



THE CATHEDRAL OF  
SAINT PETER+IN+CHAINS  
PETERBOROUGH

# MY JUBILEE BOOKLET



DIocese of PETERBOROUGH

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## My Jubilee Booklet...

Dear Brothers and Sisters in Christ,

**A**s we embark on the Jubilee Year 2025, we are invited into a sacred time of renewal, hope, and reconciliation. The Jubilee Year is a special opportunity for us as individuals, families, and communities to deepen our relationship with God and one another through prayer, the sacraments, and acts of mercy. It is a call to embrace God's grace's transformative power and become joyful witnesses to His love in our world.

In this special year, the Church calls us to focus on **prayer, pilgrimage, sacramental reconciliation, Eucharistic celebration**, and the living out of the **corporal and spiritual works of mercy**. It is a time to encounter Christ anew, deepening our faith and bearing witness to His love in our families, parishes, and communities.

This Jubilee Year holds special significance for our diocese, as it coincides with the celebration of the bicentennial of the founding event that gave birth to our vibrant community of faith in Peterborough. For 200 years, this beloved church has stood as a beacon of faith, offering a sacred space for prayer, reflection, and worship. It has been a place where generations of parishioners have gathered, nurtured their spiritual lives, and formed lasting bonds within the community. As we celebrate both the Holy Year and this remarkable milestone, we honor not only the rich history of our diocese but also the enduring spirit of faith that continues to guide and inspire us today.

This booklet has been carefully prepared to provide resources, reflections, and guidance to help all parishioners live this Jubilee Year with purpose and joy. It contains a rich variety of resources, inspired by and echoing the materials proposed by the **Canadian Conference of Catholic Bishops (CCCB), the Diocesan website and some others resources and prayers from parishes in the diocese**. It aims to support each of us in making this year a transformative spiritual journey. Within these pages, you will find:

- **Reflections and Catechesis:** Insights to deepen your understanding of the Jubilee Year and its spiritual significance.
- **Practical Guides:** Suggestions for personal prayer, family devotions, and parish activities to help you fully embrace this time of grace.
- **Scriptural Passages:** Verses to inspire meditation and prayer, grounded in the theme of mercy and hope.
- **Acts of Mercy:** Practical ways to serve others and make God's love visible in the world.
- **Pilgrimage and Confession Resources:** Tips to prepare for a spiritual pilgrimage and guides to experience the Sacrament of Reconciliation with an open heart.

As we journey together through this Jubilee Year, let us embrace the invitation to become true *Pilgrims of Hope*, witnessing the joy of the Gospel. Let this booklet be a tool to accompany you, your family, and your community, providing guidance and inspiration as you walk this path of renewal.

May the Holy Spirit illuminate your heart, and may this Jubilee Year lead us all closer to Christ, the source of our hope and salvation.

*The Cathedral Clergy*

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## SPES NON CONFUNDIT

### Bull of Indiction of the ordinary Jubilee of the year 2025

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**B**ased on the structure of the Bull of Indiction "Spes Non Confundit", Pope Francis presents hope as a central theme in five understanding keys, each offering a unique perspective on how hope is essential to the Christian life, especially during the 2025 Jubilee Year.

#### 1. A Word of Hope

**Hope** is deeply rooted in God's **infinite mercy**. The **true hope** does not depend on fleeting circumstances or human strength but is secure in the enduring love of God. **The hope that God offers is unshakable** because it is not based on human efforts or temporary solutions but on the **eternal faithfulness** and **grace** of God. **Hope does not disappoint** because it is anchored in God's promise of love and salvation.

#### 2. A Journey of Hope

The **Jubilee Year** as a **journey of hope** is not just a physical pilgrimage but, more importantly, an **interior journey of spiritual renewal**. This journey is an invitation to every believer to deepen their relationship with God, engage in **personal conversion**, and experience the transformative power of **God's mercy**.

The **interior journey** calls each person to examine their life and make space for **reconciliation, forgiveness, and renewed hope**.

#### 3. Signs of Hope

The **Church** is called to be a **visible sign of hope** in the world, especially during the Jubilee Year. That **hope** is not only something to be held within the heart but also something that must be **demonstrated** through **actions of mercy and reconciliation**.

The Church's mission is to be a **witness to God's boundless mercy**. The true sign of hope is the **active**

**ministry of the Church**—through its **sacraments**, especially **Confession**, and through its outreach to the most **vulnerable** in society.

#### 4. Appeals for Hope

The Christians are called to embody hope by **being agents of change** in a world that is often marked by **suffering, division, and injustice**. **Mercy and justice** go hand in hand in the Christian vocation. Christians are not called to simply **wait for a better world** but to **actively build it** by reaching out to those in need, fighting for the **oppressed**, and working toward the **common good**.

It is an urgent appeal to Christians to **act with mercy but justice** is equally important: Christians must also **work for justice** in the public sphere, advocating for fair treatment, equality, and dignity for all people, particularly those who suffer from systemic injustices.

#### 5. Anchored in Hope

The foundation of all hope is **God's unchanging mercy**, and it is this hope that transforms the lives of the faithful. **Hope is anchored** in the unwavering love and mercy of God, which is always available and never dependent on human circumstances or efforts. It is this unshakable foundation that allows believers to face life's trials with confidence, trusting that God's mercy will always lead them to healing, reconciliation, and ultimate peace. Unlike worldly hopes that may disappoint, **hope in God's mercy** remains constant and enduring.

*The Bull of Indiction "Spes Non Confundit", issued by Pope Francis, announces the Ordinary Jubilee of the Year 2025, inviting the faithful to experience a year of mercy, reconciliation, and spiritual renewal. The title, which translates to "Hope Does Not Disappoint," emphasizes the theme of hope in God's enduring mercy and the call for personal and communal transformation.*

*Francis*

## What is a Jubilee Year?

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- **Definition:**  
A Jubilee Year is a special period in the Catholic Church dedicated to spiritual renewal, prayer, penance, and acts of mercy. It provides a unique opportunity for the faithful to deepen their relationship with God.
- **Biblical Origin:**  
The concept comes from the Old Testament "Year of Jubilee" (Leviticus 25), a time of liberation, forgiveness of debts, and restoration of relationships.
- **Spiritual Focus:**  
The Church's Jubilee offers plenary indulgences, allowing the faithful to experience God's mercy and reconciliation.

## The Jubilee Year 2025

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- I. **An Ordinary Jubilee:**  
The Jubilee of 2025, proclaimed by Pope Francis, is an **Ordinary Jubilee** with the theme of "**Pilgrims of hope.**"
- II. **Invitation to All:**  
It encourages people from all walks of life to journey toward spiritual renewal, finding hope in God's mercy and grace.

## Key Elements

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- **Pilgrimage:**  
Journeying to designated Holy Doors or sacred sites is a sign of conversion and commitment to God.
- **Sacramental Confession:**  
A renewed focus on the Sacrament of Reconciliation to seek God's forgiveness and healing.
- **Eucharistic Celebration:**  
Participation in the Holy Mass, emphasizing thanksgiving and unity in Christ.
- **Acts of Mercy:**  
Engaging in corporal and spiritual works of mercy to reflect God's love in action.

The pilgrimage in the Christian journey symbolizes the spiritual journey of faith and growth toward a deeper relationship with God. Just as pilgrims travel to sacred sites, Christians embark on their own journeys, seeking purpose, healing, and renewal. This journey reflects the struggles and triumphs believers face as they navigate life's challenges, often leading to transformative experiences.

Pilgrimage serves as a reminder that faith is not a destination but an ongoing process. It encourages believers to engage with their spirituality actively, fostering a sense of community, introspection, and connection with the divine. Ultimately, a pilgrimage is about drawing closer to God, seeking His guidance, and discovering the profound truths that shape one's life in faith.



Roman Catholic Diocese  
of Peterborough

**Office of the Bishop**  
**DECREE**  
In the name of God  
The Most Reverend Daniel J. Miehms  
Bishop of Peterborough

**PLENARY INDULGENCE**

Whereas the Roman Pontiff, Pope Francis, has decreed 2025 to be a **Jubilee Year** for all the faithful, an extraordinary year as *Pilgrims of Hope*, beginning on December 24<sup>th</sup>, 2024, and concluding on January 6<sup>th</sup> 2026, and has proposed in the bull of indiction, *SPES NON CONFUNDIT* (HOPE DOES NOT DISAPPOINT, May 9<sup>th</sup> 2024) the Jubilee indulgence as a means of encountering God's mercy.

