, Sharon Boivin, Vano Mauro, Marvelle Kostic & Philip Tompkin

If there is someone you would like to have added to our prayer list, please contact the office. Thank you



"When will you begin that long journey into yourself? We carry inside us the wonders we seek outside us. Wherever you are, and whatever you do, be in love. Your heart knows the way. Run in that direction. The moment you accept what troubles you've been given, the door will open. Stop acting so small. You are the universe in ecstatic motion. I want to sing like the birds sing, not worrying about who hears or what they think. You are not a drop in the ocean. You are the entire ocean, in a drop." Rumi

Anthony de Mello, was a Jesuit priest who remarkably wove together Eastern and Western Philosophy and Mysticism to give us some wonderfully insightful teachings on how to prepare ourselves to appreciate the life and words of Jesus. He was always about challenging our perception of reality. Here are 4 quotes by Anthony de Mello. They are less inspirational than they are transformational. Sit with each one; let it find a resting place within you.

"As soon as you look at the world through an ideology you are finished. No reality fits an ideology. Life is beyond that. ... That is why people are always searching for a meaning to life... Meaning is only found when you go beyond meaning. Life only makes sense when you perceive it as mystery and it makes no sense to the conceptualizing mind."

"These things will destroy the human race: politics without principle, progress without compassion, wealth without work, learning without silence, religion without fearlessness, and worship without awareness."

"People mistakenly assume that their thinking is done by their head; it is actually done by the heart which first dictates the conclusion, then commands the head to provide the reasoning that will defend it."

"Happiness is our natural state. Happiness is the natural state of little children, to whom the kingdom belongs until they have been polluted and contaminated by the And join our prayers with those stupidity of society and culture. To acquire happiness you don't have to do anything, because happiness cannot be acquired. Does anybody know why? Because we have it already. How can you acquire what you already have? Then why don't you experience it? Because you've got to drop something. You've got to drop illusions. You don't have to add anything in order to be happy; you've got to drop something. Life is easy, life is delightful. It's only hard on your illusions, your ambitions, your greed, your cravings. Do you know where these things come from? From having identified with all kinds of labels!"

Weekend of April 24th/25th					
	4:00PM Mass	9:00AM Mass	11:00AM Mass (Baysville)		
Readers	Victoria Baumgart	Craig Martin	John MacInnis		
Ushers	Walter Grys Marguerite Goodfellow Laila Etherington Margaret Warman	Mike Pearson Doug Neigel Natasha Aben Walter Grys	John MacInnis Jean MacInnis Linda Lacroix Hugh Knox		
Counters	Tuesday April 20, 2021	Wanda Roberts	& John Schreurs		

## Parish Pastoral News

Just a quick update on the state of Covid -19 in Simcoe ward to getting to know you. Our contact information Muskoka. Those over 60 years of age may now register for is on the cover of this bulletin. Peace and Good Will. their first immunization online through the provincial portal at https://covid-19.ontario.ca/book-vaccine/ IF you are Hot Lunch Tuesday: Will are continuing this wonbetween 55-64 years old you can register to have your imderful gesture of kindness in our community. Your munization at a local Shoppers Drug Mart. This depends helpful support will be greatly appreciated. You may drop off your donations to the office or in the **Poor** on supply, stores in covid hot spots such as Toronto will get Box at the entrance of the church. Thank you. the largest supply. Vaccine is available to those 18-55 years of age in Covid hot spots only. The Simcoe Musko-Registration for First Reconciliation/Eucharist. ka Health Unit is doing its best to immunize all adults who You may go to our website, or contact Rosie at want the vaccine. As supply of vaccine becomes greater, LPA@stmaryshuntsville.ca. they will have more clinics in our area. They are concentrating on Hot Spots currently but are having 1-2 clinics weekly St. Vincent De Paul Monthly Food Drive: It will be in our area.

held this Tuesday, April 20th, from 9:30AM - 12noon. You may drop off your non-perishable food items or If you have been hesitant about receiving vaccine or would donations to the Parish Garage, next to the St. Vincent like more information about the safety of the vaccine do not de Paul Office. Presently we are in need of: Bar hesitate to call me. My phone number is 705.783.4678. Soap, Toothpaste, Toilet Paper, Spaghetti, Baked Please try to call before 4:30 pm. Beans, Can Vegetables and Canned Soup. Thank you for your continued support. Pax Please remember that 1 dose of vaccine does not make you

immune to covid. It definitely reduces your chance of severe *Considering A Parish Ministry?* We may be a small disease and offers "some" protection from the variants' conparish, but we are mighty! We also have many parish cern. All Public Health measures will need to be followed and liturgical ministries. Perhaps you have or are conand the "Stay at Home Order" means stay at home! Only sidering joining a ministry or group. You are most weltrips for essential goods to the grocery, Pharmacy, Church come to do so. Whether you have been in the parish for or medical appointments are considered "necessary" years, or new to the neighborhood, we look forward to hearing from you. Check out the cover of the bulletin for various groups and ministries.

Remember, We are all in this together for the Common Good of all. Stay Safe,

Marguerite Goodfellow RN Parish Nurse

Four Verses to Pray Over Your Home / Amelia Rhodes

Lord May Our Home be a Place of ...

Healing Words / The tongue of the wise brings healing (Proverbs 12.18b)

Overflowing Hope, Peace and Joy / May the God of hope fill Encouragement / Therefore encourage one another and build one you with joy and peace as you trust in him, so that you may overflow another up, just as in fact you are doing (1Thessalonians 5.11) with hope by the power of the Holy Spirit (Romans 15.13)

"Nothing gets the ire up in another, than when	
you challenge their power over you. In that mo-	
ment, you have found your voice. You invite the	
other to treat you with respect and to honour	Su
your humanity. In so doing, you are asking the	St.
other to release their grip of control, domination	51.
or manipulation against you, as they look interi-	Ho
orly to see what it is that they fear. It is not	
without hardship, but it is essential for the com-	-
mon good of all." pah	

unday Offertory / \$4,134.00 Vincent de Paul / \$3,440.55 ot Lunch Tuesday / \$453.00

Thank you for your generosity.

New To the Parish: We welcome you and look for-

You may contact the office by phone, 705-789-2348 or by email: office@stmaryshuntsville.ca. We are the body of Christ, building up the Body of Christ.

Mercy, Love and Justice / He has shown you O mortal what is good. And what does the Lord require of you? To act justly, to love mercy and to walk humbly with your God (Micah 6.8)

### Weekend of April 10/11, 2021

" the three kinds of people who Jesus says,
"cannot be my disciples."
Those who love their family more than they
love him;
those who are not prepared to suffer hardship;
and those who value possessions more than
him
Whatever a disciple has
is always on call for the Master's use."
Rob Buckingham