

# Sunny Bleau

## AND THE MOONS



Slow Burn is not only the title of the album, it's also a title track on the record. Slow Burn represents the pain, struggles and sacrifices artists like Sunny Bleau and The Moons face every single day chasing their dreams. It is the struggle between the love affair with the dream and the pain of having the dream! The song "Slow Burn" depicts the hurt, depression, anxiety and the fear of failure that goes into making dreams a reality. Slow Burn represents the panorama of emotional ups and downs that we have experienced in life.

"I think many people can relate to it because they have been through similar struggles themselves, says Sunny. "Being an artist is something I have to do. I can't escape it even if I wanted to! Finding the balance between the dream of acceptance and normalcy, and the reality of being an artist makes me feel like I'm trapped in a "Slow Burn."



[WWW.SUNNYBLEAU.COM](http://WWW.SUNNYBLEAU.COM)

## SLOW BURN

**ARTIST:** Sunny Bleau and The Moons

**TITLE:** Slow Burn

**FORMAT:** CD and Digital

**LABEL:** CoccoMusic, LLC

**RELEASE DATE:** March 31, 2023

**DIGITAL UPC #:** 8720357488741

### MUSICIANS

**Sunny Bleau- Vocals**

**Nicholas Cocco- Guitar,**

**Piano/Organ, Bass Guitar and**

**Drums on:** *Electric Blue Prelude, Violet Eyes, Ooo Song & Every Inch of You* **Vocals:** *Hold On, I'm Coming*

**Paul Kastick- Drums:** *Slow Burn, Starship, Hold On I'm Coming, Stratocaster Boogie, Burnin' Sky, I Feel Fine & Slow Burn*

### TRACK LISTING

1. Electric Blue Prelude - 2:39
2. Inside of My Head - 2:54
3. Stratocaster Boogie - 4:38
4. Burnin' Sky - 4:21
5. Rollin' Baby Blues - 4:58
6. Violet Eyes - 3:53
7. Ooo Song - 4:55
8. Slow Burn - 3:51
9. Every Inch of You - 2:20
10. Starship - 4:30
11. Hold On, I'm Coming - 5:11

**Recorded at:** 148 South Street Studio, Rochester, MI 48307

**Published by:** CoccoMusic, LLC (ASCAP) and Underdog Music and Publishing

**Produced by:** Nicholas A. Cocco, ASCAP

**Executive Producers:** Le James and Janet Galloway, Joseph Sugomeli and James W. Cocco

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"Sunny Bleau & The Moons kick off the summer with their latest full-length album, a follow up to the 2021 release, "Breakfast Served Cold." This collection of 12 songs dives into rock and the blues, complete with soulful, smokey vocals from Sunny Bleau set to a driving band from the Motor City.

by Local Spins April 26, 2023