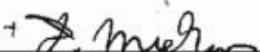
Whereas the Apostolic Penitentiary, in a decree dated May 13<sup>th</sup>, 2024, set out the norms for obtaining the plenary indulgence for the Jubilee Year, including the instruction that Bishops should designate churches and sacred places where the indulgence may be attained.

**I hereby decree** that in the Roman Catholic Diocese of Peterborough four churches throughout the diocese may be visited by the faithful to fulfill requirements for the indulgence – **St. Michael the Archangel**, 379 Division Street, Cobourg; **Purification of the Blessed Virgin Mary** (St. Mary's), 40 Russell St. East, Lindsay; **St. Patrick's**, 89 Rain Lake Rd., Kearney and, principal among them, **the Cathedral of St. Peter-In-Chains**, 411 Reid Street, Peterborough.

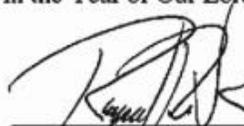
Further, I remind the Faithful that the granting of a plenary indulgence ordinarily depends on the following obligations being observed, as noted in the decree of the Apostolic Penitentiary of May 13<sup>th</sup> 2024:

- attend Mass and receive Holy Communion at one of the churches noted above during the Jubilee Year
- make a sacramental confession [within several days of the above-mentioned visit], and
- pray for the intentions of the Supreme Pontiff

Given at Peterborough, Ontario, this 12<sup>th</sup> day of December in the Year of Our Lord, Two thousand and twenty-four.

  
+ Most Reverend Daniel Miehms  
Bishop  
Diocese of Peterborough

+DJM/rh

  
Rev. Fr. Raymond Richards, C.S.C.  
Chancellor  


## Jubilee Year 2025: Events in the Diocese

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As Pope Francis points out, we don't have to travel to Rome to participate: dioceses and parishes across the world will mark the Jubilee with pilgrimages, Masses, and other special events throughout the year.

In the Peterborough diocese, the Holy Year is embraced with a vibrant array of activities, reflecting the spirit of pilgrimage and celebration (see the calendar of major events). Parishes across the diocese are hosting special Masses, offering opportunities for the faithful to gather in prayer and reflection. Some jubilee group's celebrations will come to foster a sense of sharing faith, organizing events that span the entire year.

*"My thoughts turn to all those 'pilgrims of hope' who will travel to Rome in order to experience the Holy Year and to all those others who, though unable to visit the City of the Apostles, Peter and Paul, will celebrate it in their local Churches."*

*Francis*

## What is the Spiritual meaning of "Pilgrimage" in the Christian journey?

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The spiritual significance of pilgrimage in the Christian journey represents a profound exploration of faith and personal transformation in pursuit of a deeper relationship with God. Just as pilgrims journey to sacred sites, Christians embark on their paths, driven by the desire for purpose, healing, and renewal. This journey encapsulates the struggles and triumphs believers encounter as they face life's challenges, often resulting in transformative experiences that can reshape their very essence.

Pilgrimage is a powerful reminder that faith is not merely a destination but a continuous journey. It inspires believers to actively engage with their spirituality, nurturing a rich sense of community, deep introspection, and a profound connection with the divine.

## Pilgrimages and the Plenary Indulgence for the Diocese of Peterborough

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**H**is Excellency Bishop Daniel Miehm has issued a Jubilee Year Indulgence Decree (previous page) for the Diocese of Peterborough. The Decree states that four churches throughout the diocese may be visited by the faithful to fulfill the requirements for the indulgence:

- **Cathedral of St. Peter-in-Chains** in Peterborough.
- **St. Michael the Archangel** in Cobourg;
- **Purification of the Blessed Virgin Mary** in Lindsay;
- **St. Patrick's** in Kearney;

Among the highlights are the pilgrimages that will be organized within the parishes, where people will embark on local journeys of faith, visiting significant sites and churches, deepening their connection to the holy season.

The Pilgrimage Passport is an essential tool for parishioners seeking to deepen their spiritual journey during the Holy Year. It provides detailed information about the designated pilgrim churches across the diocese, including their locations and the hours they are open for visits, prayer, and reflection. Whether you're embarking on an individual pilgrimage or participating in a group journey, the passport will guide you to each church, ensuring you can fully experience the sacred sites that mark this special time.

When you visit one of the pilgrimage churches, you can pick up a Jubilee Year passport and sticker to commemorate your pilgrimage. You can also [download a copy of the Jubilee Passport here](#). (When printing the passport, choose the "Print on Both Sides" option and click on the "Flip on the short edge" tab.)

## The Pilgrimage Passport

**PILGRIM CHURCHES IN THE DIOCESE OF PETERBOROUGH**

**CITY DEANERY**  
**St. Peter-In-Chains Cathedral**  
310 Hunter St. W.  
Peterborough ON K9H 2M1  
(705) 745-4681  
<https://stpeterspeterborough.ca/>

**GET YOUR STICKER!**

**SOUTHERN DEANERY**  
**St. Michael the Archangel**  
379 Division Street  
Cobourg ON K9A 3R7  
(905) 372-6844  
<http://saintmichaelschurchcobourg.com/>

**GET YOUR STICKER!**

For more information about Jubilee events, see our diocesan website:  
<http://www.peterboroughdiocese.org/>

Scan here...  ...for more details about pilgrim churches & hours open!

**NORTHERN DEANERY**  
**St. Patrick's**  
89 Rain Lake Road  
Kearney ON P0A 1M0  
(705) 636-5334

**GET YOUR STICKER!**

**CENTRAL DEANERY**  
**St. Mary's (Church of the Purification of the Blessed Virgin Mary)**  
40 Russell Street East  
Lindsay ON K9V 2A4  
(705) 324-4828  
<https://stmaryslindsay.ca/>

**GET YOUR STICKER!**

## The Diocesan Pilgrimage

Additionally, the **Diocesan Pilgrimage** to Martyr's Shrine in Midland on **September 20, 2025**, will be a central moment, offering the opportunity for pilgrims from across the diocese to come together in a spirit of unity and devotion, marking a profound spiritual journey. These events, both big and small, are a beautiful testament to the universal nature of the Jubilee, bringing the grace of this Holy Year into the heart of the community.

**Save the Date!**

Diocesan Pilgrimage  
Martyr's Shrine  
in Midland

September 20, 2025

Details & Registration available from your parish.



[peterboroughdiocese.org](http://peterboroughdiocese.org)



# JUBILEE 2025

## CALENDAR OF MAJOR EVENTS



| FEBRUARY 2025   | MARCH 2025  | APRIL 2025   |
|---|---|--|
| <p><b>2 February</b><br/> <b>11.00am:</b> World Day of Consecrated Life Mass at St. Mary's, Lindsay. Reception to follow</p> <p><b>21 February</b><br/> <b>10:00am:</b> STA Pilgrimage tour of the Cathedral</p>  | <p><b>7 &amp; 8 March</b><br/>           24 Hours with the Lord</p> <p><b>29 March</b><br/>           9.30 – 11.00<br/>           St. Ann's Pilgrimage to Cathedral</p>   | <p><b>5 April</b><br/>           Diocesan Wide Confession</p> <p><b>14 April</b><br/> <b>2.00pm:</b> Chrism Mass at Cathedral of St. Peter-In-Chains</p> <p><b>27 April</b><br/> <b>5.00pm:</b> Youth Mass at the Cathedral of St. Peter-In-Chains</p>       |
| MAY 2025  | JUNE 2025   | JULY 2025  |
| <p><b>4 May</b><br/> <b>10:30am:</b> First Communion at the Cathedral of St. Peter-in-Chains</p>  | <p><b>8 June</b><br/> <b>10:30am:</b> Cathedral Confirmation</p> <p><b>25 June</b><br/> <b>12.10pm:</b> Mass Celebration of Retired Priests at the Cathedral of St. Peter-In-Chains.</p> <p><b>27 June</b><br/>           Pilgrimage and Closing Mass for Year of the Sacred Heart Church, Trout Creek.<br/> <b>11.00 – 3.00pm:</b> Adoration<br/> <b>3.30pm:</b> Mass/Plenary Indulgence</p> | <p><b>20 July</b><br/> <b>10.30am:</b> Mass Celebration of Local Cultural Groups at the Cathedral of St Peter-In-Chains.</p> <p><b>27 July</b><br/> <b>11.00am:</b> 150<sup>th</sup> Anniversary Mass and Parish Celebration at St. Joseph's Bracebridge</p> |
| AUGUST 2025   | SEPTEMBER 2025  | OCTOBER 2025   |
| <p><b>10 August</b><br/> <b>10.30am:</b> Peter Robinson Settlers Bi-centennial Mass at the Cathedral of St. Peter-In-Chains.</p> <p><b>15 August</b><br/>           Marian Spirituality Celebration at St. Mary's of the Assumption, Huntsville (Mass and Reception)</p> <p><b>17 August</b><br/> <b>9.00am – 2.00pm:</b> 150<sup>th</sup> Anniversary Mass and Celebration at St. Mary's Grafton</p> | <p><b>13 September</b><br/>           Diocesan Altar Servers Event</p> <p><b>20 September</b><br/>           Diocesan Pilgrimage to the Martyr's Shrine in Midland</p>  | <p><b>4 October</b><br/>           Jubilee Mass and Celebration of Lay Movements and Diocesan Groups</p>   |
| NOVEMBER 2025   | DECEMBER 2025   |  |
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## *Catechetical Resource on Plenary Indulgences during the Jubilee Year*

