

"BY HIS STRIPES"

PART 3

OBJECTIVE: TO STUDY WHAT GOD SAYS ABOUT OUR HEALING.  
TO LEARN ABOUT GOD'S PROVISION FOR OUR INFIRMITIES AND  
OUR INIQUITIES.

KEY SCRIPTURES: JEREMIAH 8:18-22/MATTHEW 6:14-15/  
ISAIAH 26:3/JOHN 14:27

SOUL CARE IS A NECESSARY SKILL THAT IS UNDERDEVELOPED  
WITHIN MANY CHRISTIANS.

OUR SOUL IS THE PART OF US THAT IS MADE UP OF OUR MIND,  
OUR WILL, AND OUR EMOTIONS.

IT IS OBVIOUS WHY PAUL WRITES IN HIS LETTER TO THE  
PHILIPPIANS 2:12 FOR US TO WORK OUT OUR OWN SALVATION.

IT IS CRITICAL THAT OUR SOUL IS HEALED!

HEALING OF THE INNER SOUL:

IT'S THE PROCESS THROUGH PRAYER THAT WE ARE SET FREE  
FROM FEELINGS OR RESENTMENT, REJECTION, SELF PITY,  
DEPRESSION, GUILT, FEAR, SORROW, HATRED, SUFFERING,  
CONDEMNATION OR WORTHLESSNESS.

MANY CHRISTIANS ARE IN GOOD PHYSICAL CONDITION BUT  
EMOTIONALLY CRIPPLED, LIMPING THROUGH LIFE.

*JEREMIAH SAW THE SPIRITUAL & EMOTIONAL CONDITION OF THE PEOPLE OF ISRAEL & HE CRIED OUT IN OUR TEXT.*

*BALM OF GILEAD WAS A RARE PERFUME USED MEDICINALLY ON WOUNDS. IT WAS NAMED FOR THE REGION OF GILEAD WHERE IT WAS PRODUCED.*

***THERE ARE CERTAIN STEPS WE CAN TAKE TOWARD SOUL CARE.***

*UNLIKE PHYSICAL WOUNDS. WOUNDS OF OUR SOUL ARE NOT EASILY DETECTED AND RARELY ADDRESSED.*

*WE MUST DO EVERYTHING WE CAN TO FIND HEALING FOR OUR SOUL. GOD GIVES US REST FOR OUR SOULS SO THAT THEY CAN BE HEALED.*

### **REVEAL**

*IF YOU ARE NOT SURE OF YOUR EMOTIONAL WOUNDS... THROUGH PRAYER ALLOW THE HOLY SPIRIT TO REVEAL AND SHOW YOU HURTS SO YOU CAN IDENTIFY THE ROOT CAUSE.*

### **DEAL**

*CHOOSE TO DEAL WITH THE HURT RATHER THAN SUPPORT, DENY OR SELF MEDICATE. INNER HEALING IS NOT GOING INTO THE PAST AND DIGGING UP SORDID DETAILS. IT'S NOT SEEING HOW MUCH GARBAGE WE CAN REMEMBER. INSTEAD, IT'S THROWING AWAY ALL THE GARBAGE THAT IS THERE. IT'S HAVING JESUS SHINE HIS DIVINE LIGHT IN ALL THOSE DARK PLACES. WHERE SATAN HAS HIDDEN HURTS & PAINFUL MEMORIES. IT'S JESUS WALKING HAND IN HAND THROUGH EVERY SECOND OF OUR LIVES... PAST & PRESENT. IT'S ADMITTING OUR NEED FOR GOD TO RESTORE US.*

**WHY DO WE NEED EMOTIONAL HEALING?**

WE ARE LEAVING A LEGACY. WHAT WE CHOOSE NOT TO DEAL WITH CAN BE PASSED DOWN TO THE NEXT GENERATION.

**HURTING PEOPLE HURT PEOPLE.**

WE CAN'T FULLY FULFILL OUR GOD GIVEN CALLING WITHOUT INSERTING GOD INTO OUR BROKEN PLACES AND WE ALL HAVE THEM.

SOMEONE SAID

**A GOOD MARRIAGE IS WHEN YOU FIND TWO PEOPLE WHOSE BROKEN PIECES FIT TOGETHER.**

**HEAL**

INNER HEALING REQUIRES TWO STEPS.

**1. BREAKING SATANS BONDAGE AND RECLAIMING OUR INHERITANCE.**

**A. CHOOSE TO FORGIVE.**

**B. BIND SPIRITS OF FEAR, ANGER, JEALOUSY... LOOSE**

**2. PRAYER FOR HEALING OF MEMORIES.**

**ILL – IDENTIFY AND BREAK THE BONDAGE OF NEGATIVE MEMORIES.**