



# Muheem

EK SARTHAK PRAYAS

## NEWSLETTER

Year 2022-2023

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- Empowering Women Through Kabaddi: A Celebration of Strength and Unity
- Pinki : First Women Leader From Mushar Community (Tendui)
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Muheem, a non-governmental and non-political organization headquartered in Varanasi, Uttar Pradesh-India, embodies its mission: Multidimensional Upliftment, Humanistic Evaluation, and Empowerment of the Underprivileged. Founded in 2016 by visionary leaders Swati Singh and Ramkinkar Kumar, Muheem is dedicated to championing the rights of women, girls and young people. Muheem operates as a catalyst for positive social transformation and sustainable development within our society. The organization is steadfastly committed to facilitating the mainstream integration of underprivileged communities through various initiatives focused on education, skill development, and the cultivation of feminist leadership at the grassroots level.

Muheem envisions a more just and peaceful world, where everyone lives with dignity, equity, equality and respect. Our Mission is to create grassroots youth leadership movement aimed at social inclusion of the underprivileged community into the mainstream through feminist leadership.

Geographical Presence and Impact: Currently operational in Varanasi, Bhadohi, and Mirzapur districts of Uttar Pradesh, Muheem has a robust presence and impact in these regions. Through its efforts, Muheem aims to break barriers, eliminate disparities, and create a more inclusive and empowered society by addressing the unique challenges faced by underprivileged groups (Dalit, Muslim, SC/ST/OBC).





## AZAD PATANG

In January, the vibrant village of Tendui hosted a Kite Competition that saw enthusiastic participation from 45 young women. As an annual tradition, the event in Tendui continues to serve as a platform to challenge gender-based discrimination and violence. The colorful kites soared high, symbolizing the community's collective commitment to fostering inclusivity and resisting gender bias. Stay tuned for more inspiring events that echo our dedication to positive social change!

**AN EXTRAORDINARY INITIATIVE CHALLENGING GENDER STEREOTYPES AND FOSTERING WOMEN'S DYNAMISM, MOVING BEYOND THE ORDINARY KITE.**

### Empowering Women Through Kabaddi: A Celebration of Strength and Unity

In the spirit of the international campaign, One Billion Rising, the month of March witnessed a remarkable event – the Women's Kabaddi competition. Held in the vibrant village of Basuhan in Sevapuri Block, the event drew enthusiastic participation from women's teams representing twelve different villages. Beyond the intense sportsmanship, the program showcased presentations from our children's classroom program and highlighted cultural activities, adding vibrant colors to the celebration. This event was not just about sports; it was a powerful expression of unity, strength, and empowerment within our communities. Stay tuned for more updates on our empowering initiatives!



**1 BILLION RISING 2023**  
**RISE FOR FREEDOM**

### PINKI : FIRST WOMEN LEADER



"Pinki, a Mushar from Tendui village, shattered stereotypes by becoming the first woman in her Musahar community to lead the Sui Dhaaga Teaching Center. From mastering sewing to managing the center, Pinki's journey is a testament to resilience and empowerment, inspiring a ripple effect of change in her community. Her story is a beacon of strength and possibility, proving that breaking societal norms can lead to transformative leadership and opportunities for all."



## Unveiling the 'Sohar Geet' to Challenge Son Preference Culture

In a significant stride towards challenging son preference deeply entrenched in patriarchal cultures, this year witnessed the launch of a groundbreaking campaign by Muheem, Girls Count and Sweccha, in collaboration with the support of UNFPA. The campaign is dedicated to addressing the critical issue of 'Sohar Geet,' a cultural practice that perpetuates son preference. The inaugural meeting, held in Varanasi, set the stage for the launch of the first-ever 'Sohar Geet' in Hindi. This powerful initiative was unveiled at Banaras Hindu University during the International Day of the Girl Child, symbolizing a commitment to celebrate daughters and challenge traditional norms.

*This campaign, initiated by Muheem in collaboration with Girls Count and Sweccha, is supported by UNFPA.*



### Celebrating a Milestone: 'Pathshala Junction'

Under the Pathshala Program, the 'Pathshala Junction' event emerged as a significant milestone this year. It showcased the proactive leadership of Paathshala's children, marking a historic moment as they personally invited stakeholders from their villages to partake in an event held right in their community. This groundbreaking event became a standout success among the various impactful programs conducted across all centers throughout the year.

### Sui Dhaga Creatives Recognised In BHU

This year marked a milestone for our Sui Dhaaga program as the handcrafted creations from our centers took center stage at the one-day Local Vocal Fair hosted by Banaras Hindu University. The program not only received recognition but was also honored for its exceptional work, making it a standout achievement for us in the past year. This success underscores our commitment to empowering local communities through skill development and creative endeavors.





## Muheem Team In UN Video 2023 : Celebrating Achievements on International Women's Day

This International Women's Day, the United Nations (India) showcased the thoughts of the Muheem team's leadership impact through digital literacy in its special video. [Watch the video](#) in celebrating the impactful milestones and inspiring endeavors of the Muheem team that continue to make a difference each year. Its a big achievement.

## Celebrating International Women's Day: Our Director, Swati Singh, Honored as Panelist at UN Event

We are delighted to announce a significant achievement for our organization on the occasion of International Women's Day. Swati Singh, our Director, was invited to be a distinguished panelist at an [event organized](#) by the United Nations in New Delhi. This recognition is a testament to the impactful work and unwavering commitment of our organization in promoting gender equality and empowering women. Swati Singh's active participation as a panelist not only showcases her dedication but also brings honor to our collective efforts. As we celebrate International Women's Day, let us renew our commitment to creating a world where every woman and girl can live free from discrimination and enjoy equal opportunities.



## MUHEEM GOT SELECTED IN TFI PROGRAM 2023



# TFIX

We are thrilled to announce our strategic collaboration with the Teach For India program for this year's initiative. This selection aligns seamlessly with our steadfast commitment to delivering quality education to underserved communities. Through this meaningful partnership, our organization has had the privilege of working closely with the Musahar community, fostering impactful and sustained educational leadership development.

# Love, Share & Support