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### 1. What is an indulgence?

"An indulgence is a remission before God of the temporal punishment due to sins whose guilt has already been forgiven, which the faithful Christian who is duly disposed gains under certain prescribed conditions through the action of the Church which, as the minister of redemption, dispenses and applies with authority the treasury of the satisfactions of Christ and the saints." 81 "An indulgence is partial or plenary accordingly as it removes either part or all of the temporal punishment due to sin." 82 Indulgences may be applied to the living or the dead.

In our humanity, weak and attracted by evil, certain residual effects of sin remain. These are removed by the indulgence, always by the grace of Christ, who, as Saint Paul VI wrote, "is himself our "indulgence"

### 2. What is the Jubilee Indulgence?

- The Jubilee Indulgence, thanks to the power of prayer, is intended in a particular way for those who have gone before us, so that they may obtain full mercy. It is a way of discovering the unlimited nature of God's mercy.[3]
- All other Indulgences previously granted remain in force.

### 3. How is the Jubilee Indulgence obtained?

All the faithful, who are truly repentant and free from any affection for sin (*cf. Enchiridion Indulgentiarum, IV ed., norm. 20, §1*), who are moved by a spirit of charity and who, during the Holy Year, purified through the sacrament of penance and refreshed by Holy Communion, pray for the intentions of the Supreme Pontiff, will be able to obtain from the treasury of the Church a plenary indulgence, with remission and

forgiveness of all their sins, which can be applied in suffrage to the souls in Purgatory.

### 4. What are the ways in which a plenary indulgence can be obtained?

- a. Pilgrimages
- b. Pious Visits to Sacred Places
- c. Works of Mercy and Penance

### 5. What are the specifications for pilgrimages?

- **At any sacred Jubilee site, devoutly participate in:**
  - Holy Mass,
  - A ritual Mass for the conferral of the sacraments of Christian Initiation or the Anointing of the Sick
  - a celebration of the Word of God,
  - the Liturgy of the Hours,
  - the Way of the Cross,
  - the Marian Rosary,
  - the recitation of the Akathist hymn,
  - a penitential celebration with individual confession

### 6. What are the specifications for visits to sacred places?

- At any Jubilee site, individually or in a group, for a suitable period of time, engage in:
  - Eucharistic Adoration, concluding with Our Father, Profession of Faith, invocations to Mary

### What about the elderly, the sick, prisoners, workers in hospitals and care facilities who provide continuous care for the sick?

The faithful who are truly repentant of sin but who cannot participate in the various solemn celebrations, pilgrimages and pious visits for serious reasons can obtain the Jubilee Indulgence, under the same conditions, if they are united in spirit with the faithful taking part in person, especially when the words of

the Pontiff or the Bishop are transmitted through means of communication.

To obtain the Jubilee plenary indulgence in this way the above mentioned faithful are to:

- Offer up the sufferings or hardships of their lives and recite:
  - Our Father
  - Profession of Faith
  - Prayers in conformity with the objectives of the Holy Year

### 7. What are the specifications to obtain the Jubilee Indulgence by practicing works of mercy?

- Participate in a church or other suitable place, according to the mind of the Holy Father, with a devout spirit:
  - Popular missions
  - Spiritual exercises
  - Formation activities on documents of Vatican II and Catechism
- According to the usual spiritual, sacramental and prayer conditions
  - Feed the hungry
  - Give drink to the thirsty
  - Clothe the naked
  - Welcome the stranger
  - Heal the sick
  - Visit the imprisoned
  - Bury the dead
  - Counsel the doubtful
  - Instruct the ignorant
  - Admonish sinners

- Comfort the afflicted
- Forgive offences
- Bear patiently those who do us ill
- Pray for the living and the dead

### 8. What are the specifications for penance?

- Rediscover penitential nature of Friday
- Abstain from
  - Futile distractions
  - Superfluous consumption
- Donating a proportionate sum of money to the poor
- Supporting works of a religious or social nature (defense and protection of life)
- Support quality of life of abandoned children, young people in difficulty, needy, lonely elderly, migrants.
- Dedicating free time to voluntary activities in community service

### 9. Can a second plenary indulgence be obtained in a single day?

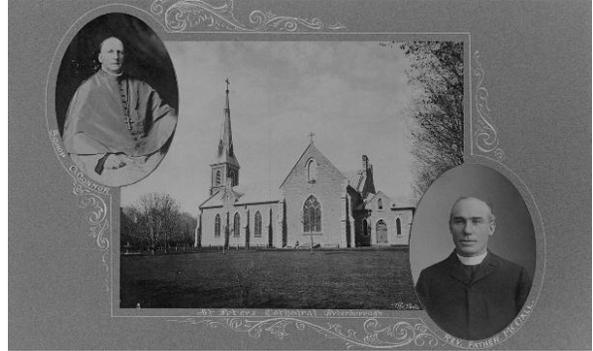
An individual can obtain a second plenary indulgence in a day, which is applicable to the deceased, when he or she:

- Carries out an act of charity on behalf of the souls in Purgatory
- Receives Holy Communion a second time

For more detailed information see Decree on the Granting of Indulgence during the Ordinary Jubilee Year 2025 called by His Holiness Pope Francis.

<https://press.vatican.va/content/salastampa/en/bollettino/pubblico/2024/05/13/240513f.html>

**2**025 is the **200<sup>th</sup> Anniversary of the arrival** of 2,500 mostly Catholic Irish settlers in Peterborough. This large-scale immigration was sparked by two things: decades of famine in Ireland and the British government wanting to prevent the American takeover of Ontario (Upper Canada). 50,000 people applied to come and the lucky few who were accepted were loaded into 9 ships and after a wearying voyage across the Atlantic and up the St Lawrence, they disembarked in Cobourg. Men, women and children walked or took dugout canoes up to Scott's Plains (Peterborough) in August 1825.



The men immediately went out to the homesteads in what is now Douro, Lakefield, Young's Point, Otonabee, Downeyville, Lindsay, Kinmount and points in between. This was the "big bang" of the settlement of Catholics in our area. Within a few years, they had built 14 churches (also used as schools) and in the winter of 1837, they came together to build St Peter's Church in Peterborough which later became our present Cathedral. These brave pioneers were resolute in their determination and firm in their faith.



From the 1<sup>st</sup> to the 10<sup>th</sup> of August, there will be the Nine Ships Celebration with Masses, cultural events, trips and

concerts to celebrate. Throughout the year the Diocese is having commemorative Masses and other events in the original settlement parishes. How fitting it is that in this Jubilee Year of Hope, we honour and remember these settlers of faith and hope!



## Devotional and Liturgical Resources

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This collection of Liturgical and Devotional Resources, including prayers, hymns, litanies, and reflections, is designed to guide and inspire you throughout this Jubilee year. These spiritual tools will support your personal and communal growth, helping you cultivate a deeper relationship with God. The prayers offer moments of quiet reflection and connection, while the litanies unite us in collective worship and supplication. With each resource, you are invited to embark on a transformative spiritual journey, fostering renewal, peace, and a deeper devotion as we journey together in faith.

