



### **Menu Option 1**

#### **Breakfast 9am**

Selection of Soft fruits  
(Bananas, Berries, Kiwi, Oranges)

Blueberry & Chai Seed Smoothie (made with Ice & cherry juice)

Red Pepper & Spinach Frittata

Cold Pressed Juices

#### **Childs Breakfast 9am**

Crepe Style Pancakes, Strawberries, Vanilla Pod Honey

#### **Lunch 12.30pm**

Red Pepper Hummus, Crudities (sharing)

Pan Roasted Chicken with Satay Dressing  
Warm Green Vegetable Salad, Korean Style Dressing, Toasted Sesame, Spring Onion

#### **Childs Lunch 2.30pm**

Hummus & Carrot Sticks  
Roasted Green Vegetables in Extra Virgin Olive Oil  
Roasted Chicken Breast, Peanut Dip

#### **Childs Dinner 5.30pm**

Slow Cooked Beef, Roasted Sweet Potato, Green Bean & Broccoli

#### **Dinner 6.30pm**

Slow Cooked Beef Blade in a Marrowbone Sauce, Crispy Shallots & Watercress  
Slow Cooked Sweet Potato, Feta Crumble  
Root Vegetables with Black Garlic, Toasted Pine Nuts



## **Menu Option 2**

### **Breakfast 9am**

Selection of Soft fruits  
(Bananas, Berries, Kiwi, Oranges)

Strawberry & Honey Smoothie (Made with Ice & watermelon juice)

Poached Eggs with Smoked Paprika & Lemon Zest Hollandaise, English Muffin, Wilted Spinach

Cold Pressed Juices

### **Childs Breakfast 9am**

Toasted English Muffin Fingers, Butter, Soft Poached Eggs, Wilted Spinach

### **Lunch 12.30pm**

Steamed Sea Bass Fillet, Fire Roasted Aubergine Pesto  
Salad of Pomodoro & Sun Blushed Tomato, Roast Turmeric Cauliflower, Beetroot  
Rocket & Chive Extra Virgin Olive Oil

### **Childs Lunch 2.30pm**

Tomato Salad  
Steamed Sea Bass

### **Childs Dinner 5.30pm**

Chicken Udon Noodles, Mild Thai Red Broth, Steamed Tenderstem Broccoli & Kale

### **Dinner 6.30pm**

Thai Red Noodle Soup

Udon Noodles, 5 Spice Rubbed Chicken Breast, Spring Greens, Pickled Chilli, Thai Red Coconut  
Broth, Pak Choi, Kale, Caramelised Lime



### **Menu Option 3**

#### **Breakfast 9am**

Selection of Soft fruits  
(Bananas, Berries, Kiwi, Oranges)

Banana & Peanut Butter Smoothie (made with Raw Milk)

Spanish Omlette- Tortilla Patata

Cold Pressed Juices

#### **Childs Breakfast 9am**

American Style Pancakes, Blueberries and Cinnamon Maple Syrup

#### **Lunch 12.30pm**

Crispy Asian Beef Rib-Eye & Teriyaki King Prawn, Baby Gem Tacos, Asian Vegetables  
Yuzu Smashed Avocado with Confit Garlic, Toasted Pumpkin Seed  
Roasted Butternut & Red Cabbage Salad

#### **Childs Lunch 2.30pm**

Beef and Avocado Lettuce Wraps  
Crushed Baby Potatoes and Extra Virgin Olive Oil  
Carrots with Orange Zest Butter

#### **Childs Dinner 5.30pm**

Rigatoni Pasta with Chicken & Tomato, Mozzarella

#### **Dinner 6.30pm**

Rigatoni Pasta, Mascarpone and Roasted Cherry Tomato Sauce, Oak Smoked Chicken Thighs  
with Honey Mustard, Soft Herbs, Tarragon Oil



## **Menu Option 4**

### **Breakfast 9am**

Selection of Soft fruits  
(Bananas, Berries, Kiwi, Oranges)

Berry & Almond Smoothie (made with Almond Milk)

Baked Spicy Eggs

Cold Pressed Juices

### **Childs Breakfast 9am**

Baked Egg in Napoli Sauce, Dippy Toast

### **Lunch 12.30pm**

Cajun Crusted Panko Chicken Breast, Yoghurt Cesar Dressing  
Cesar Salad, Cos Lettuce, Spinach, Steamed and Charred Asparagus, Cucumber, Marinated  
Cherry Tomatoes, Herbed Multi Seed Croutons

### **Childs Lunch 2.30pm**

Chicken Breast, Asparagus & Spinach in a White Sauce

Herby Potatoes

### **Childs Dinner 5.30pm**

Classic Sunday Roast Beef & All The Trimmings

### **Dinner 6.30pm**

Classic Sunday Roast Beef & All The Trimmings  
Roasted Rib Of Beef (medium), Roast Potatoes with Thyme, Carrot & Swede, Steamed Savoy  
Cabbage, Tender Stem Broccoli, Yorkshire Pudding, Rich Beef Gravy