

# PRODUCE LIST

## Indian Rock Products



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CUSTOMER SERVICE

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### FLOWERS, HERBS & MICRO GREENS

Please go to our more drop-down button in the upper left and view by category with pictures

\* Denotes availability Year-Round

## VEGETABLE LIST

### Artichokes\*

- Baby Artichoke

### Sun/Jerusalem Artichokes

### Asparagus\*

- Purple
- White

### Beets, loose or bunched\*

- Red Full size or mini
- Gold Full size or mini
- Candy Stripe

### Broccoli\*

### Broccolini\*

### Bok Choy\*

- Baby Bok Choy\*

### Carrots, loose or Bunched\*

- Orange \*
- Yellow\*
- Purple\*
- White\*
- Mini Bunched\*
- Karrets\*
- Round Bunched

### Celery, Celery Hearts\*

### Celery Knob\*

### Cauliflower\*

- Carnival cauliflower \*
- Green
- Orange
- Purple

### Hearts of Palm\*

### Eggplant\*

- Chinese\*
- Thai\*
- Asian Bride
- White
- Italian\*
- Japanese\*
- Mini

### English Pea

### Fennel\*

- Baby Fennel\*

### French Crones

### Parsnips \*

### Sugar Snap Peas

### Snow Peas

### Fresh English pea

### Cucumber, loose\*

- Cello\*
- Kirby

### Radish\*

- Red loose or bunched
- Daikon\*
- Watermelon loose\*
- Black loose\*
- Easter egg bunched
- White icicle bunched
- French breakfast Bunched

### Green Beans\*

### Sea Beans \*

### Haricot Verte\*

### Lima Bean

Broccoli Rappini\*

Brussel Sprouts\*

- Baby Brussels

Cabbage\*

- Red \*
- Napa\*
- Savoy\*

Fresh Horseradish\*

Com\*

- Yellow
- White
- Bi Color
- 100 count Mini

Rutabaga \*

Turnip\*

Baby Turnip\*

Summer Squash\*

- Zucchini\*
- Mini Zucchini\*
- Yellow Squash\*
- Mini Yellow Squash\*
- Mini Patty Pan\*
  - Green\*
  - Yellow\*
- Chayote Squash\*
- Lotus Root\*
- Ginger\*
- Kohlrabi, Green & Red\*
- Salsify\*

## WINTER SQUASH

- Sugar Pumpkin
- Soup bowl Pumpkin
- Mini Pumpkin
- Kabocha Squash
- Butternut Squash\*
- Acorn Squash\*
- Spaghetti Squash\*
- Delicata Squash
- Buttercup Squash
- Hubbard Squash
- Neck Pumpkin

## POTATOES

- Idaho's\*
- Russets\*
- Chef's\*
- Eastern\*
- Yukon\*
- Rainbow \*
  - Finger & Round all sizes\*
- Purple All Sizes\*
- Red Skin All Sizes\*
- New White

Yam\*

Sweet Potato

Yami\*

Yautia\*\*

Yucca

Taro\*

Boniato\*

Batata\*

## ONION\*

- Spanish
- Cooking
- Red
- Vidalia/sweet
- White
- Boiler
- Colossal
- Pearl
  - Red
  - Yellow
  - White
- Leek
- Baby Leek
- Cipolini
- Red garlic
- Garlic

## PEPPERS\*

- Domestic
  - Green
  - Red
  - Yellow
  - Orange
  - Suntan
- Holland
  - Red
  - Yellow
  - Orange
- Mini Sweet s
  - Red
  - Yellow
  - Orange
- Chile
  - Thai
  - Anaheim
  - Poblano
  - Cubanelle
  - Red finger
  - Green finger
  - Goat
  - Habanero
  - Long hot
  - Jalapeno
  - Red Jalapeno
  - Red Cherry
  - Cayenne
  - Serrano
- Dried
  - All Varieties

## TOMATOES\*

- Beefsteak
- Round All Sizes
- Vine Ripe All Sizes
- Plum / Roma
  - Red
  - Yellow
- Yellow
- Cherry
  - Red
  - Yellow
  - Orange
- Heirloom mixed
  - Baby Heirloom mixed
  - Tear drop
    - Red
    - Yellow
- Hydroponic/ Vine on
- Currant
  - Red
  - Yellow
  - Orange
- Sundried
  - Red
  - Yellow
  - Julienne

## MUSHROOMS\*

- Domestic
  - Whole all sizes
  - Sliced
- Wild farm raised
  - Hedgehog
  - Cremini
  - Enoki
  - Honshimegi
  - Shitake
  - Oyster
  - Portobello
  - Beech
  - King Trumpets
- Foraged
- Seasonal  
(See Our Mushroom Calendar)
  - Hen of The Woods
  - Morel
  - Chantelle
  - Porcini
  - Truffles
  - Cauliflower
  - Lobster
  - Black Trumpets
- Dried All Varieties