### The Jubilee Prayer

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Father in heaven,  
may the **faith** you have given us  
in your son, Jesus Christ, our brother,  
and the flame of **charity** enkindled  
in our hearts by the Holy Spirit,  
reawaken in us the blessed **hope**  
for the coming of your Kingdom.

May your grace transform us  
into tireless cultivators of the seeds of  
the Gospel.  
May those seeds transform from within  
both humanity  
and the whole cosmos  
in the sure expectation  
of a new heaven and a new earth,  
when, with the powers of Evil  
vanquished,  
your glory will shine eternally.

May the grace of the Jubilee  
reawaken in us, **Pilgrims of Hope**,  
a yearning for the treasures of heaven.  
May that same grace spread  
the joy and peace of our Redeemer  
throughout the earth.  
To you our God, eternally blessed, be  
glory and praise for ever.

**Amen.**

### The Jubilee Hymn

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*The Jubilee Hymn reflects themes of the Jubilee Year, including creation, fraternity and hope. Pilgrims are invited to sing the Jubilee Hymn as they set off on their Pilgrimage of Hope.*

#### **Pilgrims of Hope**

*Original text: Pierangelo Sequeri*

*English translation: Andrew Wadsworth*

**Like a flame my hope is burning,  
may my song arise to you:  
Source of life that has no ending,  
on life's path I trust in you.**

Ev'ry nation, tongue, and people  
find a light within your Word.  
Scattered fragile sons and daughters  
find a home in your dear Son.

God, so tender and so patient,  
dawn of hope, you care for all.  
Heav'n and earth are recreated  
by the Spirit of Life set free.

Raise your eyes, the wind is blowing,  
for our God is born in time.  
Son made man for you and many  
who will find the way in him.

*1. The Litany of the Jubilee*

Lord, have mercy.

*Lord, have mercy.*

Christ, have mercy.

*Christ, have mercy.*

Lord, have mercy.

*Lord, have mercy.*

**Leader:** God the Creator, who proclaimed the Year of Jubilee,

**All:** *Renew us in Your covenant of love.*

**Leader:** God the Redeemer, who brings freedom to captives,

**All:** *Deliver us from sin and division.*

**Leader:** God the Sanctifier, who makes all things new,

**All:** *Transform our hearts and minds.*

**Leader:** Teach us to live this Jubilee Year with hearts renewed by Your love:

**All:** *Lord, make us pilgrims of Hope.*

To proclaim the good news to the poor and bring hope to the marginalized,

To heal the wounds of the brokenhearted and lift up those who have fallen,

To forgive as we have been forgiven and sow seeds of reconciliation,

To walk humbly in service to others, following the example of Christ,

To care for creation and protect the beauty of the world You have entrusted to us,

As we pass through the Holy Door, may we enter into Your mercy,

As we seek You in prayer, may we find rest for our souls,

As we journey together in faith, may we walk by the light of Your truth,

As we gather as a diocesan family, may we strengthen our commitment to Your mission,

For the courage to serve the poor and marginalized,

For the strength to support one another as one Body of Christ,

For the joy of proclaiming the Gospel through the mission of our Church,

For the dedication to foster vocations and inspire future leaders in faith,

For the zeal to renew our parishes as vibrant centers of worship, service, and community.

**Leader:** Lamb of God, who takes away the sins of the world,

**All:** *Spare us, O Lord.*

**Leader:** Lamb of God, who takes away the sins of the world,

**All:** *Graciously hear us, O Lord.*

**Leader:** Lamb of God, who takes away the sins of the world,

**All:** *Have mercy on us.*

**Leader:** Let us pray.

God of everlasting mercy, You have called us to this Jubilee Year as a time of renewal, hope, and reconciliation. May our hearts be open to Your Spirit, our lives be transformed by Your grace, and our actions bear witness to Your love. Lead us forward as pilgrims of hope, bringing the light of Christ to all we meet. Through the same Christ, our Lord.

**All:** Amen.

## II. *The Litany of the Sacred Heart*

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Lord, have mercy on us.  
Christ, have mercy on us.  
Lord, have mercy on us.

Christ, hear us.  
Christ, graciously hear us.

God the Father of Heaven,  
*Have mercy on us.*  
God the Son, Redeemer of the world,  
*Have mercy on us.*  
God the Holy Spirit,  
*Have mercy on us.*  
Holy Trinity, one God,  
*Have mercy on us.*

Heart of Jesus, Son of the Eternal Father,  
*Have mercy on us.*  
Heart of Jesus, Formed by the Holy Spirit in the  
womb of the Virgin Mother,  
Heart of Jesus, Substantially united to the Word of  
God,  
Heart of Jesus, Of Infinite Majesty,  
Heart of Jesus, Holy Temple of God,  
Heart of Jesus, Tabernacle of the Most High,  
Heart of Jesus, House of God and Gate of Heaven,  
Heart of Jesus, Burning Furnace of charity,  
Heart of Jesus, Vessel of Justice and love,  
Heart of Jesus, Full of goodness and love,  
Heart of Jesus, Abyss of all virtues,  
Heart of Jesus, Most worthy of all praises,  
Heart of Jesus, King and center of all hearts,  
Heart of Jesus, In Whom are all the treasures of  
wisdom and knowledge,  
Heart of Jesus, In Whom dwelled all the fullness of  
the Divinity,  
Heart of Jesus, in Whom the Father is well pleased,  
Heart of Jesus, Of Whose fullness we have all  
received,  
Heart of Jesus, Desire of the everlasting hills,  
Heart of Jesus, Patient and abounding in mercy,

Heart of Jesus, Rich unto all who call upon Thee,  
Heart of Jesus, Fountain of life and holiness,  
Heart of Jesus, Atonement for our sins,  
Heart of Jesus, Filled with reproaches,  
Heart of Jesus, Bruised for our offenses,  
Heart of Jesus, Made obedient unto death,  
Heart of Jesus, Pierced with a lance,  
Heart of Jesus, Source of all consolation,  
Heart of Jesus, Our Life and Resurrection,  
Heart of Jesus, Our Peace and Reconciliation,  
Heart of Jesus, Victim for our sins,  
Heart of Jesus, Salvation of those who hope in Thee,  
Heart of Jesus, Hope of those who die in Thee,  
Heart of Jesus, Delight of all the Saints,

Lamb of God Who takes away the sins of the world,  
*Spare us, O Lord.*  
Lamb of God Who takes away the sins of the world,  
*Graciously hear us, O Lord.*  
Lamb of God Who takes away the sins of the world,  
*Have mercy on us.*

Jesus, meek and humble of heart,  
*Make our hearts like unto Thine.*

Let us pray.  
Almighty and eternal God, look upon the Heart of  
Thine most-beloved Son, and upon the praises and  
satisfaction He offers Thee in the name of sinners;  
and appeased by worthy homage, pardon those who  
implore Thy mercy, in Thy Great Goodness in the  
name of the same Jesus Christ Thy Son, Who lives and  
reigns with Thee, in the unity of the Holy Spirit for  
ever and ever. Amen

### III. *Litany of the Immaculate Heart*

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Lord, have mercy on us.  
*Christ, have mercy on us.*  
Lord have mercy on us.

