

GROUP VISITS AS MEDICINE

Valuable to Payers, Providers, and Participants

Program Schedule | September 13, 2024

All Times in Eastern Daylight Time

IMPLEMENTATION TRACK

10:00 AM WELCOME & OPENING CEREMONY
Who's in the room & why are we here?

10:15 AM KEYNOTE

Group Visits and Integrative Health Care in US Safety Net Clinics: A National Survey



***Ariana Thompson-Lastad, PhD** is an Assistant Professor at the University of California San Francisco, in the Osher Center for Integrative Health and the Department of Family and Community Medicine. Dr. Thompson-Lastad is trained as a medical sociologist and conducts qualitative and community-engaged research focused on the role of integrative healthcare in advancing health equity.*



***Nadine Ijaz, PhD** is Assistant Professor in the Department of Law and Legal Studies at Carleton University. Her award-winning studies on traditional, complementary and integrative medicine practitioners draw attention to questions of epistemology, evidence, accessibility, risk discourse, and cultural misappropriation - including in the policy sphere.*



***Isabel Roth, DrPh** is a Research Assistant Professor at the University of North Carolina at Chapel Hill School of Medicine (UNC). Her research interests involve the identification of effective implementation strategies to promote access to evidence-based complementary and integrative health practices among diverse populations.*

11:15AM 5 MIN TRANSITION

11:20AM SESSION 1

IMPLEMENTATION

Recruitment, Retention and Attendance Analysis for Art-based Therapy Group Medical Visits

Ray Mendez, MD
Marisol Rodriguez, RN
Daniela Roa, BS

RESEARCH

Improving Health for Older adults with Pain through Engagement (IHOPE)

Katherine McDermott, PhD,
PA-C, L.Ac
Ana-Maria Vranceanu, PhD

THEMES

Integrative Group Visits in a Teaching Kitchen

Alyssa Finn, MD
Brenna Nelson

11:50AM 5 MIN TRANSITION

11:55AM SESSION 2

Stories that Heal: Transforming Patient and Clinician Wellness through Narrative Medicine Shared Medical Appointments

Michelle Loy, MD

The importance of including care partners in group interventions for people living with neurodegenerative disease

Monika Gross

Food as Medicine Groups: Bringing Cultural Awareness and Environmental Sustainability

Cheryl Martin, MD
Shalini Singh-Karnik, MD
Denise Coventry, MS, RD, IFNCP

12:25PM

LUNCH

12:55PM

POSTER SESSIONS

IMPLEMENTATION

Breakout rooms

See pages 19-21 for information on poster presentations

IMPLEMENTATION TRACK

1:25PM

KEYNOTE

Planet and People: The Power of Mindfulness in Lifestyle Transformation



Eric B. Loucks, PhD is a professor, researcher, and innovator in the study of mindfulness and health. He serves as Director of the Mindfulness Center at Brown University. Dr. Loucks is the developer of the Mindfulness-Based College for Young Adults (MB-College) program and the Mindfulness-Based Blood Pressure Reduction (MB-BP) program, both that have been evaluated in NIH-funded randomized controlled trials. Over the course of his career, he has held teaching positions at Harvard, McGill, and Brown Universities.

2:25PM

10 MIN BREAK

2:30PM

SESSION 3, WORKSHOP

IMPLEMENTATION

Incorporating Learners in Group Medical Visits

Cheryl Martin, MD
Kimberlie Wilson, LAc., DACM
Joel Verez Mora
Fiona McDermott

RESEARCH

Understanding Impact: Evaluating IMGVs

Isabel Roth, DrPH, MS
Paula Tomczak, DNP, RN, LMT

THEMES

Long COVID Integrative Group Medical Visits

Carla Kuon, MD

3:30PM

10 MIN BREAK

3:40PM

SESSION 4

Innovations in Centering Parenting at Three GROWBABY Sites

Clare Viglione, MPH, RDN
 Hassan Lubega
 Cyndi Dimovitz, CRNP
 Michelle Gallas, DO, FAAP
 Esther Kim Liu, MD

Enhancing Diabetes Care and Education Through Culturally Tailored Shared Medical Appointments

Dr. Adrienne Reddick, DNP, FNP-BC
 Dr. Deborah C. Gray, DNP, MSc, FNP-C, FAANP, FAAN

Nature Therapy & Forest Bathing Group Medical Visits

Stephanie Cheng, MD

4:10PM

5 MIN TRANSITION

4:15PM

SESSION 5

Understanding maternal health policy and the importance of value-based payment; Centering Pregnancy

Disha Patel
 Lisa Stratton
 Chiquita Brake RHIT, CPC

Using technology with your integrative medicine group visit to empower patients; the Journey of an online group visit platform

Paula Gardiner, MD, MPH

Self-Compassion for Wellbeing: A GMV for Patients with Cancer

Stephanie Cheng, MD
 Chloe Atreya, MD, PhD

4:45PM

10 MIN BREAK

4:55PM

SESSION 6, WORKSHOP

IMPLEMENTATION

Lessons Learned from 10 years of Group Medical Visits in a Safety Net System

Kate Shafto, MD
 Kara Parker, MD
 Stefanie Stevenson, MD
 Rachel Sandler Silva, MD, MPH
 Sue/Susan Haddow, MD
 Catherine "Cass" McLaughlin, BAS

THEMES

Talking about death and dying in a group medical visit setting

Jeffrey Geller, MD, FP
 Dawn Gross, MD, PhD

5:55PM

HAPPY HALF HOUR - COMMUNITY TOWN HALL & CLOSING