## LETTUCE\*

Arugula

- Baby Arugula

Belgian Endive

- Red
- Yellow

Boston

Butter

Dandelion

Escarole

Frizzae

Hydro

Iceburg

- Baby iceberg

Leaf Lettuce

- Green
- Red
- Filet
  - Red
  - Green

Radicchio

Romaine

- Green
- Red

Swiss Chard

- Red
- Green
- Rainbow
- Mustard

Watercress

## BABY LETTUCE\*

- Spring Mix

- Green Leaf

- Mizuna

- Green Romaine

- Tango

- Green Oak

- Green Chard

- Baby Spinach

- Arugula

- Frisee

- Tatsoi

- Mache

- Red Chard

- Red Leaf

- Lolla Rossa

- Red Romaine

- Red Mustard

- Radicchio

- Red Oak

- Beet Tops

Spinach

- loose

- Bunched

- Calif Triple Wash Spinach

Steaming Greens

- Collards

- Mustard

- Kale

- Red Russian Kale

## SEASONAL

Bales of Straw  
Corn Stalks  
Bins of Pumpkins  
Mini Indian Corn  
Indian Corn  
Goose Neck Gourd  
Ornamental gourds  
White Acorn Squash

Poinsettia  
Pine roping

Fiddle head ferns  
Ramps  
Spring onions  
Bulb Onion with Tops  
Fava Bean  
Cranberry Beans  
Dragon Bean  
English Pea  
Baby leeks  
Red Leeks  
Brussels on a Stalk

## WOOD CHIPS FOR GRILLING

Apple  
Cherry  
Mesquite  
Hickory

## **FRUIT LIST**

### **EXOTIC & STONE**

Apricots

Avocados \*

Banana\*

Paw paw

Bread Fruit

Cactus Pear/Prickly\*

Cane Sugar\*

Carambola/star\*

Cherries

Coconut\*

Dates\*

Dragon Fruit

Figs

Grapes /Seedless

- Red\*
- Green\*
- Black
- Globe seeded
- Cotton Candy
- Champagne

Guava

Hog Apple

Jackfruit\*

Kiwi Baby

Kiwi Fruit\*

Kumquat

Lychee

Mangosteen

Nectarines

- White

Passion Fruit

Peaches

- Saturn/Donut
- White

Persimmons

- Sharon/Hychia
- Fuyu

Pineapple

- Baby

Plantaines

Plums

- Elephant Heart
- Mini
- Pluots

Pomegranate

Quince\*

Rhubarb

Soursop

Star Fruit\*

Tamarind\*



**APPLES -ARE A FALL FRUIT  
WITH OVER 60 VARIETIES  
AVAILABLE  
WE HAVE LISTED THE MOST  
POPULAR FALL VARIETIES**

- Ambrosia
- Arkansas Black
- Baldwin
- Braeburn
- Cameo
- Cortland
- Crabapples
- Crimson Gold
- Crispin
- Delicious Gold\*
- Delicious Red\*
- Empire
- Fuji\*
- Gala\*
- Ginger Gold
- Golden Supreme
- Granny Smith\*
- Grapple
- Green Dragon
- Hidden Rose
- Honey Crunch
- Jazz
- Jonagold
- Jonathan
- Lady
- Liberty
- Macoun
- McIntosh
- Melrose
- Mountain Rose
- Mutsu
- Apple Northern Spy
- Apple Paula Red
- Apple Pazazz
- Apple Pink Lady
- Apple Pippin
- Apple Spartan
- Apple Winesap

## BERRIES-SUMMER

- Acai berry
- Blackberry\*
- Blueberry\*
- Boysenberry
- Cranberry
- Currantberry
  - Red
  - Black
  - white
- Elderberry
- Gooseberry\*
- Huckleberry
- Juniper berry
- Lingonberry
- Loganberry
- Nectarberry
- Raspberry
  - Red\*
  - Gold
  - Black
- Strawberry\*
- Stem berry\*
- Tayberry
- Stone Fruit

## CITRUS-FALL/WINTER

- Buddha's Hand
- Citron
- Clementine
- Finger Lime
- Grapefruit\*
- Kaffir Limes
  - leaf
- Key lime\*
- Kumquat
- Lemon\*
- Mandarin orange
- Meyer lemon
- Minneola
- Minneola Tangelo
- Orange
  - Cara Cara
  - Navel\*
  - Juice\*
  - Valencia
  - Bitter
  - Blood
- Persian lime
- Pomelo
- Satsuma tangerine
- Seville Orange
- Sweetie/clementine
- Tangelo
- Tangerine
- Ugly Fruit

## MELONS- SUMMER/FALL

- Cantaloupe \*
  - Local
- Honeydew\*
  - orange
- Horned/Kiwano
- Bitter
- Canary
- Crenshaw
- Casaba
- French Morning
- Galia
- Hami
- Korean
- Mayan
- Persian
- Santa Claus
- Sharlyn
- Spanish
- Watermelon\*
  - Seedless\*
  - Sugar Baby
  - Yellow
- Winter Melon

## PEARS-FALL/WINTER

- Anjou
- Bartlett
  - Red
- Bosc
- Asian
- Comice
- Forelle
- Red Crimson
- Seckel
- Packham

## **PREPARED ITEMS**

**Pick your Fruit or Vegetable**

**Peeled**

**Tourne'**

**Snipped**

**Batone'**

**Diced**

**Sliced**

**Shredded**

**Pearl**

**Radish Roses**

**Carrot flowers**

**Florets**

**Julienne**

**Fresh Squeezes Juices**

**Prepared salads**

**Chef's special cuts**