Christ hear us.  
*Christ graciously hear us.*

God the Father of Heaven, *have mercy on us.*  
God the Son, Redeemer of the world, *have mercy on us.*  
God the Holy Spirit, *have mercy on us.*  
Holy Trinity, One God, *have mercy on us.*

Immaculate Heart of Mary, favorite Daughter of God the Father, *pray for us.*  
Immaculate Heart of Mary, Mother of God the Son,  
Immaculate Heart of Mary, Spouse of the Holy Spirit,  
Immaculate Heart of Mary, redeemed in a sublime manner by the merits of thy Son,  
Immaculate Heart of Mary, Mother and Model of the Church, .  
Immaculate Heart of Mary, excellent exemplar in faith and charity,  
Immaculate Heart of Mary, who conceived the Word of God in Thy heart before thy did in thy womb  
Immaculate Heart of Mary, who gave precious Blood to the Son of God in His human nature,  
Immaculate Heart of Mary, conceived free of Original Sin,  
Immaculate Heart of Mary, who embraced God's saving will  
with a full heart, impeded by no sin,  
Immaculate Heart of Mary, whose sweet soul a sword pierced beneath the Cross,  
Immaculate Heart of Mary, given to us as Mother by Jesus as He hung dying on the Cross,  
Immaculate Heart of Mary, who accepted us as sons as thou stood beneath the Cross,  
Immaculate Heart of Mary, all pure and holy,  
Immaculate Heart of Mary, exalted by Divine grace

above all Angels and men,  
Immaculate Heart of Mary, Mediator of grace,

Lamb of God, Who takes away the sins of the world,  
*spare us, O Lord.*

Lamb of God, Who takes away the sins of the world,  
*graciously hear us, O Lord.*

Lamb of God, Who takes away the sins of the world,  
*have mercy on us.*

V. Pray for us, O Holy Mother of God.

**R.** *That we may be made worthy of the promises of Christ.*

#### **Let us pray.**

O Immaculate Heart of Mary, bearing with love for all thy children upon earth, pray for us who have recourse to thee. Show to Our Heavenly Father the Wound in the Heart of Thy Son and at the same time offer again the sword that pierced thy Sorrowful and Immaculate Heart as thou suffered by compassion with Thy Divine Son for the redemption of the world. By thy intercession, through the merits of Jesus Christ, bring us to salvation. Amen.

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#### **Strength in Times of Despair**

**O** Father, in moments of despair,  
we seek Your unwavering strength.  
When shadows loom and hope seems distant,  
grant us the courage to rise above our trials.  
Fill our hearts with Your light,  
reminding us that we are never alone.  
May Your love be our anchor,  
guiding us through the storm.  
In Your mercy,  
restore our spirits and renew our faith. Amen.

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#### IV. *Litany of the Blessed Virgin Mary*

Lord, have mercy on us.  
*Christ, have mercy on us.*  
Lord, have mercy on us.  
*Christ hear us.*  
*Christ, graciously hear us.*

God the Father of heaven, *Have mercy on us.*  
God the Son, Redeemer of the world, *Have mercy on us.*  
God the Holy Spirit, *Have mercy on us.*  
Holy Trinity, one God, *Have mercy on us.*

Holy Mary,  
Holy Mother of God,  
Holy Virgin of virgins,  
Mother of Christ,  
Mother of the Church,  
Mother of mercy,  
Mother of divine grace,  
Mother of hope,  
Mother most pure,  
Mother most chaste,  
Mother inviolate,  
Mother undefiled,  
Mother most amiable,  
Mother most admirable,  
Mother of good counsel,  
Mother of our Creator,  
Mother of our Savior,

*Pray for us.*

Virgin most prudent,  
Virgin most venerable,  
Virgin most renowned,  
Virgin most powerful,  
Virgin most merciful,  
Virgin most faithful,  
Mirror of justice,  
Seat of wisdom,  
Cause of our joy,  
Spiritual vessel,  
Vessel of honor,  
Singular vessel of devotion,  
Mystical rose,  
Tower of David,  
Tower of ivory,

*Pray for us*

House of gold,  
Ark of the covenant,  
Gate of heaven,  
Morning star,  
Health of the sick,  
Refuge of sinners,  
Comfort of Migrants,  
Comforter of the afflicted,  
Help of Christians,

Queen of Angels,  
Queen of Patriarchs,  
Queen of Prophets,  
Queen of Apostles,  
Queen of Martyrs,  
Queen of Confessors,  
Queen of Virgins,  
Queen of all Saints,  
Queen conceived without original sin,  
Queen assumed into heaven,  
Queen of the most holy Rosary,  
Queen of Families,  
Queen of Peace,

*Pray for us*

Lamb of God, you take away the sins of the world, *Spare us, O Lord.*  
Lamb of God, you take away the sins of the world, *graciously hear us, O Lord.*  
Lamb of God, you take away the sins of the world, *Have mercy on us.*

Pray for us, O holy Mother of God,  
*That we may be made worthy of the promises of Christ.*

#### **Let us pray**

Grant, we beseech, you Lord God, that we your servants may rejoice in continual health of mind and body and, by the glorious intercession of Blessed Mary, ever Virgin, may we be delivered from present sorrow to delight in joy eternal. Through Christ our Lord. Amen.

v. *Litany of the Holy Eucharist*

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Lord, have mercy. *Lord have mercy.*

Christ, have mercy. *Christ have mercy.*

Lord, have mercy. *Lord have mercy.*

Jesus, the Most High, *have mercy*  
*on us.*

Jesus, the holy One...

Jesus, Word of God...

Jesus, only Son of the Father...

Jesus, Son of Mary...

Jesus, crucified for us...

Jesus, risen from the dead...

Jesus, reigning in Glory...

Jesus, coming in Glory...

Jesus, our Lord... *have mercy*  
*on us*

Jesus, our hope...

Jesus, our peace...

Jesus, our Savior...

Jesus, our salvation...

Jesus, our resurrection...

Jesus, Judge of all...

Jesus, Lord of the Church...

Jesus, Lord of creation...

Jesus, Lover of all...

Jesus, life of the world...

Jesus, freedom for the imprisoned... *have mercy*  
*on us*

Jesus, joy of the sorrowing...

Jesus, giver of the Spirit...

Jesus, giver of good gifts...

Jesus, source of new life...

Jesus, Lord of Life...

Jesus, eternal high priest...

Jesus, priest and victim...

Jesus, true Shepherd...

Jesus, true Light...

Jesus, bread of heaven ...

Jesus, bread of life ...

Jesus, bread of thanksgiving ...

Jesus, life-giving bread ...

Jesus, holy manna ...

Jesus, new covenant ...

Jesus, food for everlasting life ... *have mercy*  
*on us*

Jesus, food for our journey ...

Jesus, holy banquet ...

Jesus, true sacrifice ...

Jesus, perfect sacrifice ...

Jesus, eternal sacrifice ...

Jesus, Divine Victim ...

Jesus, Mediator of the new Covenant...

Jesus, mystery of the altar ...

Jesus, mystery of faith ...

Jesus, medicine of immortality ...

Jesus, pledge of eternal glory ...

Jesus, Lamb of God, You take away the sins of the  
World *have mercy on us*

Jesus, Bearer of our sins, You take away the sins of  
the world ...

Jesus, Redeemer of the world, You take away the  
sins of the world ...

Christ, hear us.

*Christ hear us.*

Christ, graciously hear us.

*Christ graciously hear us.*

Lord Jesus, hear our prayer.

*Lord Jesus, hear our prayer.*

**Let us pray**

Lord our God, in this great sacrament we come into  
the presence of Jesus Christ, your Son, born of the  
Virgin Mary and crucified for our salvation. May we  
who declare our faith in this fountain of love  
and mercy drink from it the water of everlasting life.

## vi. *Litany of Saint Joseph*

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Lord, have mercy, *Lord, have mercy*  
Christ, have mercy, *Christ, have mercy*  
Lord, have mercy, *Lord, have mercy*

Christ, hear us; *Christ, hear us.*  
Christ, graciously hear us; *Christ, graciously hear us.*

God, the Father of Heaven, *have mercy on us.*  
God the Son, Redeemer of the world, *have mercy on us.*

God the Holy Spirit, *have mercy on us.*  
Holy Trinity, One God, *have mercy on us.*

Holy Mary, *pray for us*  
Saint Joseph, *pray for us*  
Renowned offspring of David,  
Light of Patriarchs,  
Spouse of the Mother of God,  
Chaste guardian of the Virgin,  
Foster-father of the Son of God,  
Diligent protector of Christ,  
Head of the Holy Family,

Joseph most just, *pray for us*  
Joseph most chaste,  
Joseph most prudent,  
Joseph most strong,  
Joseph most obedient,  
Joseph most faithful,  
Mirror of patience,  
Lover of poverty,  
Model of artisans,  
Glory of home life,  
Guardian of virgins,  
Pillar of families,  
Solace of the wretched, Hope of the sick,  
Patron of the dying,  
Terror of demons,  
Protector of Holy Church,

Lamb of God, who takes away the sins of the world,  
*Spare us, O Lord.*  
Lamb of God, who takes away the sins of the world,

*Graciously, hear us, O Lord.*

Lamb of God, who takes away the sins of the world,  
*Have mercy on us.*

**V.** He made him the lord of His house:

**R.** **And ruler of all His substance.**

**Let us pray.**

O God, in your ineffable providence you were pleased to choose Blessed Joseph to be the spouse of your most holy Mother; grant, we beg you, that we may be worthy to have him for our intercessor in heaven whom on earth we venerate as our Protector: You who live and reign forever and ever.  
Saint Joseph, pray for us.

