

BRUNCH MENU

WIFI PASSWORD - solciwithus

ORDER AT THE BAR | SERVED 10AM-4PM

Breakfast

ARTISAN TOAST w/butter | 4.5 + Jam/Honey 50p

TOASTED TEACAKE w/butter | 4.5

GREEK YOGHURT & GRANOLA BOWL | 8

yoghurt, granola, mango compote, seasonal fruit, nuts and seeds

PORRIDGE BOWL | 8

rolled oats, steamed milk, banana, dates, dark chocolate

Loaded Toasts

ZA'ATAR CHEESE ON TOAST | 10

cheddar, mozzarella, za'atar, balsamic glaze, rocket on sourdough

FETA & TOMATO TOAST | 12

whipped feta, homemade tomato and aubergine salsa, pesto on sourdough

PERSIAN SUGAR TOAST | 13

cinnamon butter, yoghurt, berries, pistachio, chocolate on fruit bread

ABDA'S THAI TOAST | 12

peanut butter, sriracha, honey, coriander, lime on sourdough

HEARTY HUMMUS TOAST | 12

homemade hummus, mango chutney, nuts, seeds, lime, rocket on sourdough

SUDANESE BEANS ON TOAST | 15

fava beans, tomato, onion, cumin, lemon, feta, greens on sourdough

Nibbles

LEMON & HERB VINE LEAVES | 6

HUMMUS & FLATBREAD | 6

PEA & LEMON FRITTERS | 6

MIXED OLIVES | 5

Bowls

MEDITERRANEAN BUDDHA BOWL SALAD | 15

mixed leaves, quinoa, sundried tomatoes, cucumber, red onion, olives, hummus, feta, mint, olive oil, balsamic

BRESAOLA, GOAT'S CHEESE & POMEGRANATE SALAD | 15

mixed leaves, beef bresaola, goat's cheese, nuts, seeds, pomegranate molasses, pesto, olive oil, balsamic

ARABIAN CHIPS & DIPS | 12

hummus, salsa, zabadi, flatbread, tortilla chips - dipping mezze

 All dishes can be served with vegan alternatives. Vegan cheese & yoghurt available.

 All dishes can be prepared gluten free. Gluten free breads & crackers available.

For the little ones

CHOCOLATE SUGAR TOAST | 7

A smaller portion of of toasted fruity loaf topped with cinnamon & cardamom brown sugar butter, chocolate and fresh fruit.

LITTLE LUNCH PLATTER | 7

Houmous, vegetable sticks, fresh fruit, tortilla crisps and flatbread.

PORRIDGE POT | 5

*Rolled oats steamed with a milk of your choice and chocolate drops.
(Dairy/Almond/Coconut/Oat/Soya)*

MINI YOGHURT POT | 4

*Greek yoghurt /or vegan soya yoghurt with your choice of either:
mango compote / jam / honey / maple syrup*

MINI TOAST | 2

One slice of toasted sourdough, or a smaller portion of toasted fruity loaf.

FLATBREAD PIZZA | 8

Grilled flatbread with tomato sauce, mozzarella and cheddar cheese.

ORANGE OR APPLE JUICE | 3.5

BABYCINNO (6oz) warm, frothy milk topped with cocoa | **3**

MINI HOT CHOC small milk hot chocolate with mini marshmallows | **3.8**



LOVE OUR FOOD?

We offer events, cuisine clubs, catering, celebration/wedding cakes and coffee ceremonies and training through our sister business.

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FOOD ALLERGIES & DIETARY REQUIREMENTS

We ask that if you have ANY dietary requirements, that you please let us know when placing your order. **Our bar does handle allergens in a small space, but we prioritise catering for everyone safely, and do our absolute utmost to minimise cross-contamination.** We are happy to explain our food safety procedures, and believe everyone should be entitled to enjoy good food safely, no matter their requirements. **Please speak to a member of staff, or ask to see our allergen file.**

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