



OFFICE 215-538-7000

PRODUCE SPECIALIST MENU CONSULTANT

Indian Rock Products

215-538-7000 941-223-5656

DEB BLOOMQUIST
386 Heller Rd. dtbloomquist@gmail.com
Quakertown PA 18951 indianrockproduct.com

WINTER

Belgian Endive
Brussels Sprouts
Cauliflower
Collard Greens
Jicama
Kale
Sweet Potatoes
Winter Squash

Clementines
Dates
Grapefruit
Kiwi
Oranges
Passion Fruit
Pears
Pineapples
Pomegranate
Red Currants
Tangerines

YEAR-ROUND

Beet Greens
Bell Peppers
Bok Choy
Broccolini
Cabbage
Carrots
Celery
Celery Root
Leeks
Lettuce
Mushrooms
Onions
Parsnips
Shallots
Turnips
Apples
Avocados
Bananas
Dried Fruits

SPRING

Artichokes
Arugula
Asparagus
Belgian Endive
Broccoli
Butter (Bibb)
Lettuce
Cauliflower
Chives
Collard Greens
Fennel
Fiddlehead
Ferns Green
Beans
Jicama
Mustard Greens
Pea Pods
Radicchio
Red Leaf Lettuce
Rhubarb
Snow Peas
Spinach
Spring Greens
Sugar Snap Peas
Vidalia Onions
Watercress

Apricots
Grapefruit
Honeydew
Limes
Mango
Oranges
Pineapples
Strawberries

SUMMER

Arugula
Beets
Broccoli
Bibb(hydro)Lettuce
Cucumbers
Eggplant
Endive
Green Beans
Hot Peppers
Okra
Radishes
Red Leaf Lettuce
Snow Peas
Sugar Snap Peas
Summer Squash
Swiss Chard
Tomatoes
Zucchini

Apricots
Asian Pears
Black Currants
Blackberries
Blueberries
Cantaloupe
Cherries
Elderberries
Figs
Grapes
Honeydew
Melons
Limes
Nectarines
Passion Fruit
Peaches
Pineapples
Plums
Raspberries
Strawberries

FALL

Acorn Squash
Arugula
Belgian Endive
Broccoli
Brussels Sprouts
Cauliflower
Daikon Radish
Endive
Hot Peppers
Jerusalem Artichoke
Jicama
Kale
Kohlrabi
Pumpkin
Radicchio
Sweet Potatoes
Swiss Chard
Winter Squash

Asian Pears
Cape Gooseberries
Cranberries
Grapes
Huckleberries
Kumquats
Passion Fruit
Pears
Pomegranate
Quince



source:indianrockproduct.com