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## Prayer for Renewed Faith and Hope

**H**eavenly father, I am your humble servant,  
I come before you today in need of hope.  
There are times when I feel helpless,  
There are times when I feel weak. I pray for hope.  
I need hope for a better future. I need hope for a better life.  
I need hope for love and kindness.  
Some say that the sky is at it's darkest just before the light.  
I pray that this is true, for all seems dark.  
I need your light, Lord, in every way.  
I pray to be filled with your light from head to toe.  
To bask in your glory.  
To know that all is right in the world,  
as you have planned, and as you want it to be.  
Help me to walk in your light  
and live my life in faith and glory.  
In your name I pray, Amen.

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## VII. *Litany of the Most Precious Blood of Our Lord Jesus Christ*

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Lord, have mercy. *Lord, have mercy.*  
Christ, have mercy. *Christ, have mercy.*  
Lord, have mercy. *Lord, have mercy.*

Christ, hear us; *Christ, hear us*  
Christ, graciously hear us; *Christ, graciously hear us*

God the Father of Heaven, *have mercy on us.*  
God the Son, Redeemer of the world, *have mercy on us.*  
God, the Holy Spirit, *have mercy on us.*  
Holy Trinity, One God, *have mercy on us.*

Blood of Christ, only-begotten Son of the eternal Father, *save us.*  
Blood of Christ, Incarnate Word or God, *save us.*  
Blood of Christ, of the New and Eternal Testament, *save us.*  
Blood of Christ, falling upon the earth in Agony, *save us.*  
Blood of Christ, shed profusely in the Scourging, *save us.*  
Blood of Christ, flowing forth in the Crowning with Thorns, *save us.*  
Blood of Christ, poured out on the Cross, *save us.*  
Blood of Christ, price of our salvation, *save us.*

Blood of Christ, without which there is no forgiveness, *save us.*  
Blood of Christ, Eucharistic drink and refreshment of souls, *save us.*  
Blood of Christ, stream of mercy, *save us.*  
Blood of Christ, victor over demons, *save us.*  
Blood of Christ, courage of Martyrs, *save us.*  
Blood of Christ, strength of Confessors, *save us.*  
Blood of Christ, bringing forth Virgins, *save us.*  
Blood of Christ, help of those in peril, *save us.*  
Blood of Christ, relief of the burdened, *save us.*  
Blood of Christ, solace in sorrow, *save us.*  
Blood of Christ, hope of the penitent, *save us.*

Blood of Christ, consolation of the dying, *save us.*  
Blood of Christ, peace and tenderness of hearts, *save us.*  
Blood of Christ, pledge of eternal life, *save us.*  
Blood of Christ, freeing souls from purgatory, *save us.*  
Blood of Christ, most worthy of all glory and honor, *save us.*

Lamb of God, who takes away the sins of the world, *spare us, O Lord.*  
Lamb of God, who takes away the sins of the world, *graciously hear us, O Lord.*  
Lamb of God, who takes away the sins of the world, *have mercy on us, O Lord.*

**V.** You have redeemed us, O Lord, in Your Blood.  
**R.** And made us a kingdom for our God.

### **Let us pray:**

Almighty and eternal God, You have appointed Your only-begotten Son the Redeemer of the world and willed to be appeased by his blood. Grant, we beg, that we may worthily adore this price of our salvation and through its power be safeguarded from the evils of the present life so that we may rejoice in its fruits forever in heaven. Through the same Christ our Lord.

**R. Amen.**

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### **Act of Hope**

**O** my God,  
relying on your infinite goodness and promises,  
I hope to obtain pardon of my sins,  
the help of your grace, and life everlasting,  
through the merits of Jesus Christ,  
my Lord and Redeemer. Amen.

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### *viii. Litany of the Holy Spirit*

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Lord, *have mercy on us.*  
Christ, *have mercy on us.*  
Lord, *have mercy on us.*

Father all powerful, *have mercy on us*  
Jesus, Eternal Son of the Father, Redeemer of the world, *save us.*  
Spirit of the Father and the Son, boundless life of both, *sanctify us.*  
Holy Trinity, *hear us*

Holy Spirit, Who proceeds from the Father and the Son, *enter our hearts.*  
Holy Spirit, Who art equal to the Father and the Son, *enter our hearts.*

Promise of God the Father, *have mercy on us.*  
Ray of heavenly light, *have mercy on us*  
Author of all good, *have mercy on us*  
Source of heavenly water, *have mercy on us*  
Consuming fire, *have mercy on us*  
Ardent charity, *have mercy on us*  
Spiritual unction, *have mercy on us*

Spirit of love and truth, *have mercy on us*  
Spirit of wisdom and understanding, *have mercy on us*  
Spirit of counsel and fortitude, *have mercy on us*  
Spirit of knowledge and piety, *have mercy on us*  
Spirit of the fear of the Lord, *have mercy on us*  
Spirit of grace and prayer, *have mercy on us*  
Spirit of peace and meekness, *have mercy on us*  
Spirit of modesty and innocence, *have mercy on us*  
Holy Spirit, the Comforter, *have mercy on us*  
Holy Spirit, the Sanctifier, *have mercy on us*  
Holy Spirit, Who governs the Church, *have mercy on us*  
Gift of God, the Most High, *have mercy on us*  
Spirit Who fills the universe, *have mercy on us*  
Spirit of the adoption of the children of God, *have mercy on us*

Holy Spirit, inspire us with horror of sin, *have mercy..*

Holy Spirit, come and renew the face of the earth,  
Holy Spirit, shed Thy light in our souls, *have mercy..*  
Holy Spirit, engrave Thy law in our hearts, *have ...*  
Holy Spirit, inflame us with the flame of Thy love,  
*have mercy on us*  
Holy Spirit, open to us the treasures of Thy graces,  
*have mercy on us*  
Holy Spirit, teach us to pray well, *have mercy on us*  
Holy Spirit, enlighten us with Thy heavenly inspirations, *have mercy on us*  
Holy Spirit, lead us in the way of salvation, *have ...*  
Holy Spirit, grant us the only necessary knowledge,  
*have mercy on us*  
Holy Spirit, inspire in us the practice of good, *have mercy on us*  
Holy Spirit, grant us the merits of all virtues, *have mercy on us*  
Holy Spirit, make us persevere in justice, *have mercy on us*  
Holy Spirit, be Thou our everlasting reward, *have mercy on us*

Lamb of God, Who takes away the sins of the world,  
*Send us Thy Holy Spirit.*

Lamb of God, Who takes away the sins of the world,  
*Pour down into our souls the gifts of the Holy Spirit.*

Lamb of God, Who takes away the sins of the world,  
*Grant us the Spirit of wisdom and piety.*

**V.** Come, Holy Spirit! Fill the hearts of Thy faithful,  
**R.** And enkindle in them the fire of Thy love.

#### **Let Us Pray**

Grant, O merciful Father, that Thy Divine Spirit may enlighten, inflame and purify us, that He may penetrate us with His heavenly dew and make us fruitful in good works, through Our Lord Jesus Christ, Thy Son, Who with Thee, in the unity of the same Spirit, lives and reigns forever and ever.

**R. Amen**

## IX. *Chaplet of Divine Mercy*

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*In the name of the Father, and of the Son, and of the Holy Spirit. Amen.*

### *Opening Prayers (optional)*

You expired, Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world. O Fount of Life, unfathomable Divine Mercy, envelop the whole world and empty yourself out upon us.

### *Repeat three times:*

**O Blood and Water, which gushed forth from the Heart of Jesus as a fountain of Mercy for us,**

### *I trust in you!*

### *Our Father*

Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come,  
thy will be done  
on earth as it is in heaven.

Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.  
Amen

### *Hail Mary*

Hail, Mary, full of grace, the Lord is with you;  
blessed are you among women,  
and blessed is the fruit of your womb, Jesus.  
Holy Mary, Mother of God,  
pray for us sinners  
now and at the hour of our death.  
Amen.

