



Friday – February 27, 2026

PURPLE GYM

Session 1P

Open Stretch- 8:30 AM

Level 7 - All Teams

Competition – 9:15 AM

Awards – 12:20 PM

Session 2P

Open Stretch- 12:30 PM

Level 6 - GQ, Edge GTC, NSHR, GT Premier, JAG, LSA, MGA, CHG, Olympia Hills, TGC

Competition – 1:10 PM

Awards – 2:50 PM

Session 3P

Open Stretch- 3:00 PM

Level 6 - Clovis, ConXion, CTG, GEG, GC, WAG, CCGI, Elmwood, ESA, Juergen's, MSGD, NELA

Competition – 3:40 PM

Awards – 5:20 PM

GOLD GYM

Session 1G

Open Stretch- 9:00 AM

Xcel Silver- AFF, AIM, JAG, MGA, NELA, TBLC, ConXion

Competition – 9:35 AM

Awards – 11:05 AM

Session 2G

Open Stretch – 11:15 AM

Xcel Silver- All Star, Gym First City, Flips TX, LA Gold, MGA TX, NSHR

Competition – 11:55 AM

Awards – 1:25 PM

Session 3G

Open Stretch – 1:35 PM

Xcel Bronze- All Teams

Competition – 2:05 PM

Awards – 3:15 PM

Session 4G

Open Stretch – 3:25 PM

Level 5 - All Teams

Competition – 4:05 PM

Awards – 5:35 PM

Saturday – February 28, 2026

PURPLE GYM

Session 4P

Open Stretch – 8:30 AM

Level 4 – All Teams

Competition – 9:10 AM

Awards – 11:35 PM

Session 5P

Open Stretch – 11:45 AM

Level 8 – All Teams

Competition – 12:30 PM

Awards – 2:45 PM

Session 6P

Open Stretch – 2:55 PM

Level 9 – All Teams

Competition – 3:40 PM

Awards – 5:40 PM

Session 7P

Open Stretch – 5:50 PM

Level 10 – All Teams

Competition – 6:35 PM

Awards – 8:35 PM



Saturday – February 28, 2026

GOLD GYM

Session 5G

Open Stretch- 9:00 AM

Xcel Gold- AFF, AIM, All Star, ConXion, First City, Flips TX, NSHR, TEK, TBLC

Competition – 9:45 AM

Awards – 11:50 AM

Session 6G

Open Stretch – 12:00 PM

Xcel Gold- CHG, Edge GTC, GQ, JAG, LA Gold, MGA, MGA TX, MSGD

Competition – 12:40 PM

Awards – 2:45 PM

Session 7G

Open Stretch – 3:00 PM

Xcel Platinum – All Teams

Competition – 3:40 PM

Awards – 6:20 PM

Session 8G

Open Stretch – 6:30 PM

Xcel Diamond & Sapphire – All Teams

Competition – 7:20 PM

Awards – 8:40 PM

Sunday – March 1, 2026

PURPLE GYM

Session 8P

Open Stretch- 8:00 AM

Level 3 – All Teams

Competition – 8:40 AM

Awards – 10:20 PM

Session 9P

Open Stretch – 10:30 AM

Level 2 – All Teams

Competition – 11:00 AM

Awards – 12:00 PM

Session 10P

Open Stretch – 12:10 PM

Level 1 – All Teams

Competition – 12:40 PM

Awards – 1:40 PM

