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## ON “THE ULTIMATE PURPOSE OF LIFE”

### Sources

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- (1) The Second Coming of Christ. The Resurrection of the Christ Within You. A revelatory commentary on the original teachings of Jesus. Paramahansa Yogananda.
- (2) The Gospel According to Saint John, King James Bible.

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“Everyone eventually has to ascend, to free the soul into the divine kingdom of higher consciousness after death, and thence into its origin in the Infinity of Spirit. There is only one escape and that is to commune with God. This requires not only conscientious continuity in practicing the esoteric meditation of transcendence [*Kriya Yoga techniques*], but also application of the equally essential Christlike principles of moral and spiritual behavior, which provide the substructure enhancing, supporting, and making firm the devotee’s gains in meditation. The foundational steps of yoga science enumerated as yama and niyama by Patanjali in his Yoga Sutras [*II:30; II:32*], and the soul qualities of the devotee advancing in God-realization set forth by Krishna in the Bhagavad Gita [*XVI:1-3*], merge in harmonious illumination of the way of Christ perfection taught by Jesus in his Sermon on the Mount [*Matthew 5:1-48; 6:1-34; 7:1-8:1*] and other discourses. These emissaries of God speak with a united voice that the way to ascension is to love all, forgetting oneself in selfless service and upliftment of others; to disengage oneself from attachments to the senses, to possessions, and to the emotions that keep one body- and ego-bound (anger, fear, lust, greed); and to love God supremely and meditate so deeply that one can at will enter the ecstasy states of super-consciousness - the portal to the final states of ascension in Christ (Kutastha Chaitanya) and Cosmic Consciousness (Sat-Chit-Ananda). Practice the edicts of the great ones; do not insult their offering of the gift of liberation by merely mouthing what they have said. It is by Christlike behavior, and by constancy in deep meditation, that the aspiring devotee can go beyond the physical self, the astral self, and the shell of consciousness with which the soul is burdened, and find blissful resurrection in Spirit.” These words wrote Master Paramahansa Yogananda in his masterpiece “The Second Coming of Christ. The Resurrection of the Christ Within You. A revelatory commentary on the original teachings of Jesus”, page 1515, commenting some final verses of the Gospel According to Saint John [King James Bible], which reads: “And many other signs truly did Jesus in the presence of his disciples, which are not written in this book. But these are written, that ye might believe that Jesus is the Christ, the Son of God; and that believing ye might have life through his name.” [John 20:30-31] “This is the disciple which testifieth of these things, and wrote these things: and we know that his testimony is true. And there are also many other things which Jesus did, the which, if they should be written every one, I suppose that even the world itself could not contain the books that should be written. Amen.” [John 21:24-25]