### *The Apostles' Creed*

I believe in God,  
the Father almighty,  
Creator of heaven and earth,  
and in Jesus Christ, his only Son, our Lord,

who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
he descended into hell;  
on the third day he rose again from the dead;  
he ascended into heaven,  
and is seated at the right hand of God the Father  
almighty;  
from there he will come to judge the living and the  
dead.

I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting.  
Amen.

### *For each of the five decades*

### *On each "Our Father" bead of the rosary, pray:*

V. Eternal Father, I offer you the Body and Blood, soul  
and divinity of your dearly beloved Son, our Lord  
Jesus Christ,

R. *in atonement for our sins and those of the whole  
world.*

### *On each of the 10 "Hail Mary" beads, pray:*

V. For the sake of his sorrowful Passion,  
R. *have mercy on us and on the whole world.*

### *Conclusion*

### *Repeat three times:*

Holy God, Holy Mighty One, Holy Immortal One, have  
mercy on us and on the whole world.

### *Closing Prayer (optional)*

Eternal God, in whom mercy is endless and the  
treasury of compassion inexhaustible, look kindly  
upon us and increase your mercy in us, that in difficult  
moments we might not despair nor become  
despondent, but with great confidence submit  
ourselves to your holy will, which is Love and Mercy  
itself. Amen.

# The Stations of the Cross “Pilgrims of Hope”

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The **Stations of the Cross** invite us to walk the path of Christ’s suffering, death, and resurrection, reflecting on His ultimate sacrifice and love for humanity. In the context of the **Jubilee Year Pilgrims of Hope**, these stations become a profound journey of faith, reminding us that, as pilgrims on this earth, we are not alone in our struggles. Just as Jesus carried His cross with unwavering hope in the Father’s plan, we too are called to embrace our own crosses with trust and perseverance. This sacred pilgrimage invites us to look beyond our pain and challenges, finding in Christ’s journey a source of unshakable hope, leading us to new life and deeper communion with God.

## 1<sup>st</sup> Station: Jesus is condemned to death

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Leader: We adore you, O Christ, and we praise you  
All: Because by your Holy Cross you have redeemed the World

Passage: *Luke 23:13-25*

*"Pilate then called together the chief priests, the rulers, and the people, and said to them, 'You brought me this man as one who was inciting the people to rebellion. I have examined him in your presence and have found no basis for your charges against him.'"*

### **Pilgrims of Hope: The Trial of the Soul**

Pilgrims of Hope, we are embarking on our own journey through life, we often face trials that seem unjust or beyond our understanding. At this moment, Jesus is condemned, though innocent, and as we walk this path, we too may face moments where our integrity is questioned or our faith is challenged. Yet, even here, hope rises. Christ’s willingness to endure this unjust sentence shows us that even in suffering, God’s greater plan is unfolding. Like Jesus, we too are called to trust, even when the way forward is unclear.

**Reflection:** What unjust trials am I facing right now? How can I trust in God's plan despite these challenges?

Our Father... Hail Mary... Glory be to the Father ...

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## 2<sup>nd</sup> Station: Jesus takes up His cross

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Leader: We adore you, O Christ, and we praise you  
All: Because by your Holy Cross you have redeemed the World

Passage: *John 19:16-17*

*"Finally Pilate handed him over to them to be crucified. So the soldiers took charge of Jesus. Carrying his own cross, he went out to the place of the Skull (which in Aramaic is called Golgotha)."*

### **Pilgrims of Hope: Embracing Our Crosses**

Every pilgrim faces the burden of their own cross—whether it’s sorrow, hardship, or fear. As Jesus takes up His cross, He shows us that we are not alone in carrying the weight of life’s burdens. This is a moment of solidarity; Jesus is with us in our struggles. Hope is not the absence of suffering but the assurance that God walks with us through it.

**Reflection:** What crosses do I carry today, and how can I invite Jesus to walk with me through them?

Our Father... Hail Mary... Glory be to the Father ...

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### 3<sup>rd</sup> Station: Jesus falls the first time

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Leader: We adore you, O Christ, and we praise you  
All: Because by your Holy Cross you have redeemed the World

Passage: Isaiah 53:3

*"He was despised and rejected by mankind, a man of suffering, and familiar with pain. Like one from whom people hide their faces he was despised, and we held him in low esteem."*

#### ***Pilgrims of Hope: The Strength in Weakness***

As pilgrims on a journey, we will undoubtedly stumble. Jesus falls, not once but many times. In our own lives, we may fall, face defeat, or experience failure. Yet in each fall, there is the possibility for renewal. Hope is born from weakness when we recognize that God's strength is made perfect in our vulnerability.

**Reflection:** In what areas of my life have I stumbled? How can I find hope in my weaknesses?

Our Father... Hail Mary... Glory be to the Father ...

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### 4<sup>th</sup> Station: Jesus meets His Blessed Mother

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Leader: We adore you, O Christ, and we praise you  
All: Because by your Holy Cross you have redeemed the World

Passage: Luke 2:34-35

*"Then Simeon blessed them and said to Mary, his mother: 'This child is destined to cause the falling and rising of many in Israel and to be a sign that will be spoken against so that the thoughts of many hearts will be revealed. And a sword will pierce your own soul too.'"*

#### ***Pilgrims of Hope: Love's Comfort***

Mary, a pilgrim of hope herself, meets her Son on the road to Calvary. In that moment, the deep love and sorrow they share comfort and strengthen each

other. As we journey through life, we encounter moments where love—both human and divine—reminds us that we are not alone. The hope of the Resurrection is carried in the arms of this love.

**Reflection:** How does the love of Mary and Jesus strengthen my own faith journey?

Our Father... Hail Mary... Glory be to the Father ...

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### 5<sup>th</sup> Station: Simon of Cyrene helps Jesus carry the cross

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Leader: We adore you, O Christ, and we praise you  
All: Because by your Holy Cross you have redeemed the World

Passage: Mark 15:21

*"A certain man from Cyrene, Simon, the father of Alexander and Rufus, was passing by on his way in from the country, and they forced him to carry the cross."*

#### ***Pilgrims of Hope: The Gift of Companionship***

No pilgrim journeys alone. We encounter Simon, who, though a stranger, steps forward to help carry Jesus' cross. In our own lives, God sends us companions—friends, family, or even strangers—to share our burdens. In this moment, we realize the grace of community and the hope that others bring into our lives.

**Reflection:** Who has been a Simon to me on my journey? How can I offer help to others who are struggling?

Our Father... Hail Mary... Glory be to the Father ...

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## 6<sup>th</sup> Station: Veronica wipes the face of Jesus

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Leader: We adore you, O Christ, and we praise you  
All: Because by your Holy Cross you have redeemed the World

Passage: Matthew 25:35-40

*"For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in, I needed clothes and you clothed me, I was sick and you looked after me, I was in prison and you came to visit me. Then the righteous will answer him, 'Lord, when did we see you hungry and feed you, or thirsty and give you something to drink?'"*

### **Pilgrims of Hope: Acts of Compassion**

Veronica's simple act of kindness—wiping the face of Jesus—reminds us that every small act of love can bring hope and comfort. As we journey through life, we are called to recognize the suffering of others and, like Veronica, offer whatever we have to alleviate their pain, even if it's just a moment of tenderness.

**Reflection:** How can I show compassion to someone who is suffering today?

Our Father... Hail Mary... Glory be to the Father ...

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## 7<sup>th</sup> Station: Jesus falls the second time

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Leader: We adore you, O Christ, and we praise you  
All: Because by your Holy Cross you have redeemed the World

Passage: Psalm 34:18

*"The Lord is close to the brokenhearted and saves those who are crushed in spirit."*

### **Pilgrims of Hope: Rising Again**

Jesus falls again, but this second fall teaches us something deeper: that even when we fall repeatedly, there is always the grace to rise again.

Hope is not a one-time event; it is a continual act of trusting in God's mercy. With every fall, we are invited to trust that God will lift us up once more.

**Reflection:** How do I respond when I fall? How can I trust that God will help me rise again?

Our Father... Hail Mary... Glory be to the Father ...

