

Dr. Daniel Gaitan

Concierge Primary Care Physician and Endocrinologist



DR. DANIEL GAITAN, MD, FACP, FACE

Dr. Daniel Gaitan's practice focuses on the importance of preventive care, preemptive action and proactive health. He is able to detect early signs of serious illnesses through an annual physical exam that is recommended for each patient. Using the results of the comprehensive yearly physical, he develops an individualized wellness plan with the goal of protecting your health and enriching your quality of life.

Specifically, Dr. Gaitan views preventive care and proactive health through the lens of endocrinology. His endocrinology practice is based on the philosophy of concierge care, also known as personalized care. That means office appointments are unrushed so he may spend quality time developing personal relationships. A caring and patient-centered physician, Dr. Gaitan will take whatever time is necessary to fully explain the results of your physical exam, and to discuss ways in which you can best introduce the lifestyle changes needed to achieve optimum health.

"We may not all be blessed with good health, but a caring physician can keep us on the right track for better health, allowing us to be productive in our lives and enjoying the fruits of our labor."

Because 60 percent of early deaths are a result of behaviors and/or chronic conditions that are preventable, Dr. Gaitan's goal is to identify any hidden factors in your lifestyle that may lead to a chronic condition. With that information, he is able to develop a customized program that may reduce symptoms, improve quality of life and help avert diseases commonly seen in endocrinology.

Dr. Gaitan earned his B.S. in biology from the University of Alabama in Birmingham in 1980, and graduated from University of Mississippi School of Medicine in 1986. He completed his residency and internship at the University of Mississippi Medical Center in 1989. His interest in endocrinology and diabetes took him to Vanderbilt University, where he completed his fellowship in 1993. He is board certified in internal medicine and endocrinology, diabetes and metabolism, and is a member of the Endocrine Society, the American Association of Clinical Endocrinologists and the American College of Physicians. For the past 25 years, he has been listed among the Best Doctors in America, a prestigious peer review organization.

Additionally, Dr. Gaitan is a Fellow of the American College of Endocrinology and the American College of Physicians. He holds the academic position of Clinical Professor at the Washington University School of Medicine, and is on staff at Barnes-Jewish West County and Missouri Baptist hospitals.

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