### "OVERCOMING WEARINESS"

#### GALATIANS 6:9

"And let us not grow weary while doing good, for in due season we shall reap if we do not lose heart."

ONE OF THE GREATEST CHALLENGES WE FACE MOST OFTEN IN OUR LIVES SPIRITUALLY IS OUR ABILITY TO STAY STEADFAST AND IMMOVABLE.

# Weariness- means extreme tiredness or fatigue.

WE ALL GET PHYSICALLY TIRED, AND OFTEN TIMES MENTALLY FATIGUED. BUT WHEN WE ARE SPIRITUALLY WEARY IS WHEN LIFE DEVELOPS POTHOLES IN OUR SOUL.

## SOME OF THE SYMPTOMS OF PHYSICAL FATIGUE ARE:

- NOT BEING ABLE TO KEEP A PACE TO DO WHAT YOU <u>NEED</u> TO DO. (ISAIAH 40:31)
- YOUR ENDURANCE IS WEAKEND. (HEBREWS 10:36)
- YOU LOSE STRENGTH

## SOME OF THE SYMTOMS OF MENTAL FATIGUE ARE:

- HARD TO PROCESS THOUGHTS (ORGANIZE)
- MEMORY LOSS
- INCOMPLETE TASKS

## SOME OF THE SYMPTOMS OF SPIRITUAL FATIGUE ARE:

- PRAYER/DEVOTIONAL TIME
- MORE ENGAGED WITH THINGS OF THE WORLD (MARK 4:19)
- CARRYING YOUR CARES (1 PETER 5:7)

#### MATTHEW 11:28-30

AS WE COME TO JESUS WE SURRENDER OUR EFFORTS TO HIS WILL. WE GET OUT OF DEAD WORKS. WE BIND THE UNFRUITFUL WORKS OF DARKNESS. WE RELINQUISH OUR DEMANDS AND TAKE ON THE BURDEN OF GOD'S WILL BEING DONE.

WHEN WE PROCESS LIFES DEMANDS WE GAIN A PROPER PERSPECTIVE.

- **♣** WHAT IS URGENT
- **♣** WHAT IS IMPORTANT
- **♣** WHAT IS NECESSARY
- **♣** WHAT IS NEEDED

IF WE DON'T ALIGN OUR PRIORITIES WITH GOD'S PRIORITIES. WE WILL NOT DISCERN WHICH IS WHICH IN OUR EVERYDAY ORDER.

OUR PURSUIT TO LEARN OF JESUS HAS GOT TO BE OUR GREATEST PRIORITY. (GALATIANS 2:20)

WHEN WE TAKE HIS YOKE UPON US WE CARRY A DIFFERENT PURPOSE.

#### PEOPLE CARRY HEAVY BURDENS OF:

- SIN
- EXCESSIVE DEMANDS
- OPPRESSION
- WEARINESS IN PURSUIT OF GOD

JESUS FREES PEOPLE FROMALL THESE BURDENS. THE REST THAT JESUS PROMISES IS LOVE, HEALING, DELIVERANCE, AND PEACE. IT IS <u>NOT</u> THE END OF ALL LABOR. IT IS A RELATIONSHIP INTO FULFILLMENT WITH A LOVING SAVIOR.