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## 8<sup>th</sup> Station: Jesus meets the women of Jerusalem

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Leader: We adore you, O Christ, and we praise you  
All: Because by your Holy Cross you have redeemed the World

Passage: Luke 23:27-31

*"A large number of people followed him, including women who mourned and wailed for him. Jesus turned and said to them, 'Daughters of Jerusalem, do not weep for me; weep for yourselves and for your children.'"*

### **Pilgrims of Hope: Sorrow and Solidarity**

In this station, Jesus, aware of the sorrow of the women of Jerusalem, speaks words of comfort. He recognizes their grief and points them to a deeper hope. Pilgrims of hope know that even in the darkest of days, we can find solidarity in shared suffering and be reminded of the ultimate redemption that awaits.

**Reflection:** How can I offer hope to others who are grieving or in pain?

Our Father... Hail Mary... Glory be to the Father ...

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## 9<sup>th</sup> Station: Jesus falls the third time

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Leader: We adore you, O Christ, and we praise you  
All: Because by your Holy Cross you have redeemed the World

Passage: 2 Corinthians 12:9

*"But he said to me, 'My grace is sufficient for you, for my power is made perfect in weakness.' Therefore I will boast all the more gladly of my weaknesses, so that the power of Christ may rest upon me."*

### ***Pilgrims of Hope: The Depths of Endurance***

This third fall is the deepest. It is a moment of complete exhaustion and utter vulnerability. Yet it also marks the point at which Christ draws closest to us in our darkest moments. In the depths of despair, we are often closest to encountering the transformative power of God's love. But where sin abounded, grace did much more abound: that as despair reigned unto death, even so might hope will reign unto eternal life by Jesus Christ our Lord.

**Reflection:** When have I felt at my lowest? How can I allow God's love to meet me in that place?

Our Father... Hail Mary... Glory be to the Father ...

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## 10<sup>th</sup> Station: Jesus is stripped of His clothes

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Leader: We adore you, O Christ, and we praise you  
All: Because by your Holy Cross you have redeemed the World

Passage: John 19:23-24

*"When the soldiers crucified Jesus, they took his clothes, dividing them into four shares, one for each of them, with the undergarment remaining. This garment was seamless, woven in one piece from top to bottom. 'Let's not tear it,' they said to one another. 'Let's decide by lot who will get it.'"*

### ***Pilgrims of Hope: Vulnerability and Dignity***

As Jesus is stripped of His clothes, He stands exposed, but even in this moment of utter vulnerability, His dignity remains intact. He shows us that we are not defined by what the world sees but by the love God has for us. Our true worth is rooted in this love, and hope remains even in moments of humiliation.

**Reflection:** When have I felt exposed or vulnerable? How can I find strength in my dignity as a child of God?

Our Father... Hail Mary... Glory be to the Father ...

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## 11<sup>th</sup> Station: Jesus is nailed to the cross

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Leader: We adore you, O Christ, and we praise you  
All: Because by your Holy Cross you have redeemed the World

Passage: Luke 23:33-34

*"When they came to the place called the Skull, there they crucified him, along with the criminals—one on his right, the other on his left. Jesus said, 'Father, forgive them, for they do not know what they are doing.'"*

### ***Pilgrims of Hope: Suffering and Redemption***

On the cross, Jesus bears the weight of all suffering, offering hope to the world. His suffering becomes a pathway to redemption for all who will follow Him. For pilgrims of hope, suffering is not the end; it is the place where salvation begins. In our own suffering, we are invited to unite ourselves with His for the sake of others.

**Reflection:** How can I offer my own sufferings for the sake of others' healing?

Our Father... Hail Mary... Glory be to the Father ...

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## 12<sup>th</sup> Station: Jesus dies on the cross

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Leader: We adore you, O Christ, and we praise you  
All: Because by your Holy Cross you have redeemed the World

Passage: Matthew 27:50

"And when Jesus had cried out again in a loud voice, he gave up his spirit."

### *Pilgrims of Hope: The Victory of Love*

The moment of death is often seen as the end of a journey, a pilgrimage, yet for Jesus, it is the final victory over sin and death. The cross becomes the sign of eternal hope. For every pilgrim of hope, death is not the end, but a doorway to new life. Christ's death becomes our invitation to trust in the power of resurrection.

**Reflection:** How can I live in the hope of the resurrection? How does Christ's death transform my view of death?

Our Father... Hail Mary... Glory be to the Father ...

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## 13<sup>th</sup> Station: Jesus' body is taken down from the cross

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Leader: We adore you, O Christ, and we praise you  
All: Because by your Holy Cross you have redeemed the World

Passage: John 19:38-40

*"Later, Joseph of Arimathea asked Pilate for the body of Jesus. Now Joseph was a disciple of Jesus, but secretly because he feared the Jewish leaders. With Pilate's permission, he came and took the body away. He was accompanied by Nicodemus, the man who earlier had visited Jesus at night. Nicodemus brought a mixture of myrrh and aloes, about seventy-five pounds. Taking Jesus' body, the two of them wrapped it, with the spices, in strips of linen. This was in accordance with Jewish burial customs."*

### *Pilgrims of Hope: The Gift of Mourning*

As Jesus is placed in the arms of His mother, there is deep sorrow, yet there is also profound hope. The act of mourning becomes an act of love, and the hope of new life begins to stir in the hearts of those who are grieving. We are reminded that hope is often born in the deepest moments of sorrow.

**Reflection:** How can I open my heart to hope in times of mourning or loss?

Our Father... Hail Mary... Glory be to the Father

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## 14<sup>th</sup> Station: Jesus is laid in the tomb

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Leader: We adore you, O Christ, and we praise you  
All: Because by your Holy Cross you have redeemed the World

Passage: Matthew 27:59-60

*"Joseph took the body, wrapped it in a clean linen cloth, and placed it in his own new tomb that he had cut out of the rock. He rolled a big stone in front of the entrance to the tomb and went away."*

### *Pilgrims of Hope: Awaiting the Resurrection*

The tomb is a place of silence and waiting. Yet for pilgrims of hope, it is not a place of despair. The tomb, while a sign of death, holds the promise of new life. As we await the resurrection, we too live in the hope that Christ's victory will be ours. The tomb is empty; death has been conquered.

**Reflection:** How do I live in anticipation of the new life that Christ offers? How does the resurrection transform the way I live today?

Our Father... Hail Mary... Glory be to the Father

### Closing Prayer

**H**eavenly Father, As we conclude this sacred journey of the Cross, we come before You as

Pilgrims of Hope, renewed in faith and trust in Your divine plan. Through the passion and resurrection of Jesus, You have shown us that suffering is not the end but a path to new life.

In this Jubilee Year, You call us to be bearers of hope in a world burdened by fear, division, and despair. Strengthen our hearts to walk with courage, just as Christ carried His cross with unwavering love. May His sacrifice inspire us to embrace our own crosses—not with resignation, but with the certainty that You are always with us, leading us to redemption.

Fill us with the joy of the Gospel, so that as we leave this place, we may shine as beacons of hope in our families, communities, and the world. May this Jubilee be a time of renewal, a moment of grace, and a journey of transformation for all who seek You. We ask this through Christ our Lord. **Amen.**

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### Prayer for Hope in Difficult Times

**H**eavenly Father,  
In times of darkness and uncertainty,  
I turn to You for hope.  
You are the source of all hope  
and the light that shines in the darkness.  
Fill my heart with hope, Lord,  
and help me trust in Your plan,  
even when I cannot see the way.  
Renew my faith and grant me the strength  
to persevere through the challenges I face.  
Through Christ Our Lord. Amen.

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### Seeing God's Light

**O**ur Father,  
In the midst of darkness,  
we seek Your radiant light.  
Illuminate our hearts and minds,  
guiding us through uncertainty and fear.  
Help us to recognize Your presence in our lives,  
reflecting Your love and grace to those around us.  
May we walk in faith, trusting in Your divine plan,  
and share the warmth of Your light with the world.  
Amen.

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### Rejoicing in Hope

**O** Father,  
we come before You with hearts full of  
gratitude,  
rejoicing in the hope that You provide.  
In times of uncertainty,  
may we cling to Your promises  
and find strength in Your love.  
Help us to share this hope with others,  
shining Your light in the darkness.  
May our joy be a testament  
to Your faithfulness, now and forevermore. Amen.

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