

5/27/26

The Walls

Our Pastor is teaching us from the series subject of “Building Through Adversity”.

He used the Prophet Nehemiah from the book of Nehemiah Chapter 1:1-7 as a natural example and it can be applied naturally and spiritually.

One of the key ingredients in building anything is to have Knowledge & Wisdom. Knowledge & Wisdom comes from God and he has given us His word The Holy Bible which contains Life instructions.

How many of us know it’s hard to build anything while facing adversity???

It takes focus, commitment, diligence, determination, among many other Spiritual and natural requirements.

Nehemiah wanted to rebuild the wall and gates of Jerusalem which had been torn down and burned by their adversaries.

How many of us know we have an adversary??? Just in case you don’t know this read (*1 Peter 5:8*)

Walls: In biblical times and even today walls were:

- **Vital for Survival**
- **Served as physical defense against invading armies**
- **Protected water sources and resources. (Water represents life)**
- **A way of controlling commerce through guarded gates**
- **Served as Boundaries**

Gates: Serve as a means for entrance and egress (in biblical times were always guarded.

- **Gates regulate access, movement, and egress (Spiritually, Physically, Emotionally, Mentally).**
- **In order for a city to thrive and be fruitful there had to be a point of access and egress. (things have to be brought in and things have to be taken out or removed).**
- **In order to have a gate there must be walls to hold the gates in place.**
- **Without walls the gates cannot exist.**
- **Without walls and gates everything is wide open. *Matthew 7:13***
- **Once the boundaries (walls) are established then the gates (a point of access and egress) can be put in place.**
- ***Proverbs 4:23* – Guard your heart with all diligence. This also applies to your mind, eyes, ears, emotions, and *will*).**

WHAT ABOUT THE WALLS & GATES IN MY LIFE?

- **What condition are they in if any? How did they get there?**
- **Are they torn down in disrepair? Or are they strong and fortified?**

Yes, we all have or should have walls and gates in our lives.

Walls can be positive or negative. They can be Beneficial or Detrimental.

We have built or allowed walls to be established in our lives and some we are not even aware of.

**Spiritual walls - Emotional walls - Financial walls - Physical walls –
Generational Curse walls – Cultural walls – Virtual walls**

Then we all have the one that is the biggest problem: THE WALL OF OUR HUMAN LIMITATION. We have a hard time seeing exactly what God said and understanding His ways.

It's Time For Introspection!

For the purpose of this teaching, a wall is anything that is hindering or stopping us from having an intimate, personal relationship with God, which motivates us not by constraint, but because of LOVE, to fulfill God's Plan & Purpose for our lives

What Walls, Spiritual, Emotional, Virtual, Physical, and or Mental walls are Stopping or Hindering me from:

- **My Deliverance**
- **My Healing**
- **Growth**
- **Peace, Protection, Provision, Promotion**
- **Most Importantly - Purpose: Many times we see it as "our" purpose. I would dare to say, it's not "my" purpose or "your" purpose. It's God's Purpose, that he has allowed us to be a steward over.**

Apart From God we can Do Nothing!!

What we deal with:

Spiritual Walls

- **Limiting Beliefs**
- **Not realizing the power we have in Christ Jesus**
- **Belief Systems – "name it and claim it" with no works and works of faith"**
- **Strongholds**

Emotional Walls

- **The Silent Wall – Inner Pain & Hurt**
- **Fear of Abandonment**
- **Protective Ego**

- **That will never happen to me again!**
- **Unmet Expectations**
- **The Loss of Loves – whether Eros or Brotherly**

Natural Walls

- **Eating unhealthy foods consistently**
- **Not going to the doctor or taking medications because I only trusting God will heal me.**
- **Not Physically fellowshipping with the people of God at the church.**
- **Poor Stewardship, No Stewardship, or Hoarding for the next generation.**

How To Build, Tear Down and Rebuild, Fortify, and/or Restore the Walls in Our Lives and Place Guards at the Gates so that God is Glorified and We Receive the Benefits He Promised?

I must acknowledge and understand that:

- **The wall's that our adversary has or wants to establish in our lives cause us to be prisoners and hostages to some form of bondage so that he can steal, kill, and destroy our homes, relationship's (even with God), our potential in Christ, our hope, and our very lives. They are negative and detrimental.**
- **The walls and gates God wants us to build in our lives Protect us, Provide for us, Promotes us, give us Peace, Power, and Keeps our mind sound. They are positive and beneficial**

#1 We Must Surrender Completely

A) Our Will (our ways) (*Proverbs 14:12*)

B) Our Emotions

#2 We Must Know That Our Mind Is The Primary Spiritual Battlefield

#3 We Must Take Every Thought Captive

For Mental, Emotional, Physical, Spiritual walls we must bring every thought into captivity and make it obey God's Word. (*II Corinthians 10:5*)

Because we have an adversary we must Build and Fight.

PRACTICAL STEPS

- 1) Be aware – Pay attention to what I am thinking and fact-check it against the Word of God.**
- 2) Stop the thought – in its tracks and surrender it to the Word of God.**
- 3) Be slow to speak – and quick to listen and hear. (*James 1:19-26*)**
- 4) We must Hide God's Word -(the truth concerning every situation & circumstance) in our Hearts (*John 14:26 & Psalm 119:11*)**

Note: Hiding God's Word in my heart is more than just memorizing scripture. I need to memorize scripture, meditate on that scripture daily thinking about what God is saying to me and what that means for me.

- 5) I must Dress for the Fight – Physically, Mentally, Emotionally, and Spiritually (*Ephesians 6:10-18*)**

I must put on the whole armor of God. I must make it a part of my daily life.

FINALLY

- **We must pray without ceasing – Naturally and in the Spirit**
(Romans 8: 26-27)
- **We must be strong and very courageous.** *(Joshua 1:5-9)*
- **In all these things we are more than conquerors.** *(Romans 